# Guiding Light in Low-Index Media via Multilayer Waveguides 

by

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## Appendix A

## Electromagnetic Wave Propagation Theory

The majority of the content in this appendix is not original to this Thesis, but has been re-derived and expressed in a consistent nomenclature for completeness and ease of discussion in the body of the work. Those parts that are original are highlighted as such below. The theoretical and numerical results derived in the body of this thesis, based on the theory below, are to the best of my knowledge all original by the hand of the author.

## A. 1 Wave Equations

This review of the electromagnetic wave equations and their use is adopted from various texts $[14,34,146,178,179,211,212]$, brought together here in a manner consistent with the remainder of this thesis and as a means of explaining the techniques used.

## A.1.1 Maxwell's Equations

First, begin by considering Maxwell's equations within an arbitrary material:

$$
\begin{align*}
\nabla \times \mathbf{E} & =-\frac{\partial}{\partial t} \mathbf{B}  \tag{A.1}\\
\nabla \times \mathbf{H} & =\frac{\partial}{\partial t} \mathbf{D}+\mathbf{J}  \tag{A.2}\\
\nabla \cdot \mathbf{D} & =\rho  \tag{A.3}\\
\nabla \cdot \mathbf{B} & =0 \tag{A.4}
\end{align*}
$$

where $\mathbf{D}=\epsilon \mathbf{E}$ (called the electric displacement) and $\mathbf{H}=\mathbf{B} / \mu$ are the constitutive relations relating the $\mathbf{E}$ and $\mathbf{B}$ fields to the 'auxiliary' [212] $\mathbf{D}$ and $\mathbf{H}$ fields, respectively.
$\rho$ is the free charge density and $\mathbf{J}$ is the free current within the material. In general one can write the permittivity and permeability as the product of their vacuum and relative values as $\epsilon \equiv \epsilon(\mathbf{r})=\epsilon_{r}(\mathbf{r}) \epsilon_{0}$ and $\mu \equiv \mu(\mathbf{r})=\mu_{r}(\mathbf{r}) \mu_{0}$, respectively.

While metals in waveguides used to be only practical for the microwave regime, there is a significant resurgence of interest in metal waveguides in the area of plasmonics. Nonetheless, here only dielectric materials are considered: non-magnetic materials with zero charge density; such as glass or polymer. Thus we can set relative permeability $\mu_{r}(\mathbf{r})=1$ and charge density $\rho(\mathbf{r})=0$. This simplifies things considerably and is used below in the derivation of the wave equations for propagation in dielectric media.

## A.1.2 Time-Dependent Wave Equations in Simple Media

Wave equations for arbitrary electric and magnetic fields in homogeneous dielectric media will now be derived.

Taking the curl of Eq. A. 1 and substituting in Eq. A. 2 with $\mathbf{J}=0$ (no currents in the dielectric):

$$
\begin{align*}
\nabla \times(\nabla \times \mathbf{E}) & =-\mu \frac{\partial}{\partial t} \nabla \times \mathbf{H} \\
(\text { by Eq. A. } 2) & =-\mu \epsilon \frac{\partial^{2} \mathbf{E}}{\partial t^{2}} \tag{A.5}
\end{align*}
$$

Since only homogeneous media are being considered here, the permittivity $\epsilon$ is assumed constant over all space. Eq. A. 3 then implies $\nabla \cdot \mathbf{E}=0$. Using this together with the identity Eq. B.1, Eq. A. 5 then implies:

$$
\begin{equation*}
\nabla^{2} \mathbf{E}-\mu \epsilon \frac{\partial^{2} \mathbf{E}}{\partial t^{2}}=0 \tag{A.6}
\end{equation*}
$$

Similarly, taking the curl of Eq. A. 2 (again setting $\mathbf{J}=0$ ), and substituting in Eq. A.1:

$$
\begin{aligned}
\nabla \times(\nabla \times \mathbf{H}) & =\epsilon \frac{\partial}{\partial t} \nabla \times \mathbf{E} \\
(\text { by Eq. A.1) } & =-\mu \epsilon \frac{\partial^{2} \mathbf{H}}{\partial t^{2}} .
\end{aligned}
$$

Since only homogeneous media are being considered here, the permeability $\mu$ is assumed constant over all space. Eq. A. 4 then implies $\nabla \cdot \mathbf{H}=0$. Using this together with the identity Eq. B.1, Eq. A. 7 then implies:

$$
\begin{equation*}
\nabla^{2} \mathbf{H}-\mu \epsilon \frac{\partial^{2} \mathbf{H}}{\partial t^{2}}=0 \tag{A.7}
\end{equation*}
$$

The solutions of Eqs. A. 6 and A.7, for propagation in the direction of a unit vector $\hat{\mathbf{k}}$, are of the form (generalised from [178]):

$$
\begin{align*}
\mathbf{E} & =\mathbf{E}_{0} g(t \pm \mathbf{r} \cdot \hat{\mathbf{k}} / v)  \tag{A.8}\\
\mathbf{H} & =\mathbf{H}_{0} g(t \pm \mathbf{r} \cdot \hat{\mathbf{k}} / v) \tag{A.9}
\end{align*}
$$

respectively, where $g$ is any well-defined function and $v$ is the wave velocity ${ }^{1}$. Taking the positive value in the argument of $g$ corresponds to wave propagation in the negative $\hat{\mathbf{k}}$ direction, while taking the negative value corresponds to propagation in the positive $\hat{\mathbf{k}}$ direction (assuming $v>0$ ). By substituting Eqs. A. 8 and A. 9 back into Eqs. A. 8 and A.9, respectively, the wave velocity is found to be $v=\frac{1}{\sqrt{\mu \epsilon}}=\frac{c}{\sqrt{\mu_{r} \epsilon_{r}}}[14,178]$.

An important special case of the solutions Eqs. A. 8 and A. 9 is when $g(t)=e^{i \omega t}$ (the real part of $g$ is taken when the physical fields are desired, as discussed in detail in the next section). Assuming propagation in the $z$-direction, the waveform then becomes $g(t \pm z / v)=e^{i \omega(t \pm z / v)}=e^{i(\omega t \pm \beta z)}$, where the phase constant is defined as $\beta=\omega / v$ : the phase shift per unit length along the propagation direction. Since the wave is sinusoidal, it only has a singular frequency component, seeing $v$ referred to as the phase velocity [178].

## A.1.3 Time Harmonic Wave Equations in Inhomogeneous Media

Here inhomogeneous dielectric media are considered but the time-dependence is dropped. First, consider a time-harmonic (single angular frequency, $\omega$ ) wave,

$$
\begin{equation*}
\mathbf{A}(\mathbf{r}, t)=\operatorname{Re}\{\overline{\mathbf{A}}(\mathbf{r}) \exp (-i \omega t)\} \tag{A.10}
\end{equation*}
$$

where $\mathbf{A}$ represents any of the fields $\mathbf{E}, \mathbf{B}, \mathbf{D}$, or $\mathbf{H} . \overline{\mathbf{A}}$ is the complex amplitude of the wave's phasors. Here we shall relabel $\overline{\mathbf{A}}(\mathbf{r}) \rightarrow \mathbf{A}(\mathbf{r})$, but it should still be understood that we take the real part when finally evaluating the fields.

Note that the time-dependent oscillatory term $\exp (-i \omega t)$ is the complex conjugate of the $\exp (i \omega t)$ term typically used throughout the other sections of this thesis. Since the real part of the fields are to be eventually taken, as per Eq. A.10, the choice is somewhat arbitrary. The $\exp (-i \omega t)$ convention is adopted here in order to stay relatively close to the well-known treatments of Joannopoulos et al. [34] and Snyder and Love [146], which are combined here to an extent. Section A.1.4 also uses this sign convention. The conventions as used in each section do not affect the results presented throughout this thesis.

[^0]Substitute Eq. A. 10 (for E, H, D, and B) into Eq. A. 1 and Eq. A. 2 and using our dielectric assumptions that $\mu_{r}(\mathbf{r})=1$ and $\rho(\mathbf{r})=0$ :

$$
\begin{align*}
\nabla \times \mathbf{E} & =i \omega \mathbf{B}=i \omega \mu_{0} \mathbf{H}  \tag{A.11}\\
\nabla \times \mathbf{H} & =-i \omega \mathbf{D}=-i \omega \epsilon \mathbf{E}  \tag{A.12}\\
\nabla \cdot \mathbf{H} & =0  \tag{A.13}\\
\nabla \cdot\left(\epsilon_{\mathrm{r}} \mathbf{E}\right) & =0 \tag{A.14}
\end{align*}
$$

These are the chromatic wave equations in a dielectric medium of arbitrary relative permittivity $\epsilon_{r} \equiv \epsilon_{r}(\mathbf{r})=\epsilon(\mathbf{r}) / \epsilon_{0}$. Recall that in a dielectric medium, the relative permittivity is related to the refractive index $n$ by $\epsilon_{\mathrm{r}}=n^{2}$.

The $\mathbf{E}$ and $\mathbf{H}$ fields can be decoupled into individual wave equations as follows. We will begin with the magnetic field. Divide each side of Eq. A. 12 by $\epsilon_{r} \equiv \epsilon_{r}(\mathbf{r})$ and then take the curl [34]:

$$
\begin{equation*}
\nabla \times\left(\frac{1}{\epsilon_{r}} \nabla \times \mathbf{H}\right)=-i \omega \epsilon_{0} \nabla \times \mathbf{E} . \tag{A.15}
\end{equation*}
$$

Then substitute in the expression for $\nabla \times \mathbf{E}$ from Eq. A.11:

$$
\begin{equation*}
\nabla \times\left(\frac{1}{\epsilon_{r}} \nabla \times \mathbf{H}\right)=\left(\frac{\omega}{c}\right)^{2} \mathbf{H}, \tag{A.16}
\end{equation*}
$$

This is clearly an eigenvalue equation as it can be re-written in the form $\Theta \mathbf{H}=(\omega / c)^{2} \mathbf{H}$, where the composite curl functions on the left side are represented by $\Theta$. This is what is often called the "master equation" in photonic crystal analysis (Joannopoulos et al. [34] give a thorough account). Its namesake results from its versatility when used for the analysis of infinitely periodic dielectric structures since the operator $\Theta$ is hermitian.

The same can be done for the electric field. Taking the curl of both sides of Eq. A.11:

$$
\begin{equation*}
\nabla \times(\nabla \times \mathbf{E})=i \omega \mu_{0} \nabla \times \mathbf{H}, \tag{A.17}
\end{equation*}
$$

and then substituting Eq. A. 12 into the right hand side:

$$
\begin{equation*}
\nabla \times(\nabla \times \mathbf{E})=\epsilon_{r}\left(\frac{\omega}{c}\right)^{2} \mathbf{E}, \tag{A.18}
\end{equation*}
$$

This form is less useful for photonic crystal analysis since the equivalent eigen-operator to Eq. A. 18 is not hermitian [34].

Eqs. A. 16 and A. 18 can be expanded into more manageable forms by using the vectorial calculus relations of Eqs. B. 1 and B.2. Consider first the vectorial wave equation for $\mathbf{H}$,

Eq. A.16. Using Eq. B. 2 then B.1, the left hand side can be written as:

$$
\begin{aligned}
\nabla \times\left(\frac{1}{\epsilon_{r}} \nabla \times \mathbf{H}\right) & =\frac{1}{\epsilon_{r}} \nabla \times(\nabla \times \mathbf{H})+\left(\nabla \frac{1}{\epsilon_{r}}\right) \times(\nabla \times \mathbf{H}) \\
(\text { by Eq. B.1 }) & =\frac{1}{\epsilon_{r}}\left[\nabla(\nabla \cdot \mathbf{H})-\nabla^{2} \mathbf{H}\right]+\left(\nabla \frac{1}{\epsilon_{r}}\right) \times(\nabla \times \mathbf{H}) \\
(\text { by Eq. A.13 }) & =-\frac{1}{\epsilon_{r}} \nabla^{2} \mathbf{H}+\frac{1}{\epsilon_{r}^{2}}\left(\nabla \epsilon_{r}\right) \times(\nabla \times \mathbf{H}) \\
& =\frac{1}{\epsilon_{r}}\left[\left(\nabla \ln \epsilon_{r}\right) \times(\nabla \times \mathbf{H})-\nabla^{2} \mathbf{H}\right]
\end{aligned}
$$

Eq. A. 16 can thus be written as:

$$
\begin{equation*}
\nabla^{2} \mathbf{H}+(n k)^{2} \mathbf{H}=\left(\nabla \ln \epsilon_{r}\right) \times(\nabla \times \mathbf{H}) \tag{A.19}
\end{equation*}
$$

noting that $\nabla \ln \epsilon_{r} \rightarrow \nabla_{\perp} \ln \epsilon_{r}$ when $\partial \epsilon_{r} / \partial z=0$ as is typically the case for longitudinally invariant waveguides as considered throughout this thesis.

A similar approach is taken for the vectorial wave equation for $\mathbf{E}$, Eq. A.18. First, note that Eq. A. 14 can be expanded as:

$$
\begin{aligned}
\nabla \cdot\left(\epsilon_{\mathrm{r}} \mathbf{E}\right) & =\nabla \epsilon_{r} \cdot \mathbf{E}+\epsilon_{r} \nabla \cdot \mathbf{E}=0, \\
\Rightarrow \quad \nabla \cdot \mathbf{E} & =-\frac{1}{\epsilon_{r}} \nabla \epsilon_{r} \cdot \mathbf{E} \\
& =-\nabla \ln \epsilon_{r} \cdot \mathbf{E}
\end{aligned}
$$

Using Eq. B.2, the left hand side of A. 18 can be written as:

$$
\begin{aligned}
\nabla \times(\nabla \times \mathbf{E}) & =-\nabla(\nabla \cdot \mathbf{E})-\nabla^{2} \mathbf{E} \\
& =-\nabla\left(\nabla \ln \epsilon_{r} \cdot \mathbf{E}\right)-\nabla^{2} \mathbf{E}
\end{aligned}
$$

Eq. A. 18 can thus be written as:

$$
\begin{equation*}
\nabla^{2} \mathbf{E}+\nabla\left(\nabla \ln \epsilon_{r} \cdot \mathbf{E}\right)+(n k)^{2} \mathbf{E}=0 \tag{A.20}
\end{equation*}
$$

While their separability makes the fields possible to solve via an eigen-value analysis, it is at the cost of making the differential equations second-order ${ }^{2}$. Second order differential equations are harder to solve than first order, with many different ways to solve them; from analytical to numerical, depending on the system at hand.

[^1]
## A.1.4 Wave Equations of a Longitudinally Invariant System

Let the the $z$ axis be aligned with the longitudinal axis of the waveguide. Light propagating within an infinitely long waveguide will always lend itself to be represented as a superposition of a set of eigenmodes [146]. When this is the case, these modes may be expressed as both time- and longitudinally-harmonic oscillating fields ${ }^{3}$ :

$$
\begin{align*}
\mathbf{E}\left(\mathbf{r}_{\perp}, z\right) & =\mathbf{E}\left(\mathbf{r}_{\perp}\right) e^{i(\beta z-\omega t)}  \tag{A.21}\\
\mathbf{H}\left(\mathbf{r}_{\perp}, z\right) & =\mathbf{H}\left(\mathbf{r}_{\perp}\right) e^{i(\beta z-\omega t)}, \tag{A.22}
\end{align*}
$$

where $\beta$ is called the propagation constant of the wave. It is important to note that when $\beta$ is complex, $\operatorname{Im}\{\beta\}>0$ implies the existence of an inherent loss for the given mode, i.e., $\beta \in \mathbb{C} \Rightarrow e^{i(\beta z-\omega t)}=e^{i(\operatorname{Re}\{\beta\} z-\omega t)} e^{-\operatorname{Im}\{\beta\} z}$, where the second exponential factor is an explicit length-dependent exponential decay. From this we can define the confinement loss (CL) of a mode. The oscillatory terms are only of concern when calculating the relative power after some propagation distance $\Delta z=z_{2}-z_{1}$ since, for a given modal field distribution, $\mathbf{E}\left(\mathbf{r}_{\perp}, z_{2}\right)=\mathbf{E}\left(\mathbf{r}_{\perp}, z_{1}\right)$. Explicitly, the relative power of the propagated to the initial field is calculated as:

$$
\begin{align*}
\Delta P & =\frac{\left|\mathbf{E}\left(\mathbf{r}_{\perp}, z_{2}\right) e^{i\left(\operatorname{Re}\{\beta\} z_{2}-\omega t_{2}\right)} e^{-\operatorname{Im}\{\beta\} z_{2}}\right|^{2}}{\left|\mathbf{E}\left(\mathbf{r}_{\perp}, z_{1}\right) e^{i\left(\operatorname{Re}\{\beta\} z_{1}-\omega t_{1}\right)} e^{-\operatorname{Im}\{\beta\} z_{1}}\right|^{2}} \\
(t \in \mathbb{R}) & =\frac{\left|e^{-\operatorname{Im}\{\beta\} z_{2}}\right|^{2}}{\left|e^{-\operatorname{Im}\{\beta\} z_{1}}\right|^{2}} \\
& =e^{-2 \operatorname{Im}\{\beta\} \Delta z} \tag{A.23}
\end{align*}
$$

an exponential power decrease with distance. Expressing this as a power loss in dB:

$$
\begin{align*}
\Delta P[d B] & =10 \log _{10}(\Delta P) \\
& =10 \log _{10}\left(e^{-2 \operatorname{Im}\{\beta\} \Delta z}\right) \\
& =20 \operatorname{Im}\{\beta\} \Delta z \log _{10}(e) \\
& =\frac{20 \Delta z}{\ln (10)} \operatorname{Im}\{\beta\}, \tag{A.24}
\end{align*}
$$

such that the loss, in dB , per unit length is:

$$
\begin{equation*}
\mathrm{CL}=\frac{20}{\ln (10)} \operatorname{Im}\{\beta\}, \tag{A.25}
\end{equation*}
$$

and is called Confinement Loss.

[^2]$\beta$ foremost describes how the wave amplitude oscillates longitudinally but it is also intimately related to the structure of the mode profiles, as well. In fact, $\beta$ can be shown to be an explicit function of the modal fields $\mathbf{E}\left(\mathbf{r}_{\perp}\right)$ and $\mathbf{H}\left(\mathbf{r}_{\perp}\right)$ themselves (Ref. [146], Eq. 11-42):
\[

$$
\begin{equation*}
\beta_{j}=\left(\frac{\mu_{0}}{\epsilon_{0}}\right)^{\frac{1}{2}} k \frac{\int_{A_{\infty}} n^{2} \mathbf{E}_{j} \times \mathbf{H}_{j}^{*} \cdot \hat{\mathbf{z}} d A}{\int_{A_{\infty}} n^{2}\left|\mathbf{E}_{j}\right|^{2} d A} \tag{A.26}
\end{equation*}
$$

\]

Similarly, analytic solutions to the longitudinal wave equations typically produce field expressions that explicitly depend on $\beta$.

Also, the confinement loss can be calculated directly from the fields as per the integral form for the imaginary component of the effective mode index [213]:

$$
\begin{equation*}
\operatorname{Im}(\tilde{n})=\frac{1}{2 k} \frac{\oint_{\delta A} \mathbf{S} \cdot \hat{\mathbf{n}} d l}{\oint_{A} \mathbf{S} \cdot \hat{\mathbf{z}} d A}, \tag{A.27}
\end{equation*}
$$

where $\mathbf{S}=\mathbf{E} \times \mathbf{H}$ is the Poynting vector and $\hat{\mathbf{n}}$ is the unit normal to an arbitrary contour $\delta A$ which surround an area $A$.

This expression for the confinement loss reveals something about it's nature: the path integral in the numerator quantifies the power escaping the waveguide; the integral in the denominator quantifies the total axial power flow. Thus, the confinement loss is, true to its name, a measure of the power escaping the waveguide for a given mode.

In this longitudinally invariant regime, the wave Equations A. 20 and A. 19 simplify, via Eqs. A. 21 and A.22, to:

$$
\begin{array}{r}
\nabla_{\perp}^{2} \mathbf{E}+\nabla\left(\frac{\nabla \epsilon_{\mathrm{r}}}{\epsilon_{\mathrm{r}}} \cdot \mathbf{E}\right)+k^{2}\left(\epsilon_{\mathrm{r}}-\tilde{n}^{2}\right) \mathbf{E}=0, \\
\nabla_{\perp}^{2} \mathbf{H}+\frac{\nabla \epsilon_{\mathrm{r}}}{\epsilon_{\mathrm{r}}} \times(\nabla \times \mathbf{H})+k^{2}\left(\epsilon_{\mathrm{r}}-\tilde{n}^{2}\right) \mathbf{H}=0 . \tag{A.29}
\end{array}
$$

These are the full vectorial wave equations for guided waves in dielectric media and are obviously eigenvalue equations, so their solutions will come in the form of spatial eigenvectors (for $\mathbf{E}(r, \theta)$ and $\mathbf{H}(r, \theta)$ ) coupled with scalar eigenvalues (the effective mode index $\tilde{n}=\beta / k$ ). One can consider either $\tilde{n}$ or $\beta$ as the eigenvalue since $k=2 \pi / \lambda$ is a constant of the system. Eigen-solutions of a given system can form a discrete or continuous set. The modes with discrete eigenvalues are referred to as bound or leaky modes (see below) which, due to their discrete nature, means that the eigenvalues can be countably labelled and categorised in ways that prove useful when analysing the fibre's behaviour.

An important distinction should be made here between bound, leaky and radiation modes (e.g., Snyder and Love [146]). Bound modes are discrete eigenvalues of a given
waveguide system with a purely real propagation constant and hence no inherent confinement loss. Radiation modes are essentially the remainder of the complete set of discrete bound modes of the system and hence are not guided by the waveguide (in the bound sense) and typically form a continuum of states. Leaky modes, like the loss-less bound modes, are also discrete eigenvalues of a system but which exhibit a complex propagation constant and hence an inherent confinement loss. Such leaky modes can be shown to actually be a superposition of radiation modes which subsequently give rise to the leaky mode's quasi-bound nature [214]. This connection between the radiation and leaky modes is very subtle and, as argued and demonstrated by Hu and Menyuck [214], not presented comprehensively in the literature. Their work demonstrates that while this complex connection between the mode types is highly nontrivial, one can nonetheless analyse leaky structures by solving for the complex eigenvalues (as done in this thesis); while their interpretation is mathematically distinct to a radiation mode superposition, their physical interpretation is the same [214]. This is quite a remarkable feature of leaky mode systems and one that seems to be often under-appreciated.

The full vectorial wave equations will not be used directly here, since no continuous gradients appear in the considered refractive index distributions (which are ideally handled by the $\nabla \epsilon_{r}$ term). These forms of the wave equations are shown in order to show why this problem is essentially an eigenvalue problem in even the most general case.

