A "nihilistic dreamboat to negation"?

The cultural study of death metal and the limits of political criticism

Michelle Phillipov

Thesis submitted for the degree of Doctor of Philosophy Discipline of English University of Adelaide October 2008

CONTENTS

Contents	
A b s t r a c t	IV
Declaration	VI
Acknowledgements	VII

Introduction	
From heavy to extreme metal	
The politics of cultural studies	
Towards an understanding of musical pleasure	

Chapter 1

Popular music studies and the search for the "new punk": punk, hip hop and dance music	38
Punk studies and the persistence of politics	
The "new punk": rap and hip hop	57
Electronic dance music and the politicisation of pleasure	

Chapter 2

"A promise unfulfilled": critics evaluate heavy and extreme	
metal	93
Metal and deindustrialisation	95
Spectacles of "heroic individualism"? Rethinking virtuosity	.103
Masculine domination and the problem of gender	.109
The "politics of depoliticization"	116
Rethinking heavy and extreme metal	123

Chapter 3

Rethinking the 'reflectionist' account:death metal and the reorientation of listening	Ś
"An honest reflection and critique of a brutal world": the 'reflectionist' account 127 The rejection of identification	
"Making sense of the world": horror, narrative and identification	
Chapter 4	
Moral panic and the mundane production of transgression176	5
Metal and moral panic	
Carcass and the limits of transgression	
Chapter 5	
The pleasures of death metal	Ś
Becoming death: pleasure and play in <i>Reek of Putrefaction</i> and <i>Symphonies of Sickness</i> 198 "Bodies prepared for slaughter": 'technical' appreciation in <i>Eaten Back to Life</i> and	
Butchered at Birth216)
Conclusion	3
Post-script	ł
Discography246	ý
Select song list	
Select discography	7
References	;

ABSTRACT

Cultural studies analyses have consistently viewed heavy and extreme metal as less culturally significant, less empowering for fans and less worthy of study than other major genres of popular music. Metal has been viewed as a reactionary and unproductive encounter with anger, aggression and alienation: a "nihilistic dreamboat to negation". Underlying critics' objections to metal is a discomfort about the genre's apparent lack of commitment to progressive political values. In the cultural study of popular music, pleasures not easily understood in terms of 'politics' have been viewed with suspicion by a discipline seeking wider political agendas in all musical and subcultural practices.

This thesis explores cultural studies' marginalisation of metal by examining the critical literature on death metal, an 'extreme' variant of the genre that is particularly resistant to the kinds of political readings conventionally performed by progressive critics. Death metal bands frequently transgress social taboos, presenting as pleasurable or comedic material that is conventionally considered to be ethically and/or politically problematic. The kinds of listening pleasures that this material may offer independently of conventional 'political' concerns remain largely unexplored in the critical literature in the field.

Via an examination and critique of the major critical approaches to heavy and extreme metal, as well as interpretation and analysis of the musical and lyrical conventions of two key death metal bands, this thesis will explore ways of reading death metal that are, in a sense, 'beyond' political criticism. In particular, I suggest that death metal's apparent disengagement from politics need not be seen as a deficiency but as something which invites particular kinds of listening pleasure; in fact, one of the pleasures that death metal offers its listeners is the opportunity to disengage the literal content of musical texts from their 'real' social values, practices and beliefs. As a result, any reluctance to use this music as a platform for political engagement need not be seen as a deficiency or oversight to be changed in the interests of a more politically engaged practice, but an important dimension of the pleasures of death metal to be thought *with*. Analysis of the musical and lyrical specificities of death metal song texts is a productive starting point for expanding the critical vocabulary of death metal scholarship for a more effective theorisation of death metal music.

DECLARATION

This work contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text.

I give consent to this copy of my thesis, when deposited in the University Library, being available for loan and photocopying.

Michelle Phillipov 23 October 2008

ACKNOWLEDGEMENTS

I would like to acknowledge the assistance of my supervisors, past and present: Mandy Treagus for her guidance, advice and support throughout the course of the project; Greg Hainge for his commitment and enthusiasm during the project's formative phase; Phil Butterss for his encouragement, care and tact during the initial stages of my candidature; and Heather Kerr for her thoughtful and thorough feedback on the final draft. Special appreciation also goes to Simon Koop for his assistance with the musical analysis. In addition, I would like to acknowledge the Discipline of English, University of Adelaide, and in particular: Joy McEntee, Jon Dale and Ken Ruthven for their advice, guidance and support over the past four years; and Shirley Ball, Sue Mleczko, Michelle Lai and Helen Payne for their care and helpfulness in administrative matters. My appreciation to Sue Yell and the referees at *Southern Review* for feedback that was provided at a crucial stage of the project; Andy Bennett for his time and advice during the initial phases of my work; George Phillipov for the last-minute proof-reading; and, of course, to my parents for all their assistance, support and encouragement.

Parts of this thesis have been published under the following titles:

2006, 'Haunted by the spirit of '77: punk studies and the persistence of politics', Continuum: Journal of Media & Cultural Studies, vol. 20, no. 3, pp. 383-393.

2006, "'None so vile"? Towards an ethics of death metal', *Southern Review*, vol. 38, no. 2, pp. 74-85.