Eqs. A. 28 \& A. 29 can be reduced to the so called Helmholtz equations when $\epsilon_{\mathrm{r}}$ (hence $n$ ) is approximately homogeneous in the medium ${ }^{4}$. Evaluating the curl function in cylindrical coordinates (Eq. B.3) for the first two of the chromatic wave equations (Eqs. A. 11 and A.12) one finds:

$$
\begin{align*}
\frac{1}{r} \frac{\partial}{\partial \theta} E_{z}+i \beta E_{\theta} & =-i \omega \mu_{0} H_{r}  \tag{A.30}\\
-i \beta E_{r}-\frac{\partial}{\partial r} E_{z} & =-i \omega \mu_{0} H_{\theta}  \tag{A.31}\\
\frac{1}{r} \frac{\partial}{\partial r}\left(r E_{\theta}\right)-\frac{1}{r} \frac{\partial}{\partial \theta} E_{r} & =-i \omega \mu_{0} H_{z}  \tag{A.32}\\
\frac{1}{r} \frac{\partial}{\partial \theta} H_{z}+i \beta H_{\theta} & =i \omega \epsilon_{0} n^{2} E_{r}  \tag{A.33}\\
-i \beta H_{r}-\frac{\partial}{\partial r} H_{z} & =i \omega \epsilon_{0} n^{2} E_{\theta}  \tag{A.34}\\
\frac{1}{r} \frac{\partial}{\partial r}\left(r H_{\theta}\right)-\frac{1}{r} \frac{\partial}{\partial \theta} H_{r} & =i \omega \epsilon_{0} n^{2} E_{z} \tag{A.35}
\end{align*}
$$

keeping in mind that we're assuming the spatial dependence of all quantities, i.e., all field components, $E_{r, \theta, z}\left(\mathbf{r}_{\perp}\right)$ and $H_{r, \theta, z}\left(\mathbf{r}_{\perp}\right)$, and the refractive index, $n$, are functions of

[^3]the transverse coordinate vector $\mathbf{r}_{\perp}=(r, \theta)$, and $\epsilon_{0}$ and $\mu_{0}$ are scalars. Eqs. A. $30 \rightarrow$ A. 35 are thus the chromatic wave equations in cylindrical component form.

We can rearrange Eqs. A. $30 \rightarrow$ A. 35 to express the derivatives of the longitudinal $(z)$ field components in terms of the transverse ( $r$ and $\theta$ ) field components:

$$
\begin{align*}
i \beta E_{\theta}-i \omega \mu_{0} H_{r} & =\frac{1}{r} \frac{\partial}{\partial \theta} E_{z}  \tag{A.36}\\
-i \beta E_{r}+i \omega \mu_{0} H_{\theta} & =\frac{\partial}{\partial r} E_{z}  \tag{A.37}\\
i \omega \epsilon_{0} n^{2} E_{r}-i \beta H_{\theta} & =\frac{1}{r} \frac{\partial}{\partial \theta} H_{z}  \tag{A.38}\\
i \omega \epsilon_{0} n^{2} E_{\theta}+i \beta H_{r} & =-\frac{\partial}{\partial r} H_{z} \tag{A.39}
\end{align*}
$$

By combining and rearranging Eqs. A. $36 \rightarrow$ A. 39 we can express the transverse field components in terms of the longitudinal field components. Also note that we have used the relations: let the velocity of light in a vacuum be $c \equiv 1 / \sqrt{\epsilon_{0} \mu_{0}}$ so $k \equiv \omega / c=\omega \sqrt{\epsilon_{0} \mu_{0}}$. Eq.(A.37) $\times \beta+$ Eq.(A.38) $\times \omega \mu_{0} \Rightarrow$

$$
\begin{equation*}
E_{r}=-\frac{i}{k^{2} n^{2}-\beta^{2}}\left(\beta \frac{\partial}{\partial r} E_{z}+\omega \mu_{0} \frac{1}{r} \frac{\partial}{\partial \theta} H_{z}\right) \tag{A.40}
\end{equation*}
$$

Eq.(A.36) $\times \beta+$ Eq.(A.39) $\times \omega \mu_{0} \Rightarrow$

$$
\begin{equation*}
E_{\theta}=-\frac{i}{k^{2} n^{2}-\beta^{2}}\left(\beta \frac{1}{r} \frac{\partial}{\partial \theta} E_{z}+\omega \mu_{0} \frac{\partial}{\partial r} H_{z}\right) \tag{A.41}
\end{equation*}
$$

Eq.(A.36) $\times \omega \epsilon_{0} n^{2}+$ Eq.(A.39) $\times \beta \Rightarrow$

$$
\begin{equation*}
H_{r}=-\frac{i}{k^{2} n^{2}-\beta^{2}}\left(\beta \frac{\partial}{\partial r} H_{z}+\omega \epsilon_{0} n^{2} \frac{1}{r} \frac{\partial}{\partial \theta} E_{z}\right) \tag{A.42}
\end{equation*}
$$

Eq.(A.37) $\times \omega \epsilon_{0} n^{2}+$ Eq.(A. 38$) \times \beta \Rightarrow$

$$
\begin{equation*}
H_{\theta}=-\frac{i}{k^{2} n^{2}-\beta^{2}}\left(\beta \frac{1}{r} \frac{\partial}{\partial \theta} H_{z}+\omega \epsilon_{0} n^{2} \frac{\partial}{\partial r} E_{z}\right) \tag{A.43}
\end{equation*}
$$

Thus, if one is able to find the longitudinal components, the transverse components can be evaluated directly.

Wave equations for these $z$-component fields can be derived by substituting these expressions into the general wave equations [Eqs. A. $30 \rightarrow$ A.35]. Substitute Eqs. A. 42 and
A. 43 into Eq. A. 35 to get:

$$
\begin{equation*}
\left\{\frac{\partial^{2}}{\partial r^{2}}+\frac{1}{r} \frac{\partial}{\partial r}+\frac{1}{r^{2}} \frac{\partial^{2}}{\partial \theta^{2}}+k^{2}\left(n^{2}-\tilde{n}^{2}\right)\right\} E_{z}=0 \tag{A.44}
\end{equation*}
$$

Substitute Eqs. A. 40 \& A. 41 into Eq. A. 32 to get:

$$
\begin{equation*}
\left\{\frac{\partial^{2}}{\partial r^{2}}+\frac{1}{r} \frac{\partial}{\partial r}+\frac{1}{r^{2}} \frac{\partial^{2}}{\partial \theta^{2}}+k^{2}\left(n^{2}-\tilde{n}^{2}\right)\right\} H_{z}=0 \tag{A.45}
\end{equation*}
$$

Note that Eqs. A. 44 \& A. 45 are essentially Helmoltz equations (in cylindrical coordinates) ${ }^{5}$ :

$$
\left[\nabla_{\perp}^{2}+k^{2}\left(n^{2}-\tilde{n}^{2}\right)\right]\left\{\begin{array}{l}
E_{z}  \tag{A.46}\\
H_{z}
\end{array}\right\}=0
$$

[^4]
## A. 2 Planar Waveguides

Much of the following analysis is adapted from Refs. [14, 153, 178]. Where novel results or comments have been made by the author, they are highlighted as such (e.g., Corollaries A. 1 and A.2).

The most structurally simple form waveguide is that of a single homogeneous planar layer embedded in another homogeneous medium. Figure A. 1 shows a schematic of such a structure.

Consider first a ray picture of light propagation: the light wave is represented as a plane wave travelling in a specific direction. The layer (the core) guides light by reflecting the rays from each of the interfaces made with the surrounding medium (the cladding).


Figure A.1: Ray propagation within planar waveguides with either high- or lowindex cores. Top: A layer with a higher core refractive index than the surrounding cladding. Bottom: The same waveguide but with a core index lower than the surrounding cladding. While each diagram represents the same guided longitudinal wavenumber $\beta$ (the $\mathbf{k}_{\mathrm{a}}$ vector is the same for each by design - this needn't be the case), the transmitted rays differ markedly depending on whether the ray penetrates into a higher or lower refractive index region. All vector labels represent their amplitudes.

Provided the index of refraction of the cladding is different to that of the core (i.e., $n_{a} \neq n_{b}$ ), the light will be reflected back into the layer. Once the light reaches the other side of the core, it is again reflected back toward its centre. This trapping of the light as it travels down the core is referred to as guidance or confinement. Figure A. 1 demonstrates this light-ray guidance concept.

The relative values of the layer and cladding refractive indices greatly influences the type of reflection undergone by the light as it interacts with the interface. If the core index is larger than the cladding index (i.e., $n_{a}>n_{b}$ ), and the angle the guided ray makes with the interfaces is equal to or greater than a critical value (i.e., $\theta \geq \theta_{c}$ ), the light will succumb to total internal reflection (TIR). In this regime, all light is confined to the core and none can escape into the cladding ${ }^{6}$. If, however, the ray is incident below the critical angle, only a portion of the power of the light is reflected back into the core, with the remainder escaping to the cladding, never to be recaptured. For propagation over a certain distance, then, a certain amount of guided light power will be lost from the guidance region by means purely due to the way the light is confined (such as inherent material losses, say). This effect is known as confinement loss. The waveguidance mechanisms behind confinement loss are not always as simple as the example just described.

Most important for the work considered herein, light can also be guided within a core of lower refractive index than the surrounding cladding (i.e., when $n_{a}<n_{b}$ ). In this regime, confinement loss occurs for all incidence angles of the guided rays within the core. This is because no TIR regime exists for propagation from a low-index to a high-index medium, hence there will always be some fraction of the light allowed to escape the core guidance region. This is the precise reason why guiding light in lowindex media can be troublesome. While some applications can make do with the high transmission losses that come with low-index guidance with a homogeneous cladding, there is a wealth of rich physics and a plethora of unique applications that flow from the various ways in which one can coerce light be guided within a region with a low refractive index. Before these interesting phenomena and techniques can be discussed, the aforementioned waveguidance fundamentals should be discussed in more detail.

[^5]
## A.2.1 Geometric Optics and the Plane Wave Picture

The following sections are mostly adapted from the excellent texts Refs. [14, 153], with significant reworking by myself indicated where appropriate.

## A.2.1.1 Plane Waves

The ray optics picture will now be extended to the case of plane waves; a regime closely related to ray optics, or geometric optics. The ray picture is derived from the plane wave picture: a ray is a linear path perpendicular to the phase fronts of a given plane wave, and must thus point in the direction of the wavevector. When a 'ray' is referred to here, one can typically assume it is interchangeable with the concept of a local plane wave ${ }^{7}$. It is the first analytic tool discussed here as it is comparatively simple, it highlights some important features of the waveguidance phenomena discussed later, and defines many fundamental concepts used throughout this work.

Wave optics as used here involves approximating the guided light within the waveguide as a multiply reflected plane wave. In a homogeneous medium of refractive index $n_{i}$, a plane wave will travel in the direction of its wave-vector [178]:

$$
\begin{equation*}
\mathbf{k}_{i}=k_{i} \widehat{\mathbf{k}}_{i}=n_{i} k \widehat{\mathbf{k}}_{i}=n_{i} k\left\{\cos \theta_{i} \hat{\mathbf{x}}+\sin \theta_{i} \hat{\mathbf{z}}\right\} \tag{А.47}
\end{equation*}
$$

where $\widehat{\mathbf{k}}_{i}$ is a unit vector in the direction of $\mathbf{k}_{i}, \lambda$ is the free space wavelength of the light wave, and $k=2 \pi / \lambda$ is the free-space wavenumber. For a plane wave, the electric and magnetic fields, $\mathbf{E}$ and $\mathbf{H}$ as defined in Section A.1.1, will at any point in time have a constant amplitude on the infinite plane perpendicular to $\widehat{\mathbf{k}}_{i}$. These amplitudes sinusoidally oscillate between their maxima and minima at an angular frequency $\omega=k c$, where $c=2.99792458 \times 10^{8} \mathrm{~ms}^{-1}$ is the speed of light in vacuum [14, 178, 212]. This unidirectional plane-wave propagation behaviour constitutes a light ray. Following from the results of Section A.1.2, the fields of the plane wave can be represented as [14, 178, 212]:

$$
\begin{equation*}
\mathbf{A}(\omega, \mathbf{r})=A_{0} e^{i\left(\omega t-\mathbf{k}_{i} \cdot \mathbf{r}\right)}=A_{0} e^{i \omega t} e^{-i\left(k_{i x} x+k_{i y} y+k_{i z} z\right)}, \tag{А.48}
\end{equation*}
$$

where $\mathbf{A} \equiv\{\mathbf{E}, \mathbf{H}\}, A_{0}$ is the field amplitude, and $\mathbf{r}=r \hat{\mathbf{r}}$ is the radial coordinate vector. Such waves indeed satisfy the wave equations in homogeneous media, as discussed in Section A.1.2.

Unlike general electromagnetic waves, plane waves have a very simple relationship between their $\mathbf{E}$ and $\mathbf{H}$ fields. Assuming propagation in the $z$-direction, an $x$-polarised

[^6]electric wave field is represented as $\mathbf{E}=E \hat{\mathbf{x}}=E_{0} e^{i\left(\omega t-k_{i} z\right)} \hat{\mathbf{x}}$. By substituting this form of $\mathbf{E}$ into the first of Maxwell's Equations, Eq. A.1, only one of the curl term components survives, producing $\nabla \times \mathbf{E}=\frac{\partial}{\partial z} E \hat{\mathbf{y}}=-i k_{i} E \hat{\mathbf{y}}$. Equating this to the right hand side of Eq. A.1, one finds $\mathbf{H}=\frac{k_{i}}{\omega \mu} E_{0} e^{i\left(\omega t-k_{i} z\right)} \hat{\mathbf{y}}=H_{0} e^{i\left(\omega t-k_{i} z\right)} \hat{\mathbf{y}}$, where one defines $H_{0}=\frac{k_{i}}{\omega \mu} E_{0}$. The ratio of the electric and magnetic field amplitudes is then $\frac{E_{0}}{H_{0}}=\frac{\omega \mu}{k_{i}}=\sqrt{\frac{\mu}{\epsilon}}=\eta$, where $\eta$ is known as the intrinsic impedance of the medium. In a dielectric $\left(\mu=\mu_{0}\right)$, as considered here, the intrinsic impedance can be expressed as $\eta=\sqrt{\frac{\mu_{0}}{\epsilon}}=\frac{1}{\sqrt{\epsilon_{r}}} \sqrt{\frac{\mu_{0}}{\epsilon_{0}}}=\frac{\eta_{0}}{n_{i}}$, where $\eta_{0}$ is the impedance of vacuum and $n_{i}$ is the refractive index of the local medium.

To summarise:

- At any point in time, the $\mathbf{E}$ and $\mathbf{H}$ fields of the plane wave have a constant value on the infinite plane perpendicular to $\widehat{\mathbf{k}_{i}}$,
- The fields are linearly polarised in a specific direction within the plane perpendicular to $\mathbf{k}_{i}: \mathbf{E} \cdot \mathbf{k}=0$ and $\mathbf{H} \cdot \mathbf{k}=0$,
- The electric field is always in phase with and perpendicular in polarisation to the magnetic: $|\mathbf{E}(\mathbf{t})|=\frac{\eta_{0}}{n_{i}}|\mathbf{H}(\mathbf{t})|, \mathbf{E} \cdot \mathbf{H}=0$.

While light propagation in more complicated structures, such as waveguides, sees these conditions deviate in some way or other, plane wave theory is very useful for the more complicated analyses required for the description of propagation within such structures.

## A.2.1.2 Transmission and Reflection at an Interface

Figure A. 2 depicts ray propagation across a planar interface made by two homogeneous dielectric media. Rays propagating from the medium with refractive index $n_{\mathrm{a}}$ into the medium with index $n_{\mathrm{b}}$ approach the interface with wave-vector $k_{\mathrm{a}}$ at an angle $\theta_{\mathrm{a}}$ to the interface normal and exit with wave-vector $k_{\mathrm{b}}$ at an angle $\theta_{\mathrm{b}}$ to the normal. The other possibility is that a fraction (possibly all) all of the light can be reflected from the interface, depicted by the $\mathbf{k}_{a}^{\prime}$ wave-vector in Fig. A.2. Figure A. 2 also shows the decomposition of the wave-vectors into Cartesian components: the $x$-component $k_{i x}=\mathbf{k}_{i} \cdot \hat{\mathbf{x}}$ and the $z$-component $k_{i z}=\beta=\mathbf{k}_{i} \cdot \hat{\mathbf{z}}$; no $y$-component exists by the orientation of the $x$-z-plane with the plane of incidence here. Integral to much of the following work is that the longitudinal component $k_{i z}$ is conserved, as will be derived later, i.e., the longitudinal component of the wave-vector has the same value before and after transmission and reflection, so that one may set $k_{a z}=k_{a z}^{\prime}=k_{b z}=\beta$; a direct result of the Law of Refraction, Eq A.63. $\beta$ thus becomes an important quantity when considering the propagation of light through multiple interfaces, or when considering


Figure A.2: Ray propagation across a plane interface from both a high to a low refractive index (left, $n_{\mathrm{a}}>n_{\mathrm{b}}$ ) and from a low to a high refractive index (right, $n_{\mathrm{a}}<n_{\mathrm{b}}$ ). Note how the longitudinal (z-dimension, here) component of $\mathbf{k}_{i}, \beta$, is conserved under transmission and reflection. All vector labels represent their amplitudes.
the propagation of light along the interface plane (e.g., the $z$-axis). Such relationships between the incident and transmitted and/or reflected wave-vectors can be derived by considering the behaviour of the electric and magnetic fields at the interface, as will now be demonstrated.

There are two independent types of incident plane waves on an interface: transverse electric (TE) and transverse magnetic (TM) waves. The plane of incidence of an incoming ray (such as those in Fig. A. 2 or Fig. A.3) is defined as the plane common to the incident wave-vector $\mathbf{k}_{i}$ and a vector normal to the interface (e.g., the x -direction $\hat{\mathbf{x}}$ in Fig. A. 2 or the dashed line in Fig. A.3). This makes the plane of incidence equivalent to the plane of the page for Figures A. 2 and A.3. Figure A. 3 demonstrates the relationship between the incident and reflected and/or transmitted plane wave fields. An incident wave is termed TE if the electric field is normal to the plane of incidence (and hence lies in a plane parallel to the interface). Likewise, a wave is termed TM if its magnetic field is normal to the plane of incidence ${ }^{8}$. Now, electromagnetic boundary conditions assert that, in the absence of surface currents, the electric and magnetic fields tangential to

[^7]

Figure A.3: Electric and magnetic fields of a plane wave before and after transmission and reflection at an interface. Left: A vector diagram representing an incoming transverse electric (TE) plane wave. Right A similar diagram representing an incoming transverse magnetic (TM) plane wave. Dark arrows represent propagation from a lowto a high-index medium $\left(n_{\mathrm{a}}<n_{\mathrm{b}}\right)$, with incident, reflected and transmitted fields $A_{a}$, $A_{a}^{\prime}$ and $A_{b}$, respectively. The faint arrows represent high- to low-index propagation with incident, reflected and transmitted fields $A_{b}^{\prime}, A_{b}$ and $A_{a}^{\prime}$, respectively.
an interface must be continuous across that interface ${ }^{9}$ [14, 212]. This means that an incident TE wave will be transmitted or reflected as a TE wave and similarly for the TM equivalent; if this weren't the case, reflected or transmitted waves would contain field components that don't exist in the incident wave, breaking the field continuity at the interface. Arbitrary polarisation directions can be constructed from a superposition of TE and TM polarisations.

Using the field components as shown in Fig. A.3, the continuity boundary condition implies that at the interface (i.e., $x=0$ in Fig. A.2) [14, 178]:

$$
\begin{align*}
E_{\mathrm{at}}+E_{\mathrm{at}}^{\prime} & =E_{\mathrm{bt}}  \tag{A.49}\\
H_{\mathrm{at}}+H_{\mathrm{at}}^{\prime} & =H_{\mathrm{bt}} \tag{A.50}
\end{align*}
$$

where the subscript ${ }_{t}$ denotes the component of the vector tangential to the interface, i.e., for field components not purely normal to the plane of incidence, the projection upon the interface plane of the component in question must be taken (e.g., $\mathbf{H}_{\mathrm{a}}$ for the

[^8]TE case in Fig. A. 3 projects onto the interface plane as $-H_{\mathrm{a}} \cos \theta_{\mathrm{a}}$ and simply as $H_{\mathrm{a}}$ for the TM).

Using the wave-vectors as shown in Fig. A. 2 and the spatio-temporal expression for the fields as in Eq. A.48, these transmitted and reflected waves are expressed as, for TE polarisation:

$$
\begin{align*}
& E_{\mathrm{a}}=E_{\mathrm{a} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}} \cdot \mathbf{r}\right)},  \tag{A.51}\\
& E_{\mathrm{a}}^{\prime}=E_{\mathrm{a} 0}^{\prime} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}}^{\prime} \cdot \mathbf{r}\right)},  \tag{A.52}\\
& E_{\mathrm{b}}=E_{\mathrm{b} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{b}} \cdot \mathbf{r}\right)}, \tag{A.53}
\end{align*}
$$

and for TM polarisation:

$$
\begin{align*}
& H_{\mathrm{a}}=H_{\mathrm{a} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}} \cdot \mathbf{r}\right)},  \tag{A.54}\\
& H_{\mathrm{a}}^{\prime}=H_{\mathrm{a} 0}^{\prime} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}}^{\prime} \cdot \mathbf{r}\right)},  \tag{A.55}\\
& H_{\mathrm{b}}=H_{\mathrm{b} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{b}} \cdot \mathbf{r}\right)} . \tag{A.56}
\end{align*}
$$

Applying the Cartesian wave-vector expression of Eq. A. 47 to these waves:

$$
\begin{align*}
\mathbf{k}_{\mathrm{a}} & =n_{\mathrm{a}} k\left[\cos \theta_{\mathrm{a}} \hat{\mathbf{x}}+\sin \theta_{\mathrm{a}} \hat{\mathbf{z}}\right]  \tag{A.57}\\
\mathbf{k}_{\mathrm{a}}^{\prime} & =n_{\mathrm{a}} k\left[-\cos \theta_{\mathrm{a}}^{\prime} \hat{\mathbf{x}}+\sin \left(\theta_{\mathrm{a}}^{\prime}\right) \hat{\mathbf{z}}\right]  \tag{A.58}\\
\mathbf{k}_{\mathrm{b}} & =n_{\mathrm{b}} k\left[\cos \theta_{\mathrm{b}} \hat{\mathbf{x}}+\sin \theta_{\mathrm{b}} \hat{\mathbf{z}}\right] . \tag{A.59}
\end{align*}
$$

By substituting Eqs. A. 51 to A. 53 into Eq. A. 49 (and similarly for the $H$ equivalents), enforcing the continuity boundary conditions on the incident, reflected and transmitted plane waves, one finds:

$$
\begin{align*}
& E_{\mathrm{a} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}} \cdot \mathbf{r}\right)}+E_{\mathrm{a} 0}^{\prime} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}}^{\prime} \cdot \mathbf{r}\right)}=E_{\mathrm{b} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{b}} \cdot \mathbf{r}\right)}  \tag{A.60}\\
& H_{\mathrm{a} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}} \cdot \mathbf{r}\right)}+H_{\mathrm{a} 0}^{\prime} e^{i\left(\omega t-\mathbf{k}_{\mathrm{a}}^{\prime} \cdot \mathbf{r}\right)}=H_{\mathrm{b} 0} e^{i\left(\omega t-\mathbf{k}_{\mathrm{b}} \cdot \mathbf{r}\right)} \tag{A.61}
\end{align*}
$$

In order for each of these two conditions to hold at a particular time for all points on the interface, all three waves (incident, reflected and transmitted) must accumulate the same phase shift per unit distance across the interface. In other words, the only way to incorporate a spatially evolving phase into these explicit boundary conditions is to add the same phase term to the arguments of each wavefunction. To see this, arbitrarily setting the instantaneous time to be $t=0$ and adding a spatial phase of $\phi$ to the wavefunctions' argument ( $\mathbf{k}_{\mathbf{i}} \cdot \mathbf{r} \rightarrow \mathbf{k}_{\mathbf{i}} \cdot \mathbf{r}+\phi$ with $i \in\{\mathrm{a}, \mathrm{b}\}$ ), all terms in Eqs. A. 60 and A. 61 can factor out a common term of $e^{-i \phi}$, which cancels directly, preserving
the continuity boundary conditions Eqs. A. 49 and A.50. Specifically considering the $z$ direction along the interface, the accumulated spatial phase for a wave with wave-vector $\mathbf{k}$ over some distance $\Delta z$ is thus $\mathbf{k} \cdot \hat{\mathbf{z}} \Delta z=k_{z} \Delta z$ (see Section A.1.2). For this phase term to be equal for all three waves, all waves' wave-vector components in the interface plane $\left(k_{z}\right)$ must all be equal. Thus, $k_{z}$ is equal for the incident, reflected and transmitted waves, i.e., the transverse component of the incident wavenumber is conserved during reflection and transmission. Because of this, one can set the transverse components to a common value $k_{\mathrm{a} z}=k_{\mathrm{a} z}^{\prime}=k_{\mathrm{b} z}=\beta$, as shown in Figs. A. 1 and A.2. This conservation of longitudinal wavenumber becomes very important when considering more complicated plane wave behaviour, such as multilayer optical structures.

Conservation of $k_{z}$ also leads to some vital relationships between the waves. By equating $z$-component of Eqs. A. 57 and A.58, one finds:

$$
\begin{equation*}
\theta_{\mathrm{a}}=\theta_{\mathrm{a}}^{\prime} \tag{A.62}
\end{equation*}
$$

which is known as the Law of Reflection. By equating the $z$-component of Eqs. A. 57 and A.59, one also finds:

$$
\begin{equation*}
n_{\mathrm{a}} \sin \theta_{\mathrm{a}}=n_{\mathrm{b}} \sin \theta_{\mathrm{b}}, \tag{A.63}
\end{equation*}
$$

which is the well known Law of Refraction, also known as Snell's Law or Descarte's $L a w^{10}$. An important corollary of Eq. A. 63 is that rays traversing the interface for the case $n_{\mathrm{a}}<n_{\mathrm{b}}$ transmit with smaller angles to the normal, whereas they transmit with greater angles to the normal for $n_{\mathrm{a}}>n_{\mathrm{b}}$, as depicted in Fig. A.2. This has important consequences for the behaviour of modes within layer waveguides, discussed later.

The continuity boundary conditions can be used to also determine the amplitude of the incident, reflected and transmitted fields. By substituting the waves' transverse field components of Fig. A. 2 into Eqs. A. 49 and A.50:

$$
\begin{align*}
E_{\mathrm{a}}+E_{\mathrm{a}}^{\prime} & =E_{\mathrm{b}}  \tag{A.64}\\
-H_{\mathrm{a}} \cos \theta_{\mathrm{a}}+H_{\mathrm{a}}^{\prime} \cos \theta_{\mathrm{a}} & =-H_{\mathrm{b}} \cos \theta_{\mathrm{b}} \tag{A.65}
\end{align*}
$$

for TE polarised waves, and:

$$
\begin{align*}
-E_{\mathrm{a}} \cos \theta_{\mathrm{a}}+E_{\mathrm{a}}^{\prime} \cos \theta_{\mathrm{a}} & =-E_{\mathrm{b}} \cos \theta_{\mathrm{b}},  \tag{A.66}\\
H_{\mathrm{a}}+H_{\mathrm{a}}^{\prime} & =H_{\mathrm{b}} \tag{A.67}
\end{align*}
$$

for TM polarised waves.

[^9]Recall that the electric and magnetic field ratios are $\frac{E_{\mathrm{a}}}{H_{\mathrm{a}}}=\frac{E_{\mathrm{a}}^{\prime}}{H_{\mathrm{a}}^{\prime}}=\frac{\eta_{0}}{n_{\mathrm{a}}}$ and $\frac{E_{\mathrm{b}}}{H_{\mathrm{b}}}=\frac{\eta_{0}}{n_{\mathrm{a}}}$. Substituting them into Eq. A. 65 produces:

$$
\begin{equation*}
-E_{\mathrm{a}} n_{\mathrm{a}} \cos \theta_{\mathrm{a}}+E_{\mathrm{a}}^{\prime} n_{\mathrm{a}} \cos \theta_{\mathrm{a}}=-E_{\mathrm{b}} n_{\mathrm{b}} \cos \theta_{\mathrm{b}} \tag{A.68}
\end{equation*}
$$

for the TE waves, and substituting them into Eq. A. 66 produces:

$$
\begin{equation*}
-H_{\mathrm{a}} n_{\mathrm{a}} \cos \theta_{\mathrm{a}}+H_{\mathrm{a}}^{\prime} n_{\mathrm{a}} \cos \theta_{\mathrm{a}}=-H_{\mathrm{b}} n_{\mathrm{b}} \cos \theta_{\mathrm{b}} \tag{A.69}
\end{equation*}
$$

for the TM waves. Solving Eqs. A. 64 and A. 68 simultaneously leads to the reflection $(\Gamma)$ and transmission $(T)$ coefficients for the TE waves:

$$
\begin{align*}
\Gamma_{\mathrm{TE}} & \equiv \frac{E_{\mathrm{a}}^{\prime}}{E_{\mathrm{a}}}=\frac{n_{\mathrm{a}} \cos \theta_{\mathrm{a}}-n_{\mathrm{b}} \cos \theta_{\mathrm{b}}}{n_{\mathrm{a}} \cos \theta_{\mathrm{a}}+n_{\mathrm{b}} \cos \theta_{\mathrm{b}}}=\frac{k_{\mathrm{a} x}-k_{\mathrm{b} x}}{k_{\mathrm{a} x}+k_{\mathrm{b} x}}  \tag{A.70}\\
T_{\mathrm{TE}} & \equiv \frac{E_{\mathrm{b}}}{E_{\mathrm{a}}}=\frac{2 k_{\mathrm{a} x}}{k_{\mathrm{a} x}+k_{\mathrm{b} x}}=1+\Gamma_{\mathrm{TE}} \tag{A.71}
\end{align*}
$$

and solving Eqs. A. 67 and A. 69 simultaneously leads to the reflection and transmission coefficients for the TM waves:

$$
\begin{align*}
\Gamma_{\mathrm{TM}} & \equiv \frac{E_{\mathrm{a}}^{\prime}}{E_{\mathrm{a}}}=\frac{n_{\mathrm{b}} \cos \theta_{\mathrm{a}}-n_{\mathrm{a}} \cos \theta_{\mathrm{b}}}{n_{\mathrm{b}} \cos \theta_{\mathrm{a}}+n_{\mathrm{a}} \cos \theta_{\mathrm{b}}}=\frac{n_{\mathrm{b}}^{2} k_{\mathrm{a} x}-n_{\mathrm{a}}^{2} k_{\mathrm{b} x}}{n_{\mathrm{b}}^{2} k_{\mathrm{a} x}+n_{\mathrm{a}}^{2} k_{\mathrm{b} x}}  \tag{A.72}\\
T_{\mathrm{TM}} & \equiv \frac{E_{\mathrm{b}}}{E_{\mathrm{a}}}=\frac{2 n_{\mathrm{a}} n_{\mathrm{b}} k_{\mathrm{a} x}}{n_{\mathrm{b}}^{2} k_{\mathrm{a} x}+n_{\mathrm{a}}^{2} k_{\mathrm{b} x}}=\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}}\left(1+\Gamma_{\mathrm{TE}}\right) \tag{А.73}
\end{align*}
$$

Equations A. 70 to A. 73 describe the relative amplitudes of incident, reflected and transmitted plane waves at the interface of two dielectrics, and are known as the Fresnel Formulae. They can be expressed in a more compact form ${ }^{11}$ by using the trigonometric identities Eqs. B. 11 to B. 13 and the Law of Refraction, Eq. A.63. For $\Gamma_{\mathrm{TE}}$ :

$$
\begin{aligned}
\Gamma_{\mathrm{TE}} & =\frac{n_{\mathrm{a}} \cos \theta_{\mathrm{a}}-n_{\mathrm{b}} \cos \theta_{\mathrm{b}}}{n_{\mathrm{a}} \cos \theta_{\mathrm{a}}+n_{\mathrm{b}} \cos \theta_{\mathrm{b}}} \\
\left(\div \text { all by }-n_{\mathrm{b}}\right) & =-\frac{\cos \theta_{\mathrm{b}}-\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \cos \theta_{\mathrm{a}}}{\cos \theta_{\mathrm{b}}+\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \cos \theta_{\mathrm{a}}} \\
(\text { by Eq. A.63 }) & =-\frac{\cos \theta_{\mathrm{b}}-\frac{\sin \theta_{\mathrm{b}}}{\sin \theta_{\mathrm{a}}} \cos \theta_{\mathrm{a}}}{\cos \theta_{\mathrm{b}}+\frac{\sin \theta_{\mathrm{b}}}{\sin \theta_{\mathrm{a}}} \cos \theta_{\mathrm{a}}} \\
\left(\times \text { all by } \sin \theta_{\mathrm{a}}\right) & =-\frac{\sin \theta_{\mathrm{a}} \cos \theta_{\mathrm{b}}-\sin \theta_{\mathrm{b}} \cos \theta_{\mathrm{a}}}{\sin \theta_{\mathrm{a}} \cos \theta_{\mathrm{b}}+\sin \theta_{\mathrm{b}} \cos \theta_{\mathrm{a}}} \\
(\text { simplify via } B .11) & =-\frac{\sin \left(\theta_{\mathrm{a}}-\theta_{\mathrm{b}}\right)}{\sin \left(\theta_{\mathrm{a}}+\theta_{\mathrm{b}}\right)} .
\end{aligned}
$$

[^10]Similarly for $\Gamma_{\mathrm{TM}}$ :

$$
\begin{aligned}
\Gamma_{\mathrm{TM}} & =\frac{n_{\mathrm{b}} \cos \theta_{\mathrm{a}}-n_{\mathrm{a}} \cos \theta_{\mathrm{b}}}{n_{\mathrm{b}} \cos \theta_{\mathrm{a}}+n_{\mathrm{a}} \cos \theta_{\mathrm{b}}} \\
\left(\div \text { all by } n_{\mathrm{b}}\right) & =-\frac{\cos \theta_{\mathrm{a}}-\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \cos \theta_{\mathrm{b}}}{\cos \theta_{\mathrm{a}}+\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \cos \theta_{\mathrm{b}}} \\
\text { (by Eq. A.63) } & =\frac{\cos \theta_{\mathrm{a}}-\frac{\sin \theta_{\mathrm{b}}}{\sin \theta_{\mathrm{a}}} \cos \theta_{\mathrm{b}}}{\cos \theta_{\mathrm{a}}+\frac{\sin \theta_{\mathrm{b}}}{\sin \theta_{\mathrm{a}}} \cos \theta_{\mathrm{b}}} \\
\left(\times \text { all by } \sin \theta_{\mathrm{a}}\right) & =\frac{\sin \theta_{\mathrm{a}} \cos \theta_{\mathrm{a}}-\sin \theta_{\mathrm{b}} \cos \theta_{\mathrm{b}}}{\sin \theta_{\mathrm{a}} \cos \theta_{\mathrm{a}}+\sin \theta_{\mathrm{b}} \cos \theta_{\mathrm{b}}} \\
(\text { simplify via } B .13) & =\frac{\tan \left(\theta_{\mathrm{a}}-\theta_{\mathrm{b}}\right)}{\tan \left(\theta_{\mathrm{a}}+\theta_{\mathrm{b}}\right)} .
\end{aligned}
$$

The wonderfully compact forms are thus:

$$
\begin{align*}
\Gamma_{\mathrm{TE}} & =-\frac{\sin \left(\theta_{\mathrm{a}}-\theta_{\mathrm{b}}\right)}{\sin \left(\theta_{\mathrm{a}}+\theta_{\mathrm{b}}\right)}  \tag{A.74}\\
\Gamma_{\mathrm{TM}} & =\frac{\tan \left(\theta_{\mathrm{a}}-\theta_{\mathrm{b}}\right)}{\tan \left(\theta_{\mathrm{a}}+\theta_{\mathrm{b}}\right)} \tag{A.75}
\end{align*}
$$

These are the forms given in [14]. While they don't appear explicitly in these expressions, the refractive indices have influence through $\theta_{\mathrm{a}}$ and $\theta_{\mathrm{b}}$ via the Law of Refraction, Eq. A. 63.
$\Gamma$ is often called the reflectivity and $T$ the transmissivity of an optical system.

By considering the power of the incident, reflected and transmitted waves, it can be shown (e.g., Ref. [14]-p. 43 and Ref. [153]-p. 65) that the Fresnel Formulae can be used to express power reflection $(\mathcal{R})$ and power transmission $(\mathcal{T})$ coefficients:

$$
\begin{align*}
\mathcal{R}_{\mathrm{TE}, \mathrm{TM}} & =\left|\Gamma_{\mathrm{TE}, \mathrm{TM}}\right|^{2}  \tag{A.76}\\
\mathcal{T}_{\mathrm{TE}, \mathrm{TM}} & =\frac{k_{\mathrm{b} x}}{k_{\mathrm{a} x}}\left|T_{\mathrm{TE}, \mathrm{TM}}\right|^{2} \tag{A.77}
\end{align*}
$$

$\mathcal{R}$ and $\mathcal{T}$ are often called the reflectance and transmittance of the waves, respectively, and represent the ratios of the power in the reflected or transmitted waves to that of the incident wave. As expected from the principle of conservation of energy, they sum to unity: $\mathcal{R}_{\mathrm{TE}, \mathrm{TM}}+\mathcal{T}_{\mathrm{TE}, \mathrm{TM}}=1$. Figure A. 4 shows $\mathcal{R}$ from normal to grazing incidence ( $\theta=0 \rightarrow \pi / 2$, expressed in degrees $0^{\circ} \rightarrow 90^{\circ}$ for clarity).

The Principle of Reciprocity states that the behaviour of light in one direction must be identical when the direction of propagation is everywhere reversed (by reversing the direction of time, say). With this in mind, it is readily shown [153] that the Fresnel Coefficients $\Gamma_{a b}$ and $T_{a b}$ for propagation from medium $a$ into medium $b$ (for both TE


Figure A.4: Examples of TE and TM reflectance coefficients for a range of incidence angles. The fraction of power reflected for unpolarised light is the arithmetic mean of the reflectivities of the two orthogonal polarisations: $\frac{1}{2}\left(R_{\mathrm{TE}}+R_{\mathrm{TM}}\right)$. Top: $n_{\mathrm{a}}=1$ and $n_{\mathrm{b}}=1.6 \Rightarrow n_{\mathrm{a}}<n_{\mathrm{b}}$. Bottom: $n_{\mathrm{a}}=1.6$ and $n_{\mathrm{b}}=1 \Rightarrow n_{\mathrm{a}}>n_{\mathrm{b}}$. Note how the reflected power falls to 0 for the TM polarisation at the Brewster condition $\theta=\theta_{\mathrm{B}}$ in both cases.
and TM polarisations) are related to the coefficients $\Gamma_{b a}$ and $T_{b a}$ for propagation from medium $b$ into medium $a$.

By definition, Eqs. A. 70 to A. 73 relate the incident to reflected and incident to transmitted fields respectively as:

$$
\begin{align*}
E_{a}^{\prime} & =\Gamma_{a b} E_{a},  \tag{А.78}\\
E_{b} & =T_{a b} E_{a},  \tag{A.79}\\
E_{b}^{\prime} & =0, \tag{A.80}
\end{align*}
$$

where the nomenclature of Fig. A. 3 has been used. The final condition (Eq. A.80) is due to the nature of propagation across an interface ( $E_{b}^{\prime}$ could not be excited by the sole incident field $E_{a}$ ).

Consider now reversing the propagation directions of all rays by, say, a time-reversal. The ray arrows of Fig. A. 3 thus reverse direction. The Principle of Reciprocity implies that the same laws of reflection and transmission hold for the time-reversed waves as for the original waves. In this case, the field $E_{a}$ is excited by the reflection of $E_{b}^{\prime}$ and the transmission of $E_{b}$ and the field $E_{b}^{\prime}$ is excited by the reflection of $E_{b}$ and transmission of $E_{a}^{\prime}$, such that:

$$
\begin{align*}
E_{a} & =\Gamma_{a b} E_{a}^{\prime}+T_{b a} E_{b},  \tag{A.81}\\
E_{b}^{\prime} & =\Gamma_{b a} E_{b}+T_{a b} E_{a}^{\prime} . \tag{A.82}
\end{align*}
$$

Section A.3.1 discusses this further in the context of superposed forward and backward propagating waves.

Eqs. A. 78 to A. 82 can be combined to produce the reflection and transmission reciprocity relations ${ }^{12}$ :

$$
\begin{align*}
\Gamma_{b a} & =-\Gamma_{a b},  \tag{A.83}\\
T_{a b} T_{b a} & =\Gamma_{a b} \Gamma_{b a}+1 . \tag{A.84}
\end{align*}
$$

Eq. A. 83 is found by inserting Eq. A. 79 into A.81, then inserting Eq. A.78. Eq. A. 84 is found by inserting Eq. A. 80 into A.82, then inserting Eq. A.79.

The Fresnel Formulae can be used to derive other important relationships between the rays. By setting $\Gamma_{\mathrm{TM}}=0$, one finds that TM incident waves have no reflected wave when:

$$
\begin{equation*}
n_{\mathrm{b}} \cos \theta_{\mathrm{a}}=n_{\mathrm{a}} \cos \theta_{\mathrm{b}} . \tag{A.85}
\end{equation*}
$$

Using the Law of Refraction (Eq. A.63) this can be solved for the incident angle as ${ }^{13}$ :

$$
\begin{equation*}
\theta_{\mathrm{B}} \equiv \theta_{\mathrm{a}}=\tan ^{-1}\left(\frac{n_{\mathrm{b}}}{n_{\mathrm{a}}}\right), \tag{A.86}
\end{equation*}
$$

where $\theta_{\mathrm{B}}$ is know as Brewster's Angle, representing the incident angle at which all TMpolarised light is transmitted across the interface; Figure A. 4 shows an explicit example. Similarly, for $\Gamma_{\mathrm{TE}}=0$ to hold, one requires a condition which will be shown to be unphysical for $n_{\mathrm{a}} \neq n_{\mathrm{b}}$ :

$$
\begin{equation*}
n_{\mathrm{a}} \cos \theta_{\mathrm{a}}=n_{\mathrm{b}} \cos \theta_{\mathrm{b}} \tag{A.87}
\end{equation*}
$$

Dividing Eq. A. 63 by Eq. A. 87 , one produces $\tan \left(\theta_{\mathrm{a}}\right)=\tan \left(\theta_{\mathrm{b}}\right)$, which only has solutions $\theta_{\mathrm{a}}=\theta_{\mathrm{b}} \pm \pi / 2$. Since only the domain $0 \leq \theta_{\mathrm{a}}<\pi / 2$ is of interest here, then the solution

[^11]is $\theta_{\mathrm{a}}=\theta_{\mathrm{b}}$. The only solution satisfying Eq. A.63, $\theta_{\mathrm{a}}=\theta_{\mathrm{b}}=0$, cannot simultaneously satisfy ${ }^{14}$ Eq. A. 87 , implying that no incidence angle $\theta_{\mathrm{a}}$ can produce $\Gamma_{\mathrm{TE}}=0$. This gives the Brewster angle $\theta_{\mathrm{B}}$ another unique property of behaving as a polarising angle at which only TE waves are reflected.

A specific range of the incidence angle can also produce another important phenomenon: total reflection. The Law of Refraction can be arranged as:

$$
\begin{equation*}
\cos \theta_{\mathrm{b}}=\sqrt{1-\left(\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \sin ^{2} \theta_{\mathrm{a}}\right)^{2}} . \tag{A.88}
\end{equation*}
$$

Recalling $k_{\mathrm{b} x}=k_{\mathrm{b}} \cos \theta_{\mathrm{b}}$, one finds $k_{\mathrm{b} x}=0$ when $\cos \theta_{\mathrm{b}}=0$, i.e., the transmitted ray is directed along the interface. Equation A. 88 implies this is the case when $\sin ^{2} \theta_{\mathrm{a}}=\frac{n_{\mathrm{b}}}{n_{\mathrm{a}}}$. If the value of this term is increased, by increasing $\theta_{\mathrm{a}}$, then Eq. A. 88 implies $k_{\mathrm{b} x} \in \mathbb{C}$; in fact, it's purely imaginary ${ }^{15}: k_{\mathrm{b} x}=-i\left|\operatorname{Im}\left(k_{\mathrm{b} x}\right)\right|$. In this case, the oscillatory factor of the wavefunction Eq. A. 48 adopts a real, negative, exponent, producing a decay term: $e^{i \omega t} e^{-i\left(k_{\mathrm{b} x} x+k_{\mathrm{b} y} y+k_{\mathrm{b} z} z\right)} \rightarrow e^{i \omega t} e^{-i\left(k_{\mathrm{b} y} y+k_{\mathrm{b} z} z\right)} e^{-\left|\operatorname{Im}\left(k_{\mathrm{b} x}\right)\right| x}$. Thus, the transmitted wave is only allowed to propagate tangential to the interface ( $z$-direction in Figs. A. 1 and A.2) with a decaying field amplitude normal to the interface ( $x$-direction in Figs. A. 1 and A.2); this is known as an evanescent wave. This means there can be no net power transport away from the interface, implying all incident power must be transferred to the reflected wave. This is seen explicitly in that the power reflection coefficients are unity in this case:

$$
\begin{aligned}
\mathcal{R}=\left|\Gamma_{\mathrm{TE}, \mathrm{TM}}\right|^{2} & =\Gamma_{\mathrm{TE}, \mathrm{TM}} \Gamma_{\mathrm{TE}, \mathrm{TM}}^{*} \\
& =\frac{\left(k_{\mathrm{a} x}-k_{\mathrm{b} x}\right)\left(k_{\mathrm{a} x}-k_{\mathrm{b} x}\right)^{*}}{\left(k_{\mathrm{a} x}+k_{\mathrm{b} x}\right)\left(k_{\mathrm{a} x}+k_{\mathrm{b} x}\right)^{*}} \\
& =\frac{\left[k_{\mathrm{a} x}+i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]\left[k_{\mathrm{a} x}+i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]^{*}}{\left[k_{\mathrm{a} x}-i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]\left[k_{\mathrm{a} x}-i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]^{*}} \\
& =\frac{\left[k_{\mathrm{a} x}+i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]\left[k_{\mathrm{a} x}-i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]}{\left[k_{\mathrm{a} x}-i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]\left[k_{\mathrm{a} x}+i \operatorname{Im}\left(k_{\mathrm{b} x}\right)\right]}=1 .
\end{aligned}
$$

[^12]From Eq. A.88, the range of incident angles producing an imaginary $k_{\mathrm{b} x}$, and hence total reflection, is thus:

$$
\begin{equation*}
\theta_{\mathrm{a}} \geq \theta_{\mathrm{c}}=\sin ^{-1}\left(\frac{n_{\mathrm{b}}}{n_{\mathrm{a}}}\right), \tag{A.89}
\end{equation*}
$$

where $\theta_{\mathrm{c}}$ is known as the critical angle for total reflection. It is clear from Eq. A. 89 that, to be physically meaningful, total reflection requires $n_{\mathrm{a}}>n_{\mathrm{b}}$. Total reflection cannot occur when $n_{\mathrm{a}}<n_{\mathrm{b}}$.

In this work, the transmission of light originating from a lower refractive index into a higher refractive index, $n_{\mathrm{a}}<n_{\mathrm{b}}$, is typically considered, e.g., the guidance of light within a low-index layer. In this case, $\beta=n_{\mathrm{a}} k \sin \theta_{\mathrm{a}}$ satisfies the condition $\beta \leq n_{\mathrm{a}} k$. Exactly the same condition is required for the case of the transmission of light originating from a higher refractive index into a lower refractive index, $n_{\mathrm{a}}>n_{\mathrm{b}}$, except that total reflection occurs when $\sin \theta_{\mathrm{a}} \geq \frac{n_{\mathrm{b}}}{n_{\mathrm{a}}}$ (Eq. A.89). Total reflection thus occurs for the subset of propagation constants (incidence angles) satisfying $n_{\mathrm{b}} k<\beta \leq n_{\mathrm{a}} k$. A very important consequence of this is:

Corollary A.1. Conservation of $\beta$ implies that the transmitted component of an external ray incident on a high-index layer embedded in a low-index medium cannot satisfy the conditions for total reflection within the layer.

Generalising this principle, Corollary A. 1 implies:
Corollary A.2. Light originating from a low-index medium will never succumb to total reflection at any subsequent parallel interface it may propagate across, provided the layers' refractive indices are equal to or greater than the initial medium's refractive index.

Corollary A. 2 is very important when considering multilayer structures, discussed later. These corollaries have been formulated specifically for this work, and are to the best of my knowledge unique (at the very least in the context of the current work).

It is useful here to define the effective refractive index:

$$
\begin{equation*}
\tilde{n}_{i}=\frac{\beta_{i}}{k}=n_{\mathrm{i}} \sin \theta_{i}, \tag{A.90}
\end{equation*}
$$

Across any interface $\tilde{n}_{\mathrm{a}}=\tilde{n}_{\mathrm{b}}$, thanks to conservation of $\beta$. The permissible ranges of $\beta$ leading to the above Corollaries become:

$$
\begin{array}{rrl}
\text { Reflection and transmission: } & \tilde{n}_{\mathrm{a}} \leq n_{\mathrm{a}} & \forall n_{\mathrm{a}, \mathrm{~b}}, \\
\text { Total reflection: } & n_{\mathrm{b}}<\tilde{n}_{\mathrm{a}} \leq n_{\mathrm{a}} & \text { for } n_{\mathrm{a}}>n_{\mathrm{b}} \tag{A.92}
\end{array}
$$

In other words, a ray in a low-index medium can only ever take values $\tilde{n}_{\mathrm{a}} \leq n_{\mathrm{a}}$ and thus always transmits some power across the interface, whereas a ray in a high-index medium can also take higher $\tilde{n}_{\mathrm{a}}$ values (up to $n_{\mathrm{b}}$ ) at which it undergoes total reflection.

The phase accumulated by a wave upon reflection can also be determined from the reflection and transmission coefficients $\Gamma$ and $T$. The field amplitudes of an incident and reflected wave are related by $A_{\mathrm{TE}, \mathrm{TM}}=\Gamma_{\mathrm{TE}, \mathrm{TM}} A_{\mathrm{TE}, \mathrm{TM}}^{\prime}$. As well as describing the change in amplitude of the field components, $\Gamma$ can also accommodate phase changes. Explicitly, one may decompose the reflection coefficient into amplitude and phase as $\Gamma=|\Gamma| e^{i \delta \phi}$, where $\delta \phi$ is the change in phase of the wave after reflection. The phase of a wave becomes critical when determining the waveguidance behaviour of a waveguide.

First consider the low- to high-index propagation case: $n_{\mathrm{a}}<n_{\mathrm{b}}$. As discussed above, $k_{\mathrm{a} x, \mathrm{~b} x} \in \mathbb{R}$ in this case (no total reflection), so that $\theta_{\mathrm{a}, \mathrm{b}} \in \mathbb{R}$. The Law of Refraction (Eq. A.63) then implies $\theta_{\mathrm{a}}>\theta_{\mathrm{b}}$. In this case, $\pi \geq \theta_{\mathrm{a}}-\theta_{\mathrm{b}} \geq 0$ and $\pi \geq \theta_{\mathrm{a}}+\theta_{\mathrm{b}} \geq 0$.

These conditions see $\sin \left(\theta_{\mathrm{a}} \pm \theta_{\mathrm{b}}\right) \geq 0$. Eq. A. 74 then implies $\Gamma_{\mathrm{TE}} \in \mathbb{R}^{-}$. It must then be true that $\operatorname{sign}\left(A_{\mathrm{TE}}\right)=-\operatorname{sign}\left(A_{\mathrm{TE}}^{\prime}\right)$. This corresponds to a change in phase of $\delta \phi=\pi$ upon reflection for the TE wave.

The phase shift of a reflected TM wave is not as trivial since Eq. A. 75 contains tan, not $\sin$, terms. For $\pi / 2 \geq \theta_{\mathrm{a}, \mathrm{b}} \geq 0$ with $\theta_{\mathrm{a}}>\theta_{\mathrm{b}}, \tan \left(\theta_{\mathrm{a}}-\theta_{\mathrm{b}}\right) \geq 0$ but $\tan \left(\theta_{\mathrm{a}}+\theta_{\mathrm{b}}\right)<0$ only for $\theta_{\mathrm{a}}+\theta_{\mathrm{b}}>\pi / 2$. Thus, for $\theta_{\mathrm{a}}+\theta_{\mathrm{b}} \leq \pi / 2, \Gamma_{\mathrm{TM}} \in \mathbb{R}^{+} \Rightarrow \operatorname{sign}\left(A_{\mathrm{TE}}\right)=\operatorname{sign}\left(A_{\mathrm{TE}}^{\prime}\right) \Rightarrow \delta \phi=0$ (no phase shift occurs) but for $\theta_{\mathrm{a}}+\theta_{\mathrm{b}}>\pi / 2, \Gamma_{\mathrm{TM}} \in \mathbb{R}^{-} \Rightarrow \operatorname{sign}\left(A_{\mathrm{TM}}\right)=-\operatorname{sign}\left(A_{\mathrm{TM}}^{\prime}\right) \Rightarrow$ $\delta \phi=\pi$ (a $\pi$ phase shift occurs).

In summary:

$$
\begin{align*}
& \delta \phi_{\mathrm{TE}}=\pi \quad \text { for } \pi \geq \theta_{\mathrm{a}} \geq 0,  \tag{A.93}\\
& \delta \phi_{\mathrm{TM}}= \begin{cases}0 & \text { for } \theta_{\mathrm{a}}+\theta_{\mathrm{b}} \leq \pi / 2 \\
\pi & \text { for } \theta_{\mathrm{a}}+\theta_{\mathrm{b}}>\pi / 2\end{cases} \tag{A.94}
\end{align*}
$$

The incidence angle at which the TM phase jumps from 0 to $\pi$ can be expressed solely in terms of the incident angle and refractive indices via Eq. A.63: $\theta_{\mathrm{a}}+\theta_{\mathrm{b}}=\pi / 2 \rightarrow$ $\theta_{\mathrm{a}}=\pi / 2-\sin ^{-1}\left(\frac{n_{\mathrm{a}}}{n_{\mathrm{b}}} \sin \theta_{\mathrm{a}}\right)$.

The case for high- to low-index index propagation, $n_{\mathrm{a}}>n_{\mathrm{b}}$, will not be discussed in as much detail as total reflection and the existence of $\theta_{\mathrm{c}}$ makes the analysis quite complicated ( $k_{\mathrm{a} x, \mathrm{~b} x} \in \mathbb{C}$ and $\theta_{\mathrm{a}, \mathrm{b}} \in \mathbb{C}$ ). Regardless, total reflection is not a focus of this work. However, it is very important to note that it can be shown [14] that both the TE
and TM polarisations undergo nontrivial phase shifts upon reflection in this regime:

$$
\begin{align*}
& \tan \left(\frac{\delta \phi_{\mathrm{TE}}}{2}\right)=-\frac{\sqrt{\sin ^{2} \theta_{\mathrm{a}}-n_{\mathrm{b}}^{2} / n_{\mathrm{a}}^{2}}}{\cos \theta_{\mathrm{a}}}  \tag{A.95}\\
& \tan \left(\frac{\delta \phi_{\mathrm{TM}}}{2}\right)=-\frac{\sqrt{\sin ^{2} \theta_{\mathrm{a}}-n_{\mathrm{b}}^{2} / n_{\mathrm{a}}^{2}}}{\left(n_{\mathrm{b}}^{2} / n_{\mathrm{a}}^{2}\right) \cos \theta_{\mathrm{a}}} \tag{A.96}
\end{align*}
$$

sometimes called the Goos-Hänchen phase shift. Both phases continuously increase from 0 to $\pi$ as $\theta_{\text {a }}$ goes from $\theta_{c}$ to $\pi / 2$. The fact that this phase shift not only depends on the explicit values of $n_{\mathrm{a}}, n_{\mathrm{b}}$ and $\theta_{\mathrm{a}}$ but is also transcendental in form is critical for observing how its absence leads to the analytic nature of Eqs. A. 93 and A. 94 and hence to the establishment, and subsequent novel utility, of the SPARROW model constructed in Chapter 3.

## A.2.1.3 Light Guidance in a Single Layer

The plane wave propagation, reflection and transmission behaviour presented in sections A.2.1.1 and A.2.1.2 is used here to describe the light guidance properties of a single dielectric layer. The basic principle is simple: a ray propagating within a layer will be partially or totally reflected from an interface with the bounding medium; this happens for each reflected ray on its opposing interface, essentially trapping the reflected rays within the layer. This is the fundamental premise of waveguidance and is represented schematically in Fig. A.1.

Hereon, two particular refractive indices will be discussed: $n_{1}$ and $n_{0}$ where $n_{1}>n_{0}$. The local index $n_{\mathrm{a}}$ and adjacent index $n_{\mathrm{b}}$ (representing core and cladding indices of a waveguide, for example, respectively) can take either of these values. In other words, $n_{\mathrm{a}}$ and $n_{\mathrm{b}}$ are arbitrary but $n_{1}$ and $n_{0}$ are fixed to values in which $n_{1}>n_{0}$.

Total reflection will not be considered here since, according to Corollary A.2, any ray originating from a low-index medium, as is the case for the majority of the present work, cannot undergo total reflection within any surrounding (parallel) layer. Thus, only leaky guidance within a given layer is of interest here.

More precisely, for a ray originating within a medium of lowest refractive index $n_{0}$, we are interested only in guided rays with effective indices $\tilde{n}_{\mathrm{a}}$ below the $n_{0}$-light-line ( $\tilde{n}_{\mathrm{a}}<n_{0}$ ), which is strictly the full range of $\tilde{n}$ available to a ray incident from $n_{0}$ via Eq. A. 90 over all incidence angles $0 \leq \theta_{\mathrm{a}} \leq \pi / 2$.

Consider a homogeneous planar dielectric layer of refractive index $n_{\mathrm{a}}$ (the core) embedded in an infinite homogeneous dielectric medium of refractive index $n_{\mathrm{b}}$ (the cladding).

The bottom schematic of Fig. A. 1 shows one such example. Following the conventions introduced in Fig. A.1, used in Sections A.2.1.1 and A.2.1.2, a given ray within the core will have wave-vector $\mathbf{k}_{\mathrm{a}}$ and will be reflected at the core-cladding interface at an angle $\theta_{\mathrm{a}}$ to the interface normal. Rays transmitted across an interface have wave-vector $\mathbf{k}_{\mathrm{b}}$ and make an angle $\theta_{b}$ with the interface normal.

The phase accumulated by plane wave with oscillatory term $e^{i(\omega t-\mathbf{k} \cdot \mathbf{r})}$ (§ A.2.1.2) is:

$$
\begin{equation*}
\Delta \phi=\mathbf{k} \cdot \Delta \mathbf{r}=k_{x} \Delta x+\beta \Delta z \tag{A.97}
\end{equation*}
$$

Thus, the phase accumulated in the longitudinal dimension is $\beta \Delta z$ and the accumulated phase in the transverse dimension is $k_{x} \Delta x$.

The slab waveguides will only support modes, leaky or otherwise, if the accumulated transverse phase for one round-trip of the slab (traversing the slab twice due to reflection from each interface) is an integer multiple of $2 \pi$. For both slabs, the transverse phase accumulated by traversing the slab region once is $k_{\mathrm{ax}} t_{\mathrm{a}}$. The forms of the low- and high-index slabs' phase relations thus differ only in their reflection terms which were just discussed above. Since only the $\tilde{n} \leq n_{0}$ is of interest here, restricting oneself to light originating from a low-index region (Corollaries A. 1 and A.2), the phase shifts for each case are only integer multiples of $\pi$ (avoiding the Goos-Hänchen phase shift). Equating the cumulative phase shifts to $m 2 \pi\left(m \in \mathbb{Z}^{+}\right)$, a dispersion relation for each waveguide is derived [178, 198]:

$$
k_{\mathrm{ax}} t_{\mathrm{a}}= \begin{cases}m \pi & \text { for } n_{\mathrm{a}}>n_{\mathrm{b}} \text { and } m \in \mathbb{N}  \tag{A.98}\\ (m+1) \pi & \text { for } n_{\mathrm{a}}<n_{\mathrm{b}} \text { and } m \in \mathbb{Z}^{+}\end{cases}
$$

where $m=0$ is obviously not allowed for the high-index slab, implying that the $m=0$ bound mode has no leaky counterpart [178]. By rearranging the phase relations and setting $\mathrm{a} \rightarrow 1$ and $\mathrm{b} \rightarrow 0$ for the high-index $\left(n_{\mathrm{a}}=n_{1}>n_{\mathrm{b}}=n_{0}\right)$ slab and $\mathrm{a} \rightarrow 0$ and $\mathrm{b} \rightarrow 1$ for the low-index $\left(n_{\mathrm{a}}=n_{0}<n_{\mathrm{b}}=n_{1}\right)$ slab, we find a unified dispersion relation:

$$
\begin{equation*}
\tilde{n}_{m_{i}}=\left[n_{i}^{2}-\left(\frac{m_{i} \pi}{t_{i} k}\right)^{2}\right]^{\frac{1}{2}}, \quad m_{i} \in \mathbb{N} \tag{A.99}
\end{equation*}
$$

such that $m_{1}=m$ and $m_{0}=m+1$. Groups of dispersion curves for a range of mode orders are plotted in Fig. 3.3 (bottom) and subsequently in Figs. 3.4, 3.7 and 3.8.

Here it is convenient to define that $m_{1}=0$ refers to the $\tilde{n}$-axis $(k=0)$ and $m_{0}=0$ to the $n_{0}$-light-line $\left(\tilde{n}=n_{0}\right)$. It is easily shown that, while not representative of physical modes, these definitions still satisfy Eqs. A. 98 and A.99. Hereon the 'SPARROW curves'
will refer to both the physical slab dispersion curves $\left(m_{1,0} \in \mathbb{N}\right)$ and these $m_{1,0}=0$ lines, unless otherwise specified. The lower limit line $\tilde{n}=0$ is also important but its inclusion in this set is not required, as will soon be evident.

Note that Eq. A. 99 is truly analytic since the non-analytic Goos-Hänchen phase shift [198] that appears in the bound-mode $\left(\tilde{n}_{m_{1}}>n_{0}\right)$ solution of the high-index slab does not appear in these phase relations due to the nature of the reflective phase shifts for $\tilde{n}_{m_{i}}<n_{0}$. Also note how Eq. A. 99 depends only on $n_{i}$, implying that, below the $n_{0}$-light-line, the dispersion properties of each slab depend only on the slab refractive index, not that of the medium surrounding it.

Eq. A. 99 can be arranged to give the $k$ values of resonances of order $m_{i}$ for arbitrary $\tilde{n}$ as:

$$
\begin{equation*}
k_{m_{i}}=\frac{m_{i} \pi}{t_{i}}\left[n_{i}^{2}-\tilde{n}^{2}\right]^{-\frac{1}{2}} \tag{A.100}
\end{equation*}
$$

where, once expressed in wavelength, it is obvious that the forms of the large-core Duguay-ARROW model (Eq. 3.2) and SPARROW model (Eq. A.100) are identical save for two important differences: the SPARROW model is valid for all $\tilde{n} \leq n_{0}$ and depends explicitly on $t_{0}$.

## A. 3 Multilayer Planar Systems

## A.3.1 Matrix Analysis of a Finite Multilayer Structure

The propagation of electromagnetic waves through multilayer structures is now considered. I will refer to the technique as the planar transfer matrix method (pTMM). The basis of the analysis presented below is adopted from [153], although many expressions have been reformulated somewhat differently for consistency. Many of the results of Sections A.2.1.1 and A.2.1.2 are leveraged here.

Consider an arbitrary number of stratified dielectric layers producing a refractive index profile:

$$
n(x)= \begin{cases}n_{0}, & x<x_{0}  \tag{A.101}\\ n_{1}, & x_{0}<x<x_{1} \\ n_{2}, & x_{1}<x<x_{2} \\ \vdots & \vdots \\ n_{N}, & x_{N-1}<x<x_{N} \\ n_{N+1}, & x_{N}<x\end{cases}
$$

where the interface between the $m^{\text {th }}$ and $(m+1)^{\text {th }}$ layers sits at $x=x_{m}$. There are thus $N$ layers (with indices $1 \rightarrow N$ ) surrounded by two infinite homogeneous regions (of indices 0 and $N+1$ ). Figure A. 5 shows a schematic of such a structure. Each layer of refractive index $n_{m}$ has thickness $t_{m}=x_{m}-x_{m-1}$.

Across each interface, electric fields will behave according to the Fresnel Formulae, Eqs. A. 70 to A.73. As discussed in Section A.2.1.2, the Principle of Reciprocity allows one to easily consider waves approaching an interface from either side. Since a multilayer structure doesn't just transmit but also partially reflects light at each and every interface, one must indeed consider waves propagating in both directions. To this end, one can define an arbitrary field in the $m^{\text {th }}$ layer as:

$$
\begin{equation*}
E=\left[A_{m} e^{-i k_{m x}\left(x-x_{m}\right)}+B_{m} e^{+i k_{m x}\left(x-x_{m}\right)}\right] e^{i(\omega t-\beta z)} \tag{A.102}
\end{equation*}
$$

where the amplitude $A_{m}$ corresponds to a wave propagating in the $+x$ direction and $B_{m}$ to a wave in the $-x$ direction. Figure A. 5 demonstrates the field amplitude nomenclature explicitly; where they must be distinguished, fields within a layer close to the $+x$ side will be designated with a prime (e.g., $A_{m}^{\prime}$ ), whereas those close to the $-x$ side will be unprimed (e.g., $A_{m}$ ). As will be shown presently, the primed and unprimed fields in a layer have the same magnitude and are related only by a phase term. Every wave within all layers has the same value of $\beta$, due to conservation of longitudinal wavenumber (Eq. A.63), i.e., $\beta$ is independent of $m . k_{m x}$ is the transverse wavenumber, as defined


Figure A.5: Left: A schematic of a general finite planar multilayer optical structure, Eq. A.101. As per Eq. A.102, waves of amplitude $A_{m}$ travel in the $+x$ direction while waves of amplitude $B_{m}$ travel in the $-x$ direction. Right: A zoom-in of an arbitrary layer, defining the nomenclature for fields about either side of its interfaces.


Figure A.6: A qualitative a representation of the incident, reflected and transmitted waves related through the principle of reciprocity. As per Eq. A.102, waves of amplitude $A_{m}$ travel in the $+x$ direction while waves of amplitude $B_{m}$ travel in the $-x$ direction. The reciprocal (time reversed) versions of the waves travel in the inverse direction. The bold curved lines indicate which waves are involved in interactions for the original (1 wave generates 2 ) and reciprocal (2 waves generate 1 ) cases.
in Section A.2.1.2. The x -dependence of the fields across the layers is thus:

$$
E(x)= \begin{cases}A_{0} e^{-i k_{0 x}\left(x-x_{0}\right)}+B_{0} e^{i k_{0 x}\left(x-x_{0}\right)}, & x<x_{0}  \tag{A.103}\\ A_{m} e^{-i k_{m x}\left(x-x_{m}\right)}+B_{m} e^{i k_{m x}\left(x-x_{m}\right)}, & x_{m-1}<x<x_{m} \\ A_{N+1} e^{-i k_{(N+1) x}\left(x-x_{N}\right)}+B_{N+1} e^{i k_{(N+1) x}\left(x-x_{N}\right)}, & x>x_{N} .\end{cases}
$$

It is possible to formulate a matrix equation relating the inner field amplitudes $A_{0}$ and $B_{0}$ to the outer field amplitudes ${ }^{16} A_{N+1}$ and $B_{N+1}$ :

$$
\begin{equation*}
\binom{A_{0}}{B_{0}}=M\binom{A_{N+1}}{B_{N+1}} . \tag{A.104}
\end{equation*}
$$

This section will predominantly be devoted to deriving the form of $M$ and its subsequent properties.

First consider how the fields change across an arbitrary interface as represented by Fig. A.6. By the Principle of Reciprocity, time-reversed waves are related as (Eqs. A. 81

[^13]and A.82):
\[

$$
\begin{align*}
& A_{\mathrm{a}}=\Gamma_{\mathrm{ab}} B_{\mathrm{a}}+T_{\mathrm{ba}} A_{\mathrm{b}}^{\prime},  \tag{A.105}\\
& B_{\mathrm{b}}^{\prime}=\Gamma_{\mathrm{ba}} A_{\mathrm{b}}^{\prime}+T_{\mathrm{ab}} B_{\mathrm{a}} . \tag{A.106}
\end{align*}
$$
\]

where $\Gamma$ and $T$ are the reflection and transmission coefficients defined in Section A.2.1.2. Figure A. 6 gives a qualitative representation of the original and reciprocal interactions. Using these relations, one can construct a matrix relation between the fields on either side of the interface:

$$
\begin{equation*}
\binom{A_{\mathrm{a}}}{B_{\mathrm{a}}}=D_{\mathrm{ab}}\binom{A_{\mathrm{b}}^{\prime}}{B_{\mathrm{b}}^{\prime}} . \tag{A.107}
\end{equation*}
$$

$D_{\mathrm{ab}}$ can be expressed in terms of $\Gamma$ and $T$. Rearranging Eq. A. 105 and using Eq. A.83:

$$
\begin{equation*}
B_{\mathrm{a}}=\frac{\Gamma_{\mathrm{ab}}}{T_{\mathrm{ab}}} A_{\mathrm{b}}^{\prime}+\frac{B_{\mathrm{b}}^{\prime}}{T_{\mathrm{ab}}} . \tag{A.108}
\end{equation*}
$$

Inserting this into Eq. A. 106 and using Eq. A. 83 then Eq. A.84, one finds:

$$
\begin{equation*}
A_{\mathrm{a}}=\frac{A_{\mathrm{b}}^{\prime}}{T_{\mathrm{ab}}}+\frac{\Gamma_{\mathrm{ab}}}{T_{\mathrm{ab}}} B_{\mathrm{b}}^{\prime}, \tag{A.109}
\end{equation*}
$$

producing:

$$
D_{\mathrm{ab}}=\frac{1}{T_{\mathrm{ab}}}\left(\begin{array}{cc}
1 & \Gamma_{\mathrm{ab}}  \tag{A.110}\\
\Gamma_{\mathrm{ab}} & 1
\end{array}\right) .
$$

All other interfaces require the fields to also be propagated across the layer defined by adjacent interfaces, not just transmitted or reflected at the first interface. Since each wave simply accumulates a phase of $\phi_{m}=k_{m x} t_{m}$ in the $x$-dimension between the $m$ and the $(m+1)^{\text {th }}$ interfaces, the field amplitudes between these two points (see Fig. A.5) are thus related by:

$$
\begin{equation*}
\binom{A_{\mathrm{m}}^{\prime}}{B_{\mathrm{m}}^{\prime}}=P_{m}\binom{A_{\mathrm{m}}}{B_{\mathrm{m}}} . \tag{A.111}
\end{equation*}
$$

where:

$$
P_{m}=\left(\begin{array}{cc}
e^{i \phi_{m}} & 0  \tag{A.112}\\
0 & e^{-i \phi_{m}}
\end{array}\right) .
$$

such that for propagation across and between interfaces at $x_{m}$ and $x_{m+1}$ :

$$
\begin{equation*}
\binom{A_{m-1}}{B_{m-1}}=D_{m-1, m} P_{m}\binom{A_{m}}{B_{m}} . \tag{A.113}
\end{equation*}
$$

This then allows one to express the evolution of the reciprocal fields from the outermost
interface $\left(x=x_{N+1}\right)$ to the innermost $\left(x=x_{0}\right)$. With this in mind, it is clear that propagation across the first interface $\left(x=x_{N+1}\right)$ needn't consider initial phase accumulation since the bounding medium is infinite, and the phase term becomes redundant. The propagation of fields across the total system can thus be embodied in the $M$ matrix from Eq. A. 104 as:

$$
M=\left(\begin{array}{ll}
M_{11} & M_{12}  \tag{A.114}\\
M_{21} & M_{22}
\end{array}\right)=\left(\prod_{m=1}^{N} D_{m-1, m} P_{m}\right) D_{N, N+1}
$$

Directly from this, one can express the reflection and transmission coefficients for the entire system. For propagation from the $n_{0}$ region through to the $n_{N+1}$ region, $\Gamma_{0 \mathrm{~s}}$ and $T_{0 \mathrm{~s}}$ are found to be:

$$
\begin{align*}
\Gamma_{0 s} & =\frac{B_{0}}{A_{0}}=\frac{M_{21}}{M_{11}},  \tag{A.115}\\
T_{0 s} & =\frac{A_{N+1}}{A_{0}}=\frac{1}{M_{11}} . \tag{A.116}
\end{align*}
$$

where $s \equiv N+1$ is defined for convenience. These expressions are derived from simultaneous equations provided by Eq. A. 104 with $B_{N+1}=0$ (physically required: no incoming waves from infinity; $B_{N+1}$ has nothing to have been reflected from, hence can't exist).

Just as for the single interface versions, Eqs. A. 76 and A.77, from $\Gamma_{0, N+1}$ and $T_{0, \mathrm{~N}+1}$ one can define the reflectance $\left(\mathcal{R}_{0 s}\right)$ and transmittance $\left(\mathcal{T}_{0 s}\right)$ coefficients for the whole system ${ }^{17}$ :

$$
\begin{align*}
\mathcal{R}_{0 s} & =\left|\Gamma_{0 s}\right|^{2}=\left|\frac{M_{21}}{M_{11}}\right|^{2}  \tag{A.117}\\
\mathcal{T}_{0 s} & =\frac{k_{s x}}{k_{0 x}}\left|T_{0 s}\right|^{2}=\frac{k_{s x}}{k_{0 x}}\left|\frac{1}{M_{11}}\right|^{2} . \tag{A.118}
\end{align*}
$$

These coefficients can be evaluated for TE and TM waves for any conceivable stratified planar system and are used explicitly in Chapter 3.

## A.3.2 Bandgap Analysis of an Infinitely Periodic Multilayer Structure

While the matrix analysis of Section A.3.1 can be implemented for an arbitrary number of layers $N$, the calculations become increasingly cumbersome as $N \rightarrow \infty ; N \geq 3$ becomes essentially prohibitive analytically and numerical calculations take longer for increasing

[^14]values of $N$. There is a more elegant way to describe the optical behaviour of an infinite multilayer stack, involving mathematical techniques exploited predominantly in solidstate physics. In fact, much of the following analysis is isomorphic to the Kronig-Penney model used in solid-state physics to describe the energy levels of atomic lattices [181]. The treatment given here is similar to that from [153] but has been significantly reworked in order to make it make clear, to simplify and to highlight the underlying physics of certain theoretical forms in the current context (any results that appear quite different in form to their equivalents in the cited references are described as such in the text).

An infinitely periodic multilayer structure is a essentially a one-dimensional lattice that is invariant under lattice translation. For a lattice pitch $\Lambda$, Fig. 2.3 of Chapter 2, the refractive index distribution must then satisfy:

$$
\begin{equation*}
n(x+\Lambda)=n(x) . \tag{A.119}
\end{equation*}
$$

The most general one dimensional structure satisfying this condition is that of Eq. A.101, but where the pattern repeats indefinitely for $x<x_{0}$ and $x>x_{N}$, i.e., a lattice unit cell is then represented by a sub-section of the structure within some range $x=x_{m} \rightarrow x_{m}+\Lambda$ for any $m$. Of course, it naturally follows that the sum of the unit cell's layers' thicknesses sum to the pitch $\Lambda=\sum_{m=0}^{N} t_{m}$.

The Bloch-Floquet theorem states that solutions for the appropriate wave equations over this structure must be of the form [34]:

$$
\begin{equation*}
E_{K}(x, z)=E_{K}(x) e^{-i \beta z} e^{ \pm i K x}, \tag{A.120}
\end{equation*}
$$

where $E_{k}(x)$ has the same periodicity as the supporting lattice:

$$
\begin{equation*}
E_{K}(x+\Lambda)=E_{K}(x), \tag{A.121}
\end{equation*}
$$

and $K$ is called the Bloch wave number. The ambiguity in the sign of the exponential argument comes from the fact that the Bloch wave can propagate either direction over the one dimensional lattice. The fields between unit cells of the lattice thus differ by a phase of $K \Lambda$, i.e., since the field amplitude $E_{K}$ at two points separated along the $x$-dimension by a distance $\Lambda$ must be the same, via Eq. A.120, the fields must differ by a unitary factor expressing the accumulated phase $E_{K} \rightarrow E_{K} e^{-i K \Lambda}$ (for propagation in the positive $x$ direction). In other words, the fields propagating across the unit cell are related as:

$$
\begin{equation*}
\binom{A_{m}}{B_{m}}=e^{ \pm i K \Lambda}\binom{A_{m-N}}{B_{m-N}} . \tag{A.122}
\end{equation*}
$$

Similar to the treatment in Section A.3.1, the propagation of fields across a unit cell (Fig. A.5) can be described via a transfer matrix formulation:

$$
\begin{equation*}
\binom{A_{m-N}}{B_{m-N}}=M\binom{A_{m}}{B_{m}} \tag{A.123}
\end{equation*}
$$

much like Eq. A.104. Indeed, the decomposition of $M$ from Eq. A. 114 also holds here, where the relevant layers are only those of a unit cell and not of the entire (infinite) system at hand.

Equations A. 122 and A. 123 both represent propagation of fields across the entire unit cell. Combining them gives:

$$
\begin{equation*}
\binom{M_{11} M_{12}}{M_{21} M_{22}}\binom{A_{m}}{B_{m}}=e^{\mp i K \Lambda}\binom{A_{m}}{B_{m}} \tag{A.124}
\end{equation*}
$$

which is clearly an eigenvalue equation with eigenvalue $e^{i K \Lambda}$. According to general result of Eq. B.9, this unit cell transfer matrix has eigenvalues:

$$
\begin{equation*}
e^{\mp i K \Lambda}=\operatorname{Tr}(M / 2) \pm \sqrt{\operatorname{Tr}^{2}(M / 2)-\operatorname{det}(M)} \tag{A.125}
\end{equation*}
$$

where the $\mp$ and $\pm$ aren't necessarily correlated.
The $N=2$ special case is now focused on, the above results being valid for any number of unit cell layers. The refractive index profile of a unit cell is thus:

$$
n(x)= \begin{cases}n_{1}, & x_{m-2}<x<x_{m-1}  \tag{A.126}\\ n_{2}, & x_{m-1}<x<x_{m}\end{cases}
$$

where $n_{m+2}=n_{m}$ by the periodic construction. The thickness of the unit cell is equal to the lattice pitch $\Lambda=t_{m}+t_{m-1}=x_{m}-x_{m-2}$.

The transfer matrix can thus be decomposed as per Eq. A.114:

$$
\begin{equation*}
M=D_{12} P_{2} D_{21} P_{1} \tag{A.127}
\end{equation*}
$$

Terms from right to left (also Fig. A.5): propagation across layer with refractive index $n_{1}$, propagation across interface of refractive index $n_{1}$ to $n_{2}$, propagation across layer with refractive index $n_{2}$, propagation across interface of refractive index $n_{2}$ to $n_{1}$. The end terms are different ( $P$ and $D$ matrices), not both $D$ matrices as in Eq. A.114, since the unit cell repeats indefinitely (there is no final infinite homogeneous medium to
propagate into); the expression for $M$ must begin with a $D$ and finish with a $P$, or vice verca, in order to represent the periodicity of the system.

The details of the following deviate quite a bit from the treatment of [153] in that I consider $\Gamma$ and $T$ explicitly in the matrices here. I feel this makes the analysis simpler and more intuitive and also makes derivations based on the results easier to construct.

Expanding Eq. A. 127 using Eqs. A. 110 and A.112:

$$
\begin{align*}
M & =D_{12} P_{2} D_{21} P_{1} \\
& =\frac{1}{T_{12} T_{21}}\left(\begin{array}{cc}
1 & \Gamma_{12} \\
\Gamma_{12} & 1
\end{array}\right)\left(\begin{array}{cc}
e^{i \phi_{2}} & 0 \\
0 & e^{-i \phi_{2}}
\end{array}\right)\left(\begin{array}{cc}
1 & \Gamma_{21} \\
\Gamma_{21} & 1
\end{array}\right)\left(\begin{array}{cc}
e^{i \phi_{1}} & 0 \\
0 & e^{-i \phi_{1}}
\end{array}\right) \\
& =\frac{1}{T_{12} T_{21}}\left(\begin{array}{cc}
e^{i \phi_{2}} & e^{-i \phi_{2}} \Gamma_{12} \\
e^{i \phi_{2}} \Gamma_{12} & e^{-i \phi_{2}}
\end{array}\right)\left(\begin{array}{cc}
e^{i \phi_{1}} & e^{-i \phi_{1}} \Gamma_{21} \\
e^{i \phi_{1}} \Gamma_{21} & e^{-i \phi_{1}}
\end{array}\right) \\
& =\frac{1}{T_{12} T_{21}}\left(\begin{array}{ll}
e^{i \phi_{1}} e^{i \phi_{2}}+e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12} \Gamma_{21} & e^{-i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12}+e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{21} \\
e^{i \phi_{1}} e^{i \phi_{2}} \Gamma_{12}+e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{21} & e^{-i \phi_{1}} e^{-i \phi_{2}}+e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{12} \Gamma_{21}
\end{array}\right), \tag{A.128}
\end{align*}
$$

implying (Eq. A.114):

$$
\begin{align*}
& \qquad \begin{aligned}
M_{11} & =\frac{1}{T_{12} T_{21}}\left(e^{i \phi_{1}} e^{i \phi_{2}}+e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12} \Gamma_{21}\right) \\
& =\frac{e^{i \phi_{1}}}{T_{12} T_{21}}\left(e^{i \phi_{2}}+e^{-i \phi_{2}} \Gamma_{12} \Gamma_{21}\right) \\
\text { (by Eq. B.14) } & =\frac{e^{i \phi_{1}}}{T_{12} T_{21}}\left[\left(1+\Gamma_{12} \Gamma_{21}\right) \cos \phi_{2}+\left(1-\Gamma_{12} \Gamma_{21}\right) i \sin \phi_{2}\right] \\
\text { (by Eq. A.84) } & =e^{i \phi_{1}}\left[\cos \phi_{2}+\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right], \\
M_{12} & =\frac{1}{T_{12} T_{21}}\left(e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{21}+e^{-i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12}\right) \\
& =\frac{e^{-i \phi_{1}}}{T_{12} T_{21}}\left(e^{i \phi_{2}} \Gamma_{21}+e^{-i \phi_{2}} \Gamma_{12}\right) \\
\text { (by Eq. } A .83) & =e^{-i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}}\left(e^{i \phi_{2}}-e^{-i \phi_{2}}\right) \\
& =e^{-i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}} 2 i \sin \phi_{2},
\end{aligned}
\end{align*}
$$

$$
\begin{align*}
& \qquad \begin{aligned}
M_{21} & =\frac{1}{T_{12} T_{21}}\left(e^{i \phi_{1}} e^{i \phi_{2}} \Gamma_{12}+e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{21}\right) \\
& =\frac{e^{i \phi_{1}}}{T_{12} T_{21}}\left(e^{i \phi_{2}} \Gamma_{12}+e^{-i \phi_{2}} \Gamma_{21}\right) \\
\text { (by Eq. } A .83) & =-e^{i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}}\left(e^{i \phi_{2}}-e^{-i \phi_{2}}\right) \\
& =-e^{i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}} 2 i \sin \phi_{2},
\end{aligned} \\
& \qquad \begin{aligned}
& M_{22}=\frac{1}{T_{12} T_{21}}\left(e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{12} \Gamma_{21}+e^{-i \phi_{1}} e^{-i \phi_{2}}\right) \\
&=\frac{e^{-i \phi_{1}}}{T_{12} T_{21}}\left(e^{i \phi_{2}} \Gamma_{12} \Gamma_{21}+e^{-i \phi_{2}}\right) \\
&=\frac{e^{-i \phi_{1}}}{T_{12} T_{21}}\left[\left(1+\Gamma_{12} \Gamma_{21}\right) \cos \phi_{2}-\left(1-\Gamma_{12} \Gamma_{21}\right) i \sin \phi_{2}\right] \\
&\text { (by Eq. } B .14) \\
&\text { (by Eq. } A .84)=e^{-i \phi_{1}}\left[\cos \phi_{2}-\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right] .
\end{aligned}
\end{align*}
$$

More succinctly:

$$
\begin{align*}
& M_{11}=e^{i \phi_{1}}\left[\cos \phi_{2}+\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right]  \tag{A.133}\\
& M_{12}=e^{-i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}} 2 i \sin \phi_{2}  \tag{A.134}\\
& M_{21}=-e^{i \phi_{1}} \frac{\Gamma_{21}}{T_{12} T_{21}} 2 i \sin \phi_{2}  \tag{A.135}\\
& M_{22}=e^{-i \phi_{1}}\left[\cos \phi_{2}-\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right] . \tag{A.136}
\end{align*}
$$

which holds for both TE and TM polarisations, taking the correct $\Gamma_{\mathrm{TE}, \mathrm{TM}}$ and $T_{\mathrm{TE}, \mathrm{TM}}$ for each case. This formulation, and its derivation, is unique to this Thesis and is more general than that typically shown in the literature [36, 153], as only $\Gamma$ and $T$ themselves are used, an explicit form of them not being required.

The form of the transfer matrix in $[36,153]$ can be deduced from this by explicitly expanding $\Gamma$ and $T$ via Eqs.A. 70 to A.73. For TE polarisation:

$$
\begin{equation*}
\left(\frac{2}{T_{12} T_{21}}-1\right)=\frac{\left(k_{1 x}+k_{2 x}\right)^{2}}{2 k_{1 x} k_{2 x}}-1=\frac{k_{1 x}^{2}+k_{2 x}^{2}}{2 k_{1 x} k_{2 x}}=\frac{1}{2}\left(\frac{k_{1 x}}{k_{2 x}}+\frac{k_{2 x}}{k_{1 x}}\right), \tag{A.137}
\end{equation*}
$$

and:

$$
\begin{equation*}
\frac{\Gamma_{21}}{T_{12} T_{21}}=\frac{\left(\frac{k_{2 x}-k_{1 x}}{k_{1 x}+k_{2 x}}\right)}{\left(\frac{2 k_{1 x}}{k_{1 x}+k_{2 x}} \frac{2 k_{2 x}}{k_{1 x}+k_{2 x}}\right)}=\frac{\left(k_{2 x}-k_{1 x}\right)\left(k_{1 x}+k_{2 x}\right)}{4 k_{1 x} k_{2 x}}=\frac{1}{4}\left(\frac{k_{2 x}}{k_{1 x}}-\frac{k_{1 x}}{k_{2 x}}\right) \tag{A.138}
\end{equation*}
$$

The expansions for the TM polarisation produces exactly the same forms but with $k_{l x} \rightarrow$ $n_{l}^{2} k_{l x}$ (as per Eqs. A. 70 to A.73). Substituting Eqs. A. 137 and A. 138 into Eqs. A. 133 to A.136, for TE waves:

$$
\begin{align*}
& M_{11}^{\mathrm{TE}}=e^{i k_{1 x} t_{1}}\left[\cos \left(k_{2 x} t_{2}\right)+\frac{i}{2}\left(\frac{k_{1 x}}{k_{2 x}}+\frac{k_{2 x}}{k_{1 x}}\right) \sin \left(k_{2 x} t_{2}\right)\right]  \tag{A.139}\\
& M_{12}^{\mathrm{TE}}=\frac{i e^{-i k_{1 x} t_{1}}}{2}\left(\frac{k_{2 x}}{k_{1 x}}-\frac{k_{1 x}}{k_{2 x}}\right) \sin \left(k_{2 x} t_{2}\right)  \tag{A.140}\\
& M_{21}^{\mathrm{TE}}=\frac{-i e^{i k_{1 x} t_{1}}}{2}\left(\frac{k_{2 x}}{k_{1 x}}-\frac{k_{1 x}}{k_{2 x}}\right) \sin \left(k_{2 x} t_{2}\right)  \tag{A.141}\\
& M_{22}^{\mathrm{TE}}=e^{-i k_{1 x} t_{1}}\left[\cos \left(k_{2 x} t_{2}\right)-\frac{i}{2}\left(\frac{k_{1 x}}{k_{2 x}}+\frac{k_{2 x}}{k_{1 x}}\right) \sin \left(k_{2 x} t_{2}\right)\right] . \tag{A.142}
\end{align*}
$$

and for TM waves (instead using the $k_{l x} \rightarrow n_{l}^{2} k_{l x}$ forms of Eqs. A. 137 and A.138):

$$
\begin{align*}
& M_{11}^{\mathrm{TM}}=e^{i k_{1 x} t_{1}}\left[\cos \left(k_{2 x} t_{2}\right)+\frac{i}{2}\left(\frac{n_{1}^{2} k_{1 x}}{n_{2}^{2} k_{2 x}}+\frac{n_{2}^{2} k_{2 x}}{n_{1}^{2} k_{1 x}}\right) \sin \left(k_{2 x} t_{2}\right)\right]  \tag{A.143}\\
& M_{12}^{\mathrm{TM}}=\frac{i e^{-i k_{1 x} t_{1}}}{2}\left(\frac{n_{2}^{2} k_{2 x}}{n_{1}^{2} k_{1 x}}-\frac{n_{1}^{2} k_{1 x}}{n_{2}^{2} k_{2 x}}\right) \sin \left(k_{2 x} t_{2}\right)  \tag{A.144}\\
& M_{21}^{\mathrm{TM}}=\frac{-i e^{i k_{1 x} t_{1}}}{2}\left(\frac{n_{2}^{2} k_{2 x}}{n_{1}^{2} k_{1 x}}-\frac{n_{1}^{2} k_{1 x}}{n_{2}^{2} k_{2 x}}\right) \sin \left(k_{2 x} t_{2}\right)  \tag{A.145}\\
& M_{22}^{\mathrm{TM}}=e^{-i k_{1 x} t_{1}}\left[\cos \left(k_{2 x} t_{2}\right)-\frac{i}{2}\left(\frac{n_{1}^{2} k_{1 x}}{n_{2}^{2} k_{2 x}}+\frac{n_{2}^{2} k_{2 x}}{n_{1}^{2} k_{1 x}}\right) \sin \left(k_{2 x} t_{2}\right)\right] . \tag{A.146}
\end{align*}
$$

These explicit forms of $M$ for the TE and TM waves are identical to those given in [36, 153] but they were arrived at here through a more general route here.

In either formulation, one can readily see that:

$$
\begin{align*}
& M_{22}=M_{11}^{*},  \tag{A.147}\\
& M_{21}=M_{12}^{*} . \tag{A.148}
\end{align*}
$$

Indeed, from the precursor (Eq. A.128) of the general form of $M$ (Eqs. A.133 $\rightarrow$ A.136), and with the knowledge that $\Gamma, T \in \mathbb{R}$ in the absence of total reflection $(\theta \in \mathbb{R})$, as is the case for the work at hand, one finds:

$$
\begin{align*}
M_{11} M_{22}=\left|M_{11}\right|^{2} & =\frac{1}{\left(T_{12} T_{21}\right)^{2}}\left(e^{i \phi_{1}} e^{i \phi_{2}}+e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12} \Gamma_{21}\right)\left(e^{-i \phi_{1}} e^{-i \phi_{2}}+e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{12} \Gamma_{21}\right) \\
& =\frac{1}{\left(T_{12} T_{21}\right)^{2}}\left[\left(\Gamma_{12} \Gamma_{21}\right)^{2}+\left(e^{2 i \phi_{2}}+e^{-2 i \phi_{2}}\right) \Gamma_{12} \Gamma_{21}+1\right], \tag{A.149}
\end{align*}
$$

$$
\begin{align*}
M_{12} M_{21}=\left|M_{12}\right|^{2} & =\frac{1}{\left(T_{12} T_{21}\right)^{2}}\left(e^{-i \phi_{1}} e^{i \phi_{2}} \Gamma_{21}+e^{-i \phi_{1}} e^{-i \phi_{2}} \Gamma_{12}\right)\left(e^{i \phi_{1}} e^{-i \phi_{2}} \Gamma_{21}+e^{i \phi_{1}} e^{i \phi_{2}} \Gamma_{12}\right) \\
& =\frac{1}{\left(T_{12} T_{21}\right)^{2}}\left[\Gamma_{21}^{2}+\Gamma_{12}^{2}+\left(e^{2 i \phi_{2}}+e^{-2 i \phi_{2}}\right) \Gamma_{12} \Gamma_{21}\right] \\
\text { (by Eq. A.83) } & =\frac{\left(e^{2 i \phi_{2}}+e^{-2 i \phi_{2}}-2\right) \Gamma_{12} \Gamma_{21}}{\left(T_{12} T_{21}\right)^{2}} \tag{A.150}
\end{align*}
$$

The matrix $M$ is then found to be unitary (its determinant is unity):

$$
\begin{align*}
& \qquad \begin{aligned}
\operatorname{det}(M) & =M_{11} M_{22}-M_{12} M_{21}=\left|M_{11}\right|^{2}-\left|M_{12}\right|^{2} \\
& =\frac{\left[\left(\Gamma_{12} \Gamma_{21}\right)^{2}+\left(e^{2 i \phi_{2}}+e^{-2 i \phi_{2}}\right) \Gamma_{12} \Gamma_{21}+1\right]-\left(e^{2 i \phi_{2}}+e^{-2 i \phi_{2}}-2\right) \Gamma_{12} \Gamma_{21}}{\left(T_{12} T_{21}\right)^{2}} \\
& =\frac{\left(\Gamma_{12} \Gamma_{21}\right)^{2}+2 \Gamma_{12} \Gamma_{21}+1}{\left(T_{12} T_{21}\right)^{2}} \\
& =\frac{\left(\Gamma_{12} \Gamma_{21}+1\right)^{2}}{\left(T_{12} T_{21}\right)^{2}} \\
\text { (by Eq. A.84) } & =1
\end{aligned}
\end{align*}
$$

Since $M$ is unitary, by Section B.2, its two eigenvalues must be the inverse of each other. From Eq. A.124, the eigenvalues $e^{\mp i K \lambda}$ satisfy this requirement. These eigenvalues must then satisfy [using Eq. A. 125 with $\operatorname{det}(M)=1$ ]:

$$
\begin{equation*}
e^{\mp i K \Lambda}=\frac{M_{11}+M_{22}}{2} \pm \sqrt{\left(\frac{M_{11}+M_{22}}{2}\right)^{2}-1 .} \tag{A.152}
\end{equation*}
$$

The $\mp$ and $\pm$ aren't necessarily correlated.

By adding the two eigenvalues together, one can then solve for the Bloch wavenumber itself:

$$
\begin{equation*}
K(\tilde{n}, \omega)=\frac{1}{\Lambda} \cos ^{-1}\left[\operatorname{Re}\left(M_{11}\right)\right] \tag{A.153}
\end{equation*}
$$

where Eq. A. 147 has been used, producing $M_{11}+M_{22}=M_{11}+M_{11}^{*}=\operatorname{Re}\left(M_{11}\right)$.
Immediately one can say that for waves with $\tilde{n}$ and $\omega$ producing $\left|\operatorname{Re}\left(M_{11}\right)\right| \leq 1, K$ will be real and hence, by the field expression of Eq. A.120, correspond to Bloch waves propagating in one or the other direction across the infinite structure without loss.

However, if a wave produces $\left|\operatorname{Re}\left(M_{11}\right)\right|>1$, then $K$ will be complex and hence have an imaginary part: $K=\frac{m \pi}{\Lambda} \pm i K_{i}$, where $K_{i} \in \mathbb{R}^{+}$. More precisely, for $\operatorname{Re}\left(M_{11}\right)>1$, $K=\frac{m \pi}{\Lambda}+i K_{i}$, and for $\operatorname{Re}\left(M_{11}\right) \leq-1, K=\frac{(m+1) \pi}{\Lambda}-i K_{i}$, due to the nature of the $\cos ^{-1}$ function. By Eq. A.120, $\operatorname{Re}\left(M_{11}\right)>1$ thus corresponds to a Bloch wave with exponential dependence $e^{i K x}$, in order to avoid an unphysical gain term. Similarly, $\operatorname{Re}\left(M_{11}\right) \leq-1$ corresponds to a Bloch wave with exponential dependence $e^{-i K x}$. This

| Bandgap condition/region | $K(\tilde{n}, \omega)$ | Bloch wave |
| :---: | :---: | :---: |
| $\operatorname{Re}\left(M_{11}\right)>1$ | $K=m \pi+i K_{i}$ | $E_{K}(x) e^{-i \beta z} e^{i K x}$ |
| $\operatorname{Re}\left(M_{11}\right) \leq-1$ | $K=(m+1) \pi-i K_{i}$ | $E_{K}(x) e^{-i \beta z} e^{-i K x}$ |

TABLE A.1: Physically allowed Bloch wavenumbers and fields for the two fundamental bandgap conditions, arising from the general condition $\left|\operatorname{Re}\left(M_{11}\right)\right|>1$, which defines the bandgap regions on the $(\tilde{n}, \omega)$ plane. $K_{i} \in \mathbb{R}^{+}$. The branches of the $\cos ^{-1}$ function are unique to order $m \in \mathbb{Z}$.
analysis is summarised in Table A.1. These summarised points I have derived specifically for this Thesis since they are subtle but necessary for the proper treatment of this problem; to the best of my knowledge these relations are not discussed in the literature, possibly being implicitly assumed or simply for brevity.

Therefore, for $\left|\operatorname{Re}\left(M_{11}\right)\right|>1$, the physically permitted Bloch wave is evanescent and decays exponentially into the structure. Waves residing in this region of the ( $\tilde{n}, \omega$ ) plane are said to be within the structure's bandgaps, i.e., the regions in between the banded regions in which the Bloch waves are permitted to propagate.

The edges of the bandgaps are thus defined by the equality $\left|\operatorname{Re}\left(M_{11}\right)\right|=1$.

It is noteworthy that, via Eqs. A. 133 to A.136, the expression can be expanded for both TE and TM polarisations as:

$$
\begin{align*}
& \qquad \begin{aligned}
\operatorname{Re}\left(M_{11}\right)= & \frac{e^{i \phi_{1}}}{2}\left[\cos \phi_{2}+\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right] \\
& +\frac{e^{-i \phi_{1}}}{2}\left[\cos \phi_{2}-\left(\frac{2}{T_{12} T_{21}}-1\right) i \sin \phi_{2}\right] \\
= & \frac{e^{i \phi_{1}}+e^{-i \phi_{1}}}{2} \cos \phi_{2}+\left(\frac{2}{T_{12} T_{21}}-1\right) \frac{e^{i \phi_{1}}-e^{-i \phi_{1}}}{2} i \sin \phi_{2} \\
= & \cos \phi_{1} \cos \phi_{2}-\left(\frac{2}{T_{12} T_{21}}-1\right) \sin \phi_{1} \sin \phi_{2} \\
\text { (by Eq. } B .15)= & \frac{1+\left(\frac{2}{T_{12} T_{21}}-1\right)}{2} \cos \left(\phi_{1}+\phi_{2}\right)+\frac{1-\left(\frac{2}{T_{12} T_{21}}-1\right)}{2} \cos \left(\phi_{1}-\phi_{2}\right) \\
= & \frac{\cos \left(\phi_{1}+\phi_{2}\right)}{T_{12} T_{21}}+\left(1-\frac{1}{T_{12} T_{21}}\right) \cos \left(\phi_{1}-\phi_{2}\right)
\end{aligned}
\end{align*}
$$

## A. 4 Homogeneous Cylindrical Waveguides

The asymptotic analyses below are not trivial and are not made as explicit in the literature as they could be. I have tried to expand on the analysis here to demonstrate the particulars of the derivations made in Ref. [5].

As will be shown later, physical insight can be drawn by considering the similarities between guidance within a Bragg fiber and a simple dielectric 'tube' (a circular air hole surrounded by a uniform dielectric, see Fig. A.7). The tube was one of the first structures considered for telecommunications [5, 7]. Marcatili et al. [5] describe the theory of propagation within tube structures using the general solution to the stepindex waveguide of Stratton [6] where the core refractive index $n_{0}$ can be higher or lower than the cladding index $n_{1}$. The core diameter is $t_{\text {core }}=t_{0}=2 a(a$ is the core radius).

The main difference between the two cases is that the truly bound modes of the $n_{0}>n_{1}$ case are replaced by the fundamentally leaky modes of the $n_{0}<n_{1}$ case (like the tube). We begin by considering the most general case of arbitrary fields and work towards the case of guided waves in a step-index waveguide for both $n_{0}>n_{1}$ and, of most interest for this work, $n_{0}<n_{1}$ (Fig. A.7).


Figure A.7: Schematic of a cylindrical depressed-core dielectric waveguide (a tube) with infinite cladding extent. Here the notation is simplified as $n_{0}=n_{\text {core }}$ and $n_{1}=$ $n_{\text {clad }}$, and $t_{0}=t_{\text {core }}=2 a$ and $t_{1}=t_{\text {clad }}$.

## A.4.1 Arbitrary Fields from Cylindrical Wavefunctions

Any electromagnetic field within a homogeneous and isotropic domain can be represented, in cylindrical coordinates, by a linear combination of the elementary cylindrical wave functions [6]-§ 6.4:

$$
\begin{align*}
& \psi_{l \beta k_{i}}=e^{i l \theta} J_{l}\left(\sqrt{k_{i}^{2}-\beta^{2}} r\right) e^{ \pm i \beta z-i \omega t},  \tag{A.155}\\
& \psi_{l \beta k_{i}}=e^{i l \theta} H_{l}^{(1)}\left(\sqrt{k_{i}^{2}-\beta^{2}} r\right) e^{ \pm i \beta z-i \omega t} . \tag{A.156}
\end{align*}
$$

Equation A. 155 applies to propagation within spatially finite domains (including the $r=0$ axis) since the Bessel function of the first kind $J_{l}(r)$ is finite at $r=0$. For propagation in media far from such regions, though, the wavefunction must behave appropriately. The wavefunction of Eq. A. 156 satisfies this since as $r \rightarrow \infty$, the spatial part reduces asymptotically to $\sqrt{\frac{2}{\pi r}} e^{-i \frac{\pi}{2}\left(l+\frac{1}{2}\right)} e^{i r} e^{ \pm i \beta z}$ (Eq. B.34), representing a sinusoidal wave propagating radially outward, as expected for a wave far from its source. Note that if the propagating mode has a propagation constant $\beta \in \mathbb{R}$ producing $\sqrt{k_{i}^{2}-\beta^{2}}=i \operatorname{Im}\left\{\sqrt{k_{i}^{2}-\beta^{2}}\right\}$, then, using the relation $K_{n}(z) \equiv \frac{\pi}{2} i^{n+1} H_{n}^{(1)}(i z)$, the cladding field becomes evanescent (exponentially decaying as $r \rightarrow \infty$ ), as expected for waveguides with $n_{\text {core }}>n_{\text {clad }}$ which produce such $\beta$. This behaviour explicitly demonstrates the main difference between bound- and leaky-mode guidance.

These cylindrical (scalar) wavefunctions can be used to find the values of the vectorial electric and magnetic fields. From a general consideration of the impedances of the individual field components, one can show that the field components can be expressed in terms of wavefunctions such as Eqs. A. 155 and A. 156 as ([6]-§ 6.6); for transverse electric (TE) components:

$$
\begin{array}{lll}
E_{r}= \pm \frac{i \mu \omega}{r} \frac{\partial \psi}{\partial \theta}, & E_{\theta}= \pm-i \mu \omega \frac{\partial \psi}{\partial r}, & E_{z}=0, \\
H_{r}= \pm i \beta \frac{\partial \psi}{\partial r}, & H_{\theta}= \pm \frac{i \beta}{r} \frac{\partial \psi}{\partial \theta}, & H_{z}=\left(k_{i}^{2}-\beta^{2}\right) \psi,
\end{array}
$$

and for transverse magnetic (TM) components:

$$
\begin{array}{lll}
E_{r}= \pm i \beta \frac{\partial \psi}{\partial r}, & E_{\theta}= \pm \frac{i \beta}{r} \frac{\partial \psi}{\partial \theta}, & E_{z}=\left(k_{i}^{2}-\beta^{2}\right) \psi, \\
H_{r}= \pm \frac{i k_{i}^{2}}{\mu \omega} \frac{1}{r} \frac{\partial \psi}{\partial \theta}, & H_{\theta}= \pm \frac{i k_{i}^{2}}{\mu \omega} \frac{\partial \psi}{\partial r}, & \\
H_{z}=0 .
\end{array}
$$

Here TE fields are defined in that the longitudinal electric field component is absent: $E_{z}=0,[6]-\S 6.1$. In the same sense, transverse magnetic fields are defined by $H_{z}=0$. While typically consistent, much care must be taken when interpreting the connection with the TE and TM fields of the ray picture discussed in Sections A.2.

When initial conditions are given over a plane or cylindrical surface, a solution may be constructed by a superposition of elementary wave functions such as those in Eqs. A. 155 and A.156. For fixed values of $k_{i}$ and $\beta$ and a given set of elementary wavefunctions $\psi_{l}$, by superposing the above impedance-derived field components, an arbitrary solution would thus be:

$$
\begin{align*}
& E_{r}=i \beta \sum_{l=-\infty}^{\infty} a_{l} \frac{\partial \psi_{l}}{\partial r}-\frac{\mu \omega}{r} \sum_{l=-\infty}^{\infty} l b_{l} \psi_{l} \\
& E_{\theta}=-\frac{\beta}{r} \sum_{l=-\infty}^{\infty} l a_{l} \psi_{l}-i \mu \omega \sum_{l=-\infty}^{\infty} b_{l} \frac{\partial \psi_{l}}{\partial r}  \tag{A.157}\\
& E_{z}=\left(k_{i}^{2}-\beta^{2}\right) \sum_{l=-\infty}^{\infty} a_{l} \psi_{l} \\
& H_{r}=\frac{k_{i}^{2}}{\mu \omega} \frac{1}{r} \sum_{l=-\infty}^{\infty} l a_{l} \psi_{l}+i \beta \sum_{l=-\infty}^{\infty} b_{l} \frac{\partial \psi_{l}}{\partial r} \\
& H_{\theta}=\frac{i k_{i}^{2}}{\mu \omega} \sum_{l=-\infty}^{\infty} a_{l} \frac{\partial \psi_{l}}{\partial r}-\frac{\beta}{r} \sum_{l=-\infty}^{\infty} l b_{l} \psi_{l}  \tag{A.158}\\
& H_{z}=\left(k_{i}^{2}-\beta^{2}\right) \sum_{l=-\infty}^{\infty} b_{l} \psi_{l}
\end{align*}
$$

where $a_{l}$ and $b_{l}$ are coefficients that can be determined from initial conditions.

## A.4.2 Waveguidance Along a Cylinder

The general expressions above for an arbitrary field in cylindrical coordinates, Eqs. A. 157 and A.158, can now be applied to the specific case of a cylindrical waveguide. No restrictions on the core or cladding material are made yet ${ }^{18}$, except that the core has refractive index $n_{a}$ and the cladding $n_{b}$. Let the core radius be $a$ and the cladding be infinite.

Since guided waves must have finite amplitude within the guidance region, $r<a$, according to the previous section, Bessel functions of the first kind must be used (Eq. A.155). Outside of the guidance region, $r>a$, the wave fields must behave correctly at infinity. According to the previous section, Hankel functions must be used here. Indeed, the asymptotically sinusoidal behaviour of $H_{l}^{(1)}(r)$ (Section A.4.1 and Appendix B.4.2) as $r \rightarrow \infty$ is strictly required for the cladding fields of waveguide radiation modes [146, $178,214]$, and so its requirement here is natural.

[^15]Using this knowledge, we can now determine the forms of the fields inside and outside the cylinder. For all points $r<a$ (in the core):

$$
\begin{align*}
& E_{r}=\sum_{l=-\infty}^{\infty}\left[\frac{i \beta a}{u} J_{l}^{\prime}(u r / a) a_{l}-\frac{\mu_{a} \omega l a^{2}}{u^{2} r} J_{l}(u r / a) b_{l}\right] F_{l}, \\
& E_{\theta}=-\sum_{l=-\infty}^{\infty}\left[\frac{l \beta a^{2}}{u^{2} r} J_{l}(u r / a) a_{l}+\frac{i \mu_{a} a \omega}{u} J_{l}^{\prime}(u r / a) b_{l}\right] F_{l},  \tag{A.159}\\
& E_{z}=\sum_{l=-\infty}^{\infty}\left[J_{l}(u r / a) a_{l}\right] F_{l}, \\
& H_{r}=-\sum_{l=-\infty}^{\infty}\left[\frac{l k_{a} a^{2}}{\mu_{a} \omega u^{2} r} J_{l}(u r / a) a_{l}+\frac{i \beta a}{u} J_{l}^{\prime}(u r / a) b_{l}\right] F_{l}, \\
& H_{\theta}=\sum_{l=-\infty}^{\infty}\left[\frac{i k_{a}^{2} a}{\mu_{a} \omega u} J_{l}^{\prime}(u r / a) a_{l}-\frac{l \beta a^{2}}{u^{2} r} J_{l}(u r / a) b_{l}\right] F_{l},  \tag{A.160}\\
& H_{z}=\sum_{l=-\infty}^{\infty}\left[J_{l}(u r / a) b_{l}\right] F_{l},
\end{align*}
$$

and for all points $r>a$ (in the cladding):

$$
\begin{align*}
& E_{r}=\sum_{l=-\infty}^{\infty}\left[\frac{i \beta a}{v} H_{l}^{(1) \prime}(v r / a) c_{l}-\frac{\mu_{b} \omega l a^{2}}{v^{2} r} H_{l}^{(1)}(v r / a) d_{l}\right] F_{l} \\
& E_{\theta}=-\sum_{l=-\infty}^{\infty}\left[\frac{l \beta a^{2}}{v^{2} r} H_{l}^{(1)}(v r / a) c_{l}+\frac{i \mu_{b} a \omega}{v} H_{l}^{(1) \prime}(v r / a) d_{l}\right] F_{l}  \tag{A.161}\\
& E_{z}=\sum_{l=-\infty}^{\infty}\left[H_{l}^{(1)}(v r / a) c_{l}\right] F_{l} \\
& H_{r}=-\sum_{l=-\infty}^{\infty}\left[\frac{l k_{a} a^{2}}{\mu_{b} \omega v^{2} r} H_{l}^{(1)}(v r / a) c_{l}+\frac{i \beta a}{v} H_{l}^{(1) \prime}(v r / a) d_{l}\right] F_{l}, \\
& H_{\theta}=\sum_{l=-\infty}^{\infty}\left[\frac{i k_{a}^{2} a}{\mu_{b} \omega v} H_{l}^{(1) \prime}(v r / a) c_{l}-\frac{l \beta a^{2}}{v^{2} r} H_{l}^{(1)}(v r / a) d_{l}\right] F_{l},  \tag{A.162}\\
& H_{z}=\sum_{l=-\infty}^{\infty}\left[H_{l}^{(1)}(v r / a) d_{l}\right] F_{l}
\end{align*}
$$

where:

$$
\begin{align*}
& u=a \sqrt{k^{2} n_{a}^{2}-\beta^{2}}=a k \sqrt{n_{a}^{2}-\tilde{n}^{2}}  \tag{A.163}\\
& v=a \sqrt{k^{2} n_{b}^{2}-\beta^{2}}=a k \sqrt{n_{b}^{2}-\tilde{n}^{2}} \tag{A.164}
\end{align*}
$$

and the azimuthal periodicity and longitudinal and temporal oscillations are taken care of with:

$$
\begin{equation*}
F_{l}=e^{i l \theta+i \beta z-i \omega t} \tag{A.165}
\end{equation*}
$$

The prime above the Bessel and Hankel functions implies differentiation with respect to the argument.

The coefficients $a_{l}, b_{l}, c_{l}$, and $d_{l}$ are as yet undetermined. They can be related, however, by enforcing the required continuity boundary conditions at the interface; across $r=a$, the tangential components of the fields $\left(E_{\theta}, H_{\theta}, E_{z}, H_{z}\right)$ are continuous. By equating the $i^{\text {th }}$ terms of the tangential components in Eqs. A. 159 and A. 160 with their counterparts in Eqs. A. 161 and A.162, one finds, from the tangential components of $\mathbf{E}$ :

$$
\begin{align*}
\frac{l \beta}{u^{2}} J_{l}(u) a_{l}+\frac{i \mu_{a} \omega}{u} J_{l}^{\prime}(u) b_{l} & =\frac{l \beta}{v^{2}} H_{l}^{(1)}(v) c_{l}+\frac{i \mu_{b} \omega}{v} H_{l}^{(1) \prime}(v) d_{l}  \tag{A.166}\\
J_{l}(u) a_{l} & =H_{l}^{(1)}(v) c_{l} \tag{A.167}
\end{align*}
$$

and from the tangential components of $\mathbf{H}$ :

$$
\begin{align*}
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J_{l}^{\prime}(u) a_{l}-\frac{l \beta}{u^{2}} J_{l}(u) b_{l} & =\frac{i k_{b}^{2}}{\mu_{b} \omega v} H_{l}^{(1) \prime}(v) c_{l}-\frac{l \beta}{v^{2}} H_{l}^{(1)}(v) d_{l}  \tag{A.168}\\
J_{l}(u) b_{l} & =H_{l}^{(1)}(v) d_{l} \tag{A.169}
\end{align*}
$$

Recasting as a matrix equation:

$$
\left(\begin{array}{cccc}
J_{l}(u) & 0 & -H_{l}^{(1)}(v) & 0  \tag{A.170}\\
0 & J_{l}(u) & 0 & -H_{l}^{(1)}(v) \\
\frac{l \beta}{u^{2}} J_{l}(u) & \frac{i \mu_{a} \omega}{u} J_{l}^{\prime}(u) & -\frac{l \beta}{v^{2}} H_{l}^{(1)}(v) & -\frac{i \mu_{b} \omega}{v} H_{l}^{(1) \prime}(v) \\
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J_{l}^{\prime}(u) & -\frac{l \beta}{u^{2}} J_{l}(u) & -\frac{i k_{b}^{2}}{\mu_{b} \omega v} H_{l}^{(1) \prime}(v) & \frac{l \beta}{v^{2}} H_{l}^{(1)}(v)
\end{array}\right)\left(\begin{array}{c}
a_{l} \\
b_{l} \\
c_{l} \\
d_{l}
\end{array}\right)=A \boldsymbol{\alpha}=0 .
$$

This set of equations represent a homogeneous system of linear equations $(A \boldsymbol{\alpha}=0)$ of the coefficients $a_{l}, b_{l}, c_{l}$, and $d_{l}$, which admits a nontrivial solution only when its determinant disappears: $\operatorname{det}(A)=0$. Given this, the propagation constant $\beta$ can be determined by enforcing the condition $\operatorname{det}(A)=0$, which is independent of the value of the coefficients themselves.

Evaluating $\operatorname{det}(A)$ by expanding it into minors, and setting $J_{l}(u) \rightarrow J$ and $H_{l}^{(1)}(v) \rightarrow H$ for convenience, one finds:

$$
\begin{align*}
& \operatorname{det}(A)=\left|\begin{array}{cccc}
J & 0 & -H & 0 \\
0 & J & 0 & -H \\
\frac{l \beta}{u^{2}} J & \frac{i \mu_{a} \omega}{u} J^{\prime} & -\frac{l \beta}{v^{2}} H & -\frac{i \mu_{b} \omega}{v} H^{\prime} \\
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J^{\prime} & -\frac{l \beta}{u^{2}} J & -\frac{i k_{b}^{2}}{\mu_{b} \omega v} H^{\prime} & \frac{l \beta}{v^{2}} H
\end{array}\right| \\
& =J\left|\begin{array}{ccc}
J & 0 & -H \\
\frac{i \mu_{a} \omega}{u} J^{\prime} & -\frac{l \beta}{v^{2}} H & -\frac{i \mu_{b} \omega}{v} H^{\prime} \\
\frac{l \beta}{u^{2}} J & -\frac{i k_{b}^{2}}{\mu_{b} \omega v} H^{\prime} & \frac{l \beta}{v^{2}} H
\end{array}\right|-H\left|\begin{array}{ccc}
0 & J & -H \\
\frac{l \beta}{u^{2}} J & \frac{i \mu_{a} \omega}{u} J^{\prime} & -\frac{i \mu_{b} \omega}{v} H^{\prime} \\
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J^{\prime} & -\frac{l \beta}{u^{2}} J & \frac{l \beta}{v^{2}} H
\end{array}\right| \\
& =J\left\{J\left|\begin{array}{cc}
-\frac{i \beta}{v^{2}} H & -\frac{i \mu_{b} \omega}{v} H^{\prime} \\
-\frac{i k_{b}^{2}}{\mu_{b} \omega v} H^{\prime} & \frac{l \beta}{v^{2}} H
\end{array}\right|-H\left|\begin{array}{cc}
\frac{i \mu_{a} \omega}{u} J^{\prime} & -\frac{i \beta}{v^{2}} H \\
\frac{l \beta}{u^{2}} J & -\frac{i k_{b}^{2}}{\mu_{b} \omega v} H^{\prime}
\end{array}\right|\right\} \\
& -H\left\{-J\left|\begin{array}{cc}
\frac{l \beta}{u^{2}} J & -\frac{i \mu_{b} \omega}{v} H^{\prime} \\
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J^{\prime} & \frac{l \beta}{v^{2}} H
\end{array}\right|-H\left|\begin{array}{cc}
\frac{i \beta}{u^{2}} J & \frac{i \mu_{a} \omega}{u} J^{\prime} \\
\frac{i k_{a}^{2}}{\mu_{a} \omega u} J^{\prime} & -\frac{l \beta}{u^{2}} J
\end{array}\right|\right\} \\
& =J^{2}\left[-\left(\frac{l \beta}{v^{2}}\right)^{2} H^{2}-\left(\frac{i \mu_{b} \omega}{v}\right)\left(\frac{i k_{b}^{2}}{\mu_{b} \omega v}\right) H^{\prime 2}\right] \\
& -J H\left[-\left(\frac{i \mu_{a} \omega}{u}\right)\left(\frac{i k_{b}^{2}}{\mu_{b} \omega v}\right) J^{\prime} H^{\prime}-\left(\frac{l \beta}{u^{2}}\right)\left(\frac{l \beta}{v^{2}}\right) J H\right] \\
& +J H\left[\left(\frac{l \beta}{u^{2}}\right)\left(\frac{l \beta}{v^{2}}\right) J H+\left(\frac{i \mu_{b} \omega}{v}\right)\left(\frac{i k_{a}^{2}}{\mu_{a} \omega u}\right) J^{\prime} H^{\prime}\right] \\
& +H^{2}\left[-\left(\frac{l \beta}{u^{2}}\right)^{2} J^{2}-\left(\frac{i \mu_{a} \omega}{u}\right)\left(\frac{i k_{a}^{2}}{\mu_{a} \omega u}\right) J^{\prime 2}\right] \\
& =J^{2} H^{2}\left[2\left(\frac{l \beta}{u^{2}}\right)\left(\frac{l \beta}{v^{2}}\right)-\left(\frac{l \beta}{u^{2}}\right)^{2}-\left(\frac{l \beta}{v^{2}}\right)^{2}\right] \\
& +J J^{\prime} H H^{\prime}\left[\left(\frac{i \mu_{\mathrm{a}} \omega}{u}\right)\left(\frac{i k_{\mathrm{b}}^{2}}{\mu_{\mathrm{b}} \omega v}\right)+\left(\frac{i \mu_{\mathrm{b}} \omega}{v}\right)\left(\frac{i k_{\mathrm{a}}^{2}}{\mu_{\mathrm{a}} \omega u}\right)\right] \\
& -J^{2} H^{\prime 2}\left(\frac{i \mu_{\mathrm{b}} \omega}{v}\right)\left(\frac{i k_{\mathrm{b}}^{2}}{\mu_{\mathrm{b}} \omega v}\right) \\
& -J^{\prime 2} H^{2}\left(\frac{i \mu_{\mathrm{a}} \omega}{u}\right)\left(\frac{i k_{\mathrm{a}}^{2}}{\mu_{\mathrm{a}} \omega u}\right) \\
& =-J^{2} H^{2} l^{2} \beta^{2}\left(1 / u^{2}-1 / v^{2}\right)^{2} \\
& -J J^{\prime} H H^{\prime}\left[\left(\mu_{\mathrm{b}} / \mu_{\mathrm{a}}\right) k_{\mathrm{a}}^{2}+\left(\mu_{\mathrm{a}} / \mu_{\mathrm{b}}\right) k_{\mathrm{b}}^{2}\right] /(u v) \\
& +J^{2} H^{\prime 2}\left(k_{\mathrm{b}}^{2} / v^{2}\right) \\
& +J^{\prime 2} H^{2}\left(k_{\mathrm{a}}^{2} / u^{2}\right) \text {. } \tag{A.171}
\end{align*}
$$

and then by enforcing $\operatorname{det}(A)=0$ and dividing all by $J^{2} H^{2}$ :

$$
\begin{equation*}
\frac{J^{\prime 2}}{u^{2} J^{2}} k_{\mathrm{a}}^{2}+\frac{H^{\prime 2}}{v^{2} H^{2}} k_{\mathrm{b}}^{2}-\frac{J^{\prime} H^{\prime}}{u v J H}\left[\left(\mu_{\mathrm{b}} / \mu_{\mathrm{a}}\right) k_{\mathrm{a}}^{2}+\left(\mu_{\mathrm{a}} / \mu_{\mathrm{b}}\right) k_{\mathrm{b}}^{2}\right]=l^{2} \beta^{2}\left(1 / u^{2}-1 / v^{2}\right)^{2} . \tag{A.172}
\end{equation*}
$$

Factorising this and replacing the indices and arguments of the functions, one gets:

$$
\begin{equation*}
\left[\frac{\mu_{\mathrm{a}}}{u} \frac{J_{l}^{\prime}(u)}{J_{l}(u)}-\frac{\mu_{\mathrm{b}}}{v} \frac{H_{l}^{(1)^{\prime}}(v)}{H_{l}^{(1)}(v)}\right]\left[\frac{k_{\mathrm{a}}^{2}}{\mu_{\mathrm{a}} u} \frac{J_{l}^{\prime}(u)}{J_{l}(u)}-\frac{k_{\mathrm{b}}^{2}}{\mu_{\mathrm{b}} v} \frac{H_{l}^{(1)}(v)}{H_{l}^{(1)}(v)}\right]=l^{2} \beta^{2}\left(\frac{1}{u^{2}}-\frac{1}{v^{2}}\right)^{2} \tag{A.173}
\end{equation*}
$$

which for purely dielectric media ( $\mu_{i} \rightarrow 1$ ) becomes:

$$
\begin{equation*}
\left[\frac{J_{l}^{\prime}(u)}{u J_{l}(u)}+\frac{H_{l}^{(1)^{\prime}}(v)}{v H_{l}^{(1)}(v)}\right]\left[n_{0}^{2} \frac{J_{l}^{\prime}(u)}{u J_{l}(u)}+n_{1}^{2} \frac{H_{l}^{(1)^{\prime}}(v)}{v H_{l}^{(1)}(v)}\right]=l^{2} \frac{\beta^{2}}{k^{2}}\left(\frac{1}{u^{2}}+\frac{1}{v^{2}}\right)^{2} \tag{A.174}
\end{equation*}
$$

This is the dispersion relation or characteristic equation for the cylindrical waveguide. It can be used to determine the longitudinal phase accumulation per unit length, the propagation constant $\beta$, of an arbitrary supported mode. Since Eq. A. 174 is transcendental, it must be solved numerically. Alternatively, one can enforce approximations to simplify its manipulation. Note that these days it is far more common for textbooks to cover the derivation of raised-core cylindrical waveguide where $n_{0}>n_{1}$ (the 'step-index fibre') due to the overwhelming influence of the now indispensable silica step-index fibre used throughout modern telecommunications. Indeed, it can be shown that Eq. (A.174) reduces to the typical full-vector dispersion equation for this more familiar raised-core step index fiber when one enforces $n_{a}>\tilde{n}>n_{b}$, and noting the relation between the modified Bessel function of the second kind and the first order Hankel function $K_{n}(z) \equiv \frac{\pi}{2} i^{n+1} H_{n}^{(1)}(i z)$. A worked demonstration of this is given in Appendix B.4.1

## A.4.3 Asymptotic Form of Dielectric Tube Modes

Consider now an air/vacuum-core ( $n_{0}=1$ ), such as in Fig. 2.2. Making the reasonable assumptions [5]:

$$
\begin{align*}
k a & \gg|l| u_{l m},  \tag{A.175}\\
|(\beta / k)-1| & \ll 1 \tag{A.176}
\end{align*}
$$

the problem is simplified substantially. $a$ is the core radius, as defined above. $u_{l m}$ is the $m^{\text {th }}$ zero of the Bessel function $J_{l-1}\left(u_{l m}\right)$ where $l$ and $m$ are the azimuthal and radial quantum numbers of a given mode respectively; Table A. 2 shows a selection of approximations to some low-order zeroes. Inequality (A.175) states that the wavelength of the guided light must be much smaller than the core and that only low-order modes be considered, while inequality (A.176) restricts accurate analysis to modes with $\beta$ close to the air-line $\beta=k$. These assumptions are satisfied by most of the structures and modes considered here.

| $l \downarrow \quad m \rightarrow$ | 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2.405 | 5.52 | 8.654 | 11.796 |
| 2 or 0 | 3.832 | 7.016 | 10.173 | 13.324 |
| 3 or -1 | 5.136 | 8.417 | 11.62 | 14.796 |
| 4 or -2 | 6.380 | 9.761 | 13.015 | 16.223 |

TABLE A.2: Approximate values of low-order zeroes $u_{l m}$ of $J_{l-1}(z)$ for $z \in \mathbb{R}$, i.e., values producing $J_{l-1}\left(u_{l m}\right)=0$. The degeneracy for values $|l|>1$ arises from the Bessel function index symmetry property $J_{-l}=(-1)^{l} J_{l}$.

Using these assumptions, the dispersion relation can be manipulated to give the propagation constant analytically [5]:

$$
\begin{gather*}
\beta=\frac{2 \pi}{\lambda}\left\{1-\frac{1}{2}\left(\frac{u_{l m} \lambda}{2 \pi R}\right)^{2}\right\}+i\left(\frac{u_{l m}}{2 \pi}\right)^{2} \frac{\lambda^{2}}{R^{3}} \nu_{l}  \tag{A.177}\\
\text { where } \nu_{l}= \begin{cases}\frac{1}{\sqrt{n_{1}^{2}-1}} & \text { for } \mathrm{TE}_{0 m} \\
\frac{n_{1}^{2}}{\sqrt{n_{1}^{2}-1}} & \text { for } \mathrm{TM}_{0 m} \\
\frac{n_{1}^{2}+1}{2 \sqrt{n_{1}^{2}-1}} & \text { for } \mathrm{HE}_{l m}\end{cases}
\end{gather*}
$$

An important corollary of this is that all the mode types (TE,TM, and HE) of a given set $(l, m)$ are degenerate in $\operatorname{Re}\{\beta\}$ under this approximation. $\operatorname{Im}\{\beta\}$, however, is polarization dependent. This is a result of the Brewster phenomenon mentioned in Section A.2.1.2, and for the same reasons, sees the TM mode always having a higher loss than the TE. The hybrid modes have a loss somewhere in between since their wavevectors are composed of both TE and TM components (i.e., they correspond to skew rays in the plane-wave regime).

Note how modes lying close to the light-line have the lowest loss: as $\lambda$ decreases, $\operatorname{Re}\{\beta\}$ approaches $k_{0}$ monotonically while $\operatorname{Im}\{\beta\}$ is proportional to $\lambda^{2}$ and hence decreases. From a ray picture, $\beta$ approaching the light-line is equivalent to bound rays approach glancing incidence, thus confinement loss is reduced as the Fresnel reflectance is increased (Fig. A.4).

## A. 5 Periodic Multilayer Cylindrical Waveguides: Bragg Fibres

## A.5.1 Transfer Matrix Solution of a Bragg Fibre

I will refer to the method shown here as the cylindrical transfer matrix method (cTMM) since it is conceptually identical to the pTMM from Section A.3.1 discussed above, except that here cylindrical waves, as discussed in Section A.4.1, are used to describe guidance within structures consisting of concentric cylindrical features (forming annular layers). As formulated here, the method is applied to the focus of this Thesis, Bragg fibres (two annular layer types), but the treatment can easily be generalised to arbitrarily many types of layers (layers of arbitrary thickness, refractive index and number). The technique shown here closely follows that of Yeh and Yariv [37] but here I have explicitly expanded many of the subtle derivation steps. It is noteworthy that the Bessel function basis treatment of [37] has been comprehensively reformulated in terms of Hankel functions ${ }^{19}$ and analysed further by Street and de Sterke [39]. The use of the former formulation here is arbitrary.

A Bragg fibre typically consists of a central cylindrical core region of low refractive index enveloped by concentric, alternating, rings of two high-index dielectric materials. The refractive index distribution for an arbitrary number of layers is represented by:

$$
n(x)=\left\{\begin{array}{ll}
n_{\text {core }}, & 0 \leq r<r_{0}  \tag{A.178}\\
n_{1}, & r_{m} \leq r<r_{m+1} \\
n_{0}, & r_{m+1} \leq r<r_{m+2}
\end{array},\right.
$$

where $m \in\{0,2,4, \ldots\} . r_{\text {core }} \equiv r_{0}$ and $n_{\text {core }}$ are the radius and refractive index of the core defect, respectively. The inner ring of a Bragg fibre typically has a higher refractive index than the second, such that $n_{1}>n_{0}$. By definition, the core has refractive index equal to or lower than the cladding layers': $n_{\text {core }} \leq n_{0}$.

[^16]More specifically, for $N$ layers, one has the distribution:

$$
n(x)= \begin{cases}n_{\text {core }}, & 0 \leq r<r_{0}  \tag{A.179}\\ n_{1}, & r_{0} \leq r<r_{1} \\ n_{0}, & r_{1} \leq r<r_{2} \\ n_{1}, & r_{2} \leq r<r_{3} \\ \vdots & \vdots \\ n_{0}, & r_{N-1} \leq r<r_{N} \\ n_{1}, & r \geq r_{N}\end{cases}
$$

where the terminating substrate is arbitrarily high-index, simply because this is often the case of concern for this work. The precise values of the refractive indices is of little concern for the derivation of the solution here.

The treatment here is similar to that for the homogeneous cladding case of Section A.4, but where the fields in each of the layers must be considered. The pioneering approach of [37] forms the basis of the method used here. As such, the dielectric assumption won't be enforced for this section, permitting arbitrary $\mu_{r}$, noting that the dielectric case is trivially derived by setting $\mu_{r} \rightarrow 1$ in the results.

As per Section A.1.4, this longitudinally invariant waveguide will support longitudinally and temporally harmonic fields, Eqs. A. 21 and A.22:

$$
\begin{aligned}
\mathbf{E}\left(\mathbf{r}_{\perp}, z\right) & =\mathbf{E}\left(\mathbf{r}_{\perp}\right) e^{i(\beta z-\omega t)} \\
\mathbf{H}\left(\mathbf{r}_{\perp}, z\right) & =\mathbf{H}\left(\mathbf{r}_{\perp}\right) e^{i(\beta z-\omega t)}
\end{aligned}
$$

The waveguide theory covered in Section A.1.3 shows that, within a given homogeneous region (such as the core or a layer), the transverse components of the fields may be expressed in terms of the longitudinal components via Eqs. A. 40 to A.43. The problem thus reduces to one of solving for $E_{z}$ and $H_{z}$ only. These longitudinal components were shown to satisfy their own wave equations, Eqs. A. 44 and A.44, which are explicit cylindrical formulations of the Helmholtz equation (Eq. A.46):

$$
\left[\nabla_{\perp}^{2}+k^{2}\left(n^{2} \mu_{r}-\tilde{n}^{2}\right)\right]\left\{\begin{array}{l}
E_{z} \\
H_{z}
\end{array}\right\}=0
$$

General solutions to this wave equation are [37]:

$$
\begin{align*}
E_{z} & =\left[A_{m} J_{l}\left(k_{l x} r\right)+B_{m} Y_{l}\left(k_{m x} r\right)\right] \cos \left(l \theta+\phi_{m}\right),  \tag{A.180}\\
H_{z} & =\left[C_{m} J_{l}\left(k_{l x} r\right)+D_{m} Y_{l}\left(k_{m x} r\right)\right] \cos \left(l \theta+\psi_{m}\right), \tag{A.181}
\end{align*}
$$

where $J_{l}$ and $Y_{l}$ are ordinary Bessel functions of the first and second kind (Section B.4), respectively, $A_{m}, B_{m}, C_{m}$ and $D_{m}$ are arbitrary weighting coefficients of the Bessel functions, $\phi$ and $\psi$ account for an arbitrary azimuthal phase in the fields, $l \in \mathbb{Z}$ determines the order of the solutions, and $m \in\{$ core, 1,2$\}$ determines the homogeneous region the local fields are in. $k_{l x}=k \sqrt{n_{l}^{2}-\tilde{n}^{2}}$ has the same form as per previous sections, but where $\mu$ terms are accommodated. The fields about an arbitrary cladding interface at $r=\rho$ are taken as:

$$
\left\{E_{z}, H_{z}\right\}=\left\{\begin{array}{l}
{\left[\left\{A_{1}, C_{1}\right\} J_{l}\left(k_{1 x} r\right)+\left\{B_{1}, D_{1}\right\} Y_{l}\left(k_{1 x} r\right)\right] \cos \left(l \theta+\left\{\psi_{1}, \phi_{1}\right\}\right)}  \tag{A.182}\\
{\left[\left\{A_{2}, C_{2}\right\} J_{l}\left(k_{2 x} r\right)+\left\{B_{2}, D_{2}\right\} Y_{l}\left(k_{2 x} r\right)\right] \cos \left(l \theta+\left\{\psi_{2}, \phi_{2}\right\}\right)} \\
r>\rho
\end{array} .\right.
$$

Arbitrarily, this particular example has a type 1 layer for the small $r$ side of the interface and a type 2 layer on the other side - the opposite will hold for an adjacent interface.

These two arbitrary solutions in adjoining regions can be related by enforcing continuity boundary conditions at the $r=\rho$ interface; the field components tangential to the interface ( $E_{z}, H_{z}, E_{\theta}, H_{\theta}$ ) must be continuous across $r=\rho$. The Bessel function amplitudes of Eqs. A. 182 can thus be related as:

$$
\left(\begin{array}{l}
A_{2}  \tag{A.183}\\
B_{2} \\
C_{2} \\
D_{2}
\end{array}\right)=M_{21}(\rho)\left(\begin{array}{l}
A_{1} \\
B_{1} \\
C_{1} \\
D_{1}
\end{array}\right)
$$

$M_{21}$ thus represents a transfer matrix, relating the field amplitudes on one side of the interface to those on the other. In this sense, this treatment is very similar to the matrix approach for determining the fields of a multilayer planar system in Section A.3.1.

The form of $M_{21}$ is now considered.
The continuity of $E_{z}$ and $H_{z}$ at $r=\rho$ implies the cos terms must be equal such that:

$$
\begin{align*}
& \phi_{1}=\phi_{2}=\phi  \tag{A.184}\\
& \psi_{1}=\psi_{2}=\psi . \tag{A.185}
\end{align*}
$$

With this given, equating the Bessel terms for $E_{z}$ and $H_{z}$ gives, respectively:

$$
\begin{align*}
& A_{1} J_{l}\left(k_{1 x} \rho\right)+B_{1} Y_{l}\left(k_{1 x} \rho\right)=A_{2} J_{l}\left(k_{2 x} \rho\right)+B_{2} Y_{l}\left(k_{2 x} \rho\right),  \tag{A.186}\\
& C_{1} J_{l}\left(k_{1 x} \rho\right)+D_{1} Y_{l}\left(k_{1 x} \rho\right)=C_{2} J_{l}\left(k_{2 x} \rho\right)+D_{2} Y_{l}\left(k_{2 x} \rho\right) . \tag{A.187}
\end{align*}
$$

Note that $\partial / \partial\left(k_{1 x} \rho\right)$ of Eq. A. 187 produces:

$$
\begin{equation*}
k_{1 x}\left[C_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+D_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right]=k_{2 x}\left[C_{2} J_{l}^{\prime}\left(k_{2 x} \rho\right)+D_{2} Y_{l}^{\prime}\left(k_{2 x} \rho\right)\right], \tag{A.188}
\end{equation*}
$$

where, as in previous sections, the prime indicates derivation with respect to the argument, and it is noted that for some function $F\left(k_{2 x} \rho\right)$ :

$$
\frac{\partial F\left(k_{2 x} \rho\right)}{\partial\left(k_{1 x} \rho\right)}=\frac{\partial F\left(k_{2 x} \rho\right)}{\partial\left(k_{2 x} \rho\right)} \frac{\partial\left(k_{2 x} \rho\right)}{\partial\left(k_{1 x} \rho\right)}=F^{\prime}\left(k_{2 x} \rho\right) \frac{\partial k_{2 x}}{\partial k_{1 x}}=F^{\prime}\left(k_{2 x} \rho\right) \frac{\partial k_{2 x}}{\tilde{n}} \frac{\tilde{n}}{\partial k_{1 x}}=F^{\prime}\left(k_{2 x} \rho\right) \frac{k_{2 x}}{k_{1 x}}
$$

Substituting Eqs. A. 182 into Eq. A.40, the continuity of $E_{\theta}$ implies [37]:

$$
\begin{align*}
& \frac{1}{k_{1 x}^{2}}\left\{\begin{array}{l}
\frac{l}{\rho}\left[A_{1} J_{l}\left(k_{1 x} \rho\right)+B_{1} Y_{l}\left(k_{1 x} \rho\right)\right] \sin (l \theta+\phi) \\
\\
\left.\quad+\frac{\omega \mu_{1} k_{1 x}}{\beta}\left[C_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+D_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right] \cos (l \theta+\psi)\right\}=\{\mathrm{LHS} \mid 1 \rightarrow 2\}
\end{array},=\right.\text {, }
\end{align*}
$$

Where the right hand side implies it has the same functional form as the left hand side (LHS) but where the index 1 is replaced by 2. Factoring out the $\sin$ and cos terms from A.189, one finds:

$$
\begin{align*}
& \frac{l}{\rho}\left[\frac{A_{1} J_{l}\left(k_{1 x} \rho\right)+B_{1} Y_{l}\left(k_{1 x} \rho\right)}{k_{1 x}^{2}}-\frac{A_{2} J_{l}\left(k_{2 x} \rho\right)+B_{2} Y_{l}\left(k_{2 x} \rho\right)}{k_{2 x}^{2}}\right] \sin (l \theta+\phi) \\
& =\frac{\omega \mu_{1} k_{1 x}}{\beta}\left\{\frac{\mu_{1}}{k_{1 x}}\left[C_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+D_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right]-\frac{\mu_{2}}{k_{2 x}}\left[C_{2} J_{l}^{\prime}\left(k_{2 x} \rho\right)+D_{2} Y_{l}^{\prime}\left(k_{2 x} \rho\right)\right]\right] \cos (l \theta+\phi) . \tag{A.190}
\end{align*}
$$

From this result, Eqs. A. 186 and A. 188 imply that the grouped Bessel terms can not cancel out due to the factor of $1 / k_{m x}$ for the $A_{m}$ and $B_{m}$ unprimed coefficient terms and the $\mu_{m} / k_{m x}$ factor for the $C_{m}$ and $D_{m}$ primed coefficient terms (the trivial case of $k_{1 x}=k_{2 x}$ being neglected). One can thus deduce the equivalence (up to a sign) of the $\sin$ and $\cos$ factors since they hold all the $\theta$ dependence, producing tighter restrictions on the azimuthal phase terms:

$$
\begin{align*}
\sin (l \theta+\phi) & = \pm \cos (l \theta+\psi)  \tag{A.191}\\
\Rightarrow \phi & =\psi \pm \frac{\pi}{2} \tag{A.192}
\end{align*}
$$

Incidentally, similarly to Eq. A.189, the continuity of $H_{z}$ implies:

$$
\begin{align*}
\frac{1}{k_{1 x}^{2}} & \left\{\frac{l}{\rho}\left[C_{1} J_{l}\left(k_{1 x} \rho\right)+D_{1} Y_{l}\left(k_{1 x} \rho\right)\right] \sin (l \theta+\psi)\right. \\
& \left.+\frac{\omega \epsilon_{1} k_{1 x}}{\beta}\left[A_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+B_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right] \cos (l \theta+\phi)\right\}=\{\operatorname{LHS} \mid 1 \rightarrow 2\} . \tag{A.193}
\end{align*}
$$

With the knowledge that $\phi=\psi \pm \frac{\pi}{2}$, and arbitrarily setting $\phi=0$, the ambiguity in the $\pm$ term allows the z-components to be classified into two categories, I and II:

$$
\begin{align*}
& E_{z}=\left[A J_{l}\left(k_{m x} r\right)+B Y_{l}\left(k_{m x} r\right)\right]\left\{\begin{array}{ll}
\cos (l \theta) & \text { Category I } \\
\sin (l \theta) & \text { Category II }
\end{array},\right.  \tag{A.194}\\
& H_{z}=\left[C J_{l}\left(k_{m x} r\right)+D Y_{l}\left(k_{m x} r\right)\right]\left\{\begin{array}{ll}
\sin (l \theta) & \text { Category I } \\
\cos (l \theta) & \text { Category II }
\end{array} .\right. \tag{A.195}
\end{align*}
$$

Since only sin or cos terms appear (and hence can be factored out and cancelled) for the continuity conditions under a specific Category, the boundary conditions Eqs. A.186, A.187, A. 189 and A. 193 can be re-written in simpler forms. For Category I:

$$
\begin{align*}
& A_{1} J_{l}\left(k_{1 x} \rho\right)+B_{1} Y_{l}\left(k_{1 x} \rho\right)=\{\mathrm{LHS} \mid 1 \rightarrow 2\}  \tag{A.196}\\
& C_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+D_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)=\{\mathrm{LHS} \mid 1 \rightarrow 2\}  \tag{A.197}\\
& \frac{1}{k_{1 x}^{2}}\left\{\frac{l}{\rho}\left[A_{1} J_{l}\left(k_{1 x} \rho\right)+B_{1} Y_{l}\left(k_{1 x} \rho\right)\right]\right. \\
&\left.+\frac{\omega \mu_{1} k_{1 x}}{\beta}\left[C_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+D_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right]\right\}=\{\mathrm{LHS} \mid 1 \rightarrow 2\},  \tag{A.198}\\
& \frac{1}{k_{1 x}^{2}}\left\{\frac{l}{\rho}\left[C_{1} J_{l}\left(k_{1 x} \rho\right)+D_{1} Y_{l}\left(k_{1 x} \rho\right)\right]\right. \\
&\left.+\frac{\omega \epsilon_{1} k_{1 x}}{\beta}\left[A_{1} J_{l}^{\prime}\left(k_{1 x} \rho\right)+B_{1} Y_{l}^{\prime}\left(k_{1 x} \rho\right)\right]\right\}=\{\mathrm{LHS} \mid 1 \rightarrow 2\} . \tag{A.199}
\end{align*}
$$

Category II bears the same results but with the coefficient $l / \rho \rightarrow-l / \rho$ (due to the difference in coefficient signs between Eqs. A. 189 and A.193). These relations can be written as a matrix equation:

$$
M_{1}(\rho)\left(\begin{array}{l}
A_{1}  \tag{A.200}\\
B_{1} \\
C_{1} \\
D_{1}
\end{array}\right)=M_{2}(\rho)\left(\begin{array}{l}
A_{2} \\
B_{2} \\
C_{2} \\
D_{2}
\end{array}\right)
$$

where:

$$
M_{m}(\rho)=\left(\begin{array}{cccc}
J_{l}\left(k_{m x} \rho\right) & Y_{l}\left(k_{m x} \rho\right) & 0 & 0  \tag{A.201}\\
\frac{\omega \epsilon_{m}}{\beta k_{m x}} J_{l}^{\prime}\left(k_{m x} \rho\right) & \frac{\omega \epsilon_{m}}{\beta k_{m x}} Y_{l}^{\prime}\left(k_{m x} \rho\right) & \frac{l}{k_{m x}^{2} \rho} J_{l}\left(k_{m x} \rho\right) & \frac{l}{k_{m x}^{2} \rho} Y_{l}\left(k_{m x} \rho\right) \\
0 & 0 & J_{l}\left(k_{m x} \rho\right) & Y_{l}\left(k_{m x} \rho\right) \\
\frac{l}{k_{m x}^{2} \rho} J_{l}\left(k_{m x} \rho\right) & \frac{l}{k_{m x}^{2} \rho} Y_{l}\left(k_{m x} \rho\right) & \frac{\omega \epsilon_{m}}{\beta k_{m x}} J_{l}^{\prime}\left(k_{m x} \rho\right) & \frac{\omega \epsilon_{m}}{\beta k_{m x}} Y_{l}^{\prime}\left(k_{m x} \rho\right)
\end{array}\right) .
$$

Note the very close similarity to the boundary condition matrix equation for the homogeneous cladding cylindrical waveguide, Eq. A.170, derived in the previous section. This is to be expected since the system is almost identical, save for the existence of a multiplicity of interfaces which permit both incoming and outgoing waves in a given domain. The treatment of the two cases is slightly different here for purely historical reasons. Indeed, one would expect to recover Eq. A. 170 for the case of a single interface here.

The matrix $M_{21}$ of Eq. A. 183 can thus be re-written as:

$$
\begin{equation*}
M_{21}=M_{2}(\rho)^{-1} M_{1}(\rho), \tag{A.202}
\end{equation*}
$$

where, after significant matrix manipulation, one can show [36] the form of $M_{21}$ is explicitly:

$$
M_{21}=\frac{\pi}{2} k_{2 x} \rho\left(\begin{array}{llll}
m_{11} & m_{12} & m_{13} & m_{14}  \tag{A.203}\\
m_{21} & m_{22} & m_{23} & m_{24} \\
m_{31} & m_{32} & m_{33} & m_{34} \\
m_{41} & m_{42} & m_{43} & m_{44}
\end{array}\right) \text {, }
$$

where [37]:

$$
\begin{align*}
& m_{11}=J_{l}\left(k_{1 x} \rho\right) Y_{l}^{\prime}\left(k_{2 x} \rho\right)-\left(k_{2 x} n_{1}^{2} / k_{1 x} n_{2}^{2}\right) J_{l}^{\prime}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right) \\
& m_{12}=Y_{l}\left(k_{1 x} \rho\right) Y_{l}^{\prime}\left(k_{2 x} \rho\right)-\left(k_{2 x} n_{1}^{2} / k_{1 x} n_{2}^{2}\right) Y_{l}^{\prime}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{13}=\left(\beta l / \omega n_{2}^{2}\right)\left(1 / k_{2 x} \rho-1 / k_{1 x} \rho\right) J_{l}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{14}=\left(\beta l / \omega n_{2}^{2}\right)\left(1 / k_{2 x} \rho-1 / k_{1 x} \rho\right) Y_{l}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{21}=\left(k_{2 x} n_{1}^{2} / k_{1 x} n_{2}^{2}\right) J_{l}^{\prime}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right)-J_{l}\left(k_{1 x} \rho\right) J_{l}^{\prime}\left(k_{2 x} \rho\right), \\
& m_{22}=\left(k_{2 x} n_{1}^{2} / k_{1 x} n_{2}^{2}\right) Y_{l}^{\prime}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right)-Y_{l}\left(k_{1 x} \rho\right) J_{l}^{\prime}\left(k_{2 x} \rho\right), \\
& m_{23}=\left(\beta l / \omega n_{2}^{2}\right)\left(1 / k_{1 x} \rho-1 / k_{2 x} \rho\right) J_{l}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right), \\
& m_{24}=\left(\beta l / \omega n_{2}^{2}\right)\left(1 / k_{1 x} \rho-1 / k_{2 x} \rho\right) Y_{l}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right), \\
& m_{31}=\left(\beta l / \omega \mu_{2}\right)\left(1 / k_{2 x} \rho-1 / k_{1 x} \rho\right) J_{l}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right),  \tag{A.204}\\
& m_{32}=\left(\beta l / \omega \mu_{2}\right)\left(1 / k_{2 x} \rho-1 / k_{1 x} \rho\right) Y_{l}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{33}=J_{l}\left(k_{1 x} \rho\right) Y_{l}^{\prime}\left(k_{2 x} \rho\right)-\left(k_{2 x} \mu_{1} / k_{1 x} \mu_{2}\right) J_{l}^{\prime}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{34}=Y_{l}\left(k_{1 x} \rho\right) Y_{l}^{\prime}\left(k_{2 x} \rho\right)-\left(k_{2 x} \mu_{1} / k_{1 x} \mu_{2}\right) Y_{l}^{\prime}\left(k_{1 x} \rho\right) Y_{l}\left(k_{2 x} \rho\right), \\
& m_{41}=\left(\beta l / \omega \mu_{2}\right)\left(1 / k_{1 x} \rho-1 / k_{2 x} \rho\right) J_{l}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right), \\
& m_{42}=\left(\beta l / \omega \mu_{2}\right)\left(1 / k_{1 x} \rho-1 / k_{2 x} \rho\right) Y_{l}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right), \\
& m_{43}=\left(k_{2 x} \mu_{1} / k_{1 x} \mu_{2}\right) J_{l}^{\prime}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right)-J_{l}\left(k_{1 x} \rho\right) J_{l}^{\prime}\left(k_{2 x} \rho\right), \\
& m_{44}=\left(k_{2 x} \mu_{1} / k_{1 x} \mu_{2}\right) Y_{l}^{\prime}\left(k_{1 x} \rho\right) J_{l}\left(k_{2 x} \rho\right)-Y_{l}\left(k_{1 x} \rho\right) J_{l}^{\prime}\left(k_{2 x} \rho\right),
\end{align*}
$$

The characteristic equation for the waveguide can be determined by constructing a global matrix $M$ satisfying:

$$
\left(\begin{array}{c}
A_{N+1}  \tag{A.205}\\
B_{N+1} \\
C_{N+1} \\
D_{N+1}
\end{array}\right)=M\left(\begin{array}{c}
A_{0} \\
B_{0} \\
C_{0} \\
D_{0}
\end{array}\right)
$$

where:

$$
\begin{equation*}
M=\prod_{m=N}^{0} M_{m+1, m} \tag{A.206}
\end{equation*}
$$

Given this formulation, as for the tube waveguide and multilayer stack analyses above, one must enforce the condition that there are no incoming waves on the outermost interface [39]. Finally, one can then solve the composite system by finding the roots of the condition $\operatorname{det}(M)=0$, again as for the tube case earlier. The roots, the eigenvalues of the system, are the propagation constants $\beta \in \mathbb{C}$ of the supported eigenmodes.

In practice, one must use a numerical root-finding technique to solve for these $\beta$ eigenvalues. For this work, the robust numerical root-finding function fsolve of the commercial
program Matlab was employed, from which a precision beyond the values presented in this work was obtained.

Note that one can reduce this $4 \times 4$ matrix formulation down to a $2 \times 2$ when considering only TE or TM mode solutions [39], which can increase the numerical computation efficiency significantly.

## Appendix B

## Mathematical Miscellany

As the literature often leaves derivations and logical steps up to the reader to make explicit, I have made an effort here to describe some fundamental mathematical concepts and results that would otherwise be difficult to derive in the context they are referenced. While the content in this Appendix cites the work of others where appropriate, it has been adapted so as to adequately fit the nomenclature and structure of this Thesis.

## B. 1 Differential Calculus

These vectorial calculus identities (e.g., see the appendices of Ref. [146]) are indispensable for some derivations shown within:

$$
\begin{align*}
\nabla \times(\nabla \times \mathbf{A}) & =\nabla(\nabla \cdot \mathbf{A})-\nabla^{2} \mathbf{A}  \tag{B.1}\\
\nabla \times(\psi \mathbf{A}) & =\psi \nabla \times \mathbf{A}+(\nabla \psi) \times \mathbf{A} \tag{B.2}
\end{align*}
$$

for some vector field $\mathbf{A}$ and scalar field $\psi$.

By evaluating the curl of an arbitrary vector field $\mathbf{A}=A_{r} \hat{\mathbf{r}}+A_{\theta} \hat{\theta}+A_{z} \hat{\mathbf{z}}$ in cylindrical coordinates, one derives the 'rotation formula':

$$
\begin{equation*}
\nabla \times \mathbf{A}=\left[\frac{1}{r} \frac{\partial A_{z}}{\partial \theta}-\frac{\partial A_{\theta}}{\partial z}\right] \hat{\mathbf{r}}+\left[\frac{\partial A_{r}}{\partial z}-\frac{\partial A_{z}}{\partial r}\right] \hat{\theta}+\left[\frac{1}{r} \frac{\partial}{\partial r}\left(r A_{\theta}\right)-\frac{1}{r} \frac{\partial A_{r}}{\partial \theta}\right] \hat{\mathbf{z}}, \tag{B.3}
\end{equation*}
$$

## B. 2 Matrix Eigenvalues

Consider the eigenvalue equation:

$$
\begin{equation*}
A \mathbf{x}=\lambda \mathbf{x} \tag{B.4}
\end{equation*}
$$

with $2 x 2$ matrix:

$$
A=\left[\begin{array}{ll}
a & b  \tag{B.5}\\
c & d
\end{array}\right]
$$

For the eigenvalue equation to have nonzero solutions, one requires $\operatorname{det}(A-\lambda I)=0$ producing the characteristic equation:

$$
\begin{align*}
\operatorname{det}(A-\lambda I) & =(a-\lambda)(d-\lambda)-b c  \tag{B.6}\\
& =\lambda^{2}-\lambda(a+d)+a d-b c  \tag{B.7}\\
& =\lambda^{2}-\lambda \operatorname{Tr}(A)+\operatorname{det}(A) \tag{B.8}
\end{align*}
$$

Being a quadratic equation, it has general solutions:

$$
\begin{equation*}
\lambda^{ \pm}=\operatorname{Tr}(A / 2) \pm \sqrt{\operatorname{Tr}^{2}(A / 2)-\operatorname{det}(A)} \tag{B.9}
\end{equation*}
$$

recalling that in general $\operatorname{Tr}(x A)=x \operatorname{Tr}(A)$. These solutions are only valid for a 2 x 2 matrix system.

The product of the two eigenvalues is:

$$
\begin{align*}
\lambda^{+} \lambda^{-} & =\left[\operatorname{Tr}(A / 2)+\sqrt{\operatorname{Tr}^{2}(A / 2)-\operatorname{det}(A)}\right]\left[\operatorname{Tr}(A / 2)-\sqrt{\operatorname{Tr}^{2}(A / 2)-\operatorname{det}(A)}\right] \\
& =\operatorname{Tr}^{2}(A / 2)-\left[\operatorname{Tr}^{2}(A / 2)-\operatorname{det}(A)\right] \\
& =\operatorname{det}(A) \tag{B.10}
\end{align*}
$$

A unitary matrix has unit determinant: $\operatorname{det}(A)=1$. The eigenvalues of a unitary matrix are thus the inverse of one another since Eq. B. 10 implies $\lambda^{+} \lambda^{-}=1$.

## B. 3 Trigonometric Functions

Many derivations of ray optics relations require frequent use of trigonometric identities. Those used in this work are:

$$
\begin{align*}
& \sin (\alpha \pm \beta)=\sin \alpha \cos \beta \pm \sin \beta \cos \alpha  \tag{B.11}\\
& \cos (\alpha \pm \beta)=\sin \alpha \cos \alpha \mp \sin \beta \cos \beta \tag{B.12}
\end{align*}
$$

which can be readily derived via the Euler formula: $e^{ \pm i \theta}=\sin \theta \pm i \cos \theta$.

A nontrivial tan identity can be derived from these:

$$
\begin{align*}
\frac{\tan (\alpha-\beta)}{\tan (\alpha+\beta)} & =\frac{\sin (\alpha-\beta) \cos (\alpha+\beta)}{\cos (\alpha-\beta) \sin (\alpha+\beta)} \\
& =\frac{(\sin \alpha \cos \beta-\sin \beta \cos \alpha)(\cos \alpha \cos \beta-\sin \beta \sin \alpha)}{(\cos \alpha \cos \beta+\sin \beta \sin \alpha)(\sin \alpha \cos \beta+\sin \beta \cos \alpha)} \\
& =\frac{\sin \alpha \cos \alpha\left(\sin ^{2} \beta+\cos ^{2} \beta\right)-\sin \beta \cos \beta\left(\sin ^{2} \alpha+\cos ^{2} \alpha\right)}{\sin \alpha \cos \alpha\left(\sin ^{2} \beta+\cos ^{2} \beta\right)+\sin \beta \cos \beta\left(\sin ^{2} \alpha+\cos ^{2} \alpha\right)} \\
& =\frac{\sin \alpha \cos \alpha-\sin \beta \cos \beta}{\sin \alpha \cos \alpha+\sin \beta \cos \beta} \tag{B.13}
\end{align*}
$$

where $\sin ^{2}+\cos ^{2}=1$ has been used.
The Euler formula can be used to also find:

$$
\begin{equation*}
\alpha e^{i \theta} \pm \beta e^{-i \theta}=(\alpha \pm \beta) \cos \theta+(\alpha \mp \beta) i \sin \theta \tag{B.14}
\end{equation*}
$$

and

$$
\begin{equation*}
\alpha \cos \theta \cos \phi \pm \beta \sin \theta \sin \phi=\frac{\alpha \mp \beta}{2} \cos (\theta+\phi)+\frac{\alpha \pm \beta}{2} \cos (\theta-\phi) \tag{B.15}
\end{equation*}
$$

## B. 4 Bessel Functions

Bessel's differential equation:

$$
\begin{equation*}
z^{2} \frac{d^{2} y}{d z^{2}}+z \frac{d y}{d z}+\left(z^{2}-n^{2}\right) y=0 \tag{B.16}
\end{equation*}
$$

has solutions which are linear combinations of the Bessel functions of the first and second types $J_{\nu}(z)$ and $Y_{\nu}(z)$, respectively. The modified Bessel's equation:

$$
\begin{equation*}
z^{2} \frac{d^{2} y}{d z^{2}}+z \frac{d y}{d z}-\left(z^{2}+n^{2}\right) y=0 \tag{B.17}
\end{equation*}
$$

has solutions which are linear combinations of the modified Bessel functions of the first and second types $I_{\nu}(z)$ and $K_{\nu}(z)$, respectively.

The properties of these functions are well known and can be found in most elementary text books on differential calculus. Here we consider properties of these functions which are nontrivial but vital to analysis within the main body of this work.

## B.4.1 Reduction of General Step-Index Dispersion Equation to the Well-Known $n_{\text {core }}>n_{\text {clad }}$ Case

It is easily shown that Eq. (A.174) reduces to the typical full-vector dispersion equation for the more familiar raised-core step index fiber $[146,178,179]$ when one enforces $n_{\text {core }}>n_{\text {eff }} \geq n_{\text {clad }}$, and noting the relation between the modified Bessel function of the second kind and the first order Hankel function [216]:

$$
\begin{equation*}
K_{n}(z) \equiv \frac{\pi}{2} i^{n+1} H_{n}^{(1)}(i z) \tag{B.18}
\end{equation*}
$$

producing derivative:

$$
\begin{equation*}
K_{n}^{\prime}(z) \equiv \frac{\pi}{2} i^{n+2} H_{n}^{(1) \prime}(i z) \tag{B.19}
\end{equation*}
$$

and thus the ratio:

$$
\begin{equation*}
\frac{H_{n}^{(1) \prime}(i z)}{H_{n}^{(1)}(i z)}=-i \frac{K_{n}^{\prime}(z)}{K_{n}(z)} \tag{B.20}
\end{equation*}
$$

For $n_{\text {core }}=n_{1}>\tilde{n} \geq n_{\text {clad }}=n_{0}, v$ becomes imaginary ${ }^{1}$ as:

$$
\begin{equation*}
v=k \sqrt{n_{\text {clad }}-\tilde{n}}=i k \sqrt{\tilde{n}-n_{\text {clad }}} \tag{B.21}
\end{equation*}
$$

ensuring the argument is positive. Defining $W=i v$ and $U=u$ from Eqs. A. 163 and A.164, the characteristic equation (Eq. A.174) becomes:

$$
\begin{equation*}
\left[\frac{J_{l}^{\prime}(U)}{U J_{l}(U)}-\frac{H_{l}^{(1) \prime}(i W)}{i W H_{l}^{(1)}(i W)}\right]\left[n_{0}^{2} \frac{J_{l}^{\prime}(U)}{U J_{l}(U)}-n_{1}^{2} \frac{H_{l}^{(1) \prime}(i W)}{i W H_{l}^{(1)}(i W)}\right]=l^{2} \frac{\beta^{2}}{k^{2}}\left(\frac{1}{U^{2}}-\frac{1}{(i W)^{2}}\right)^{2} . \tag{B.22}
\end{equation*}
$$

Using Eq. B.20, this becomes:

$$
\begin{equation*}
\left[\frac{J_{l}^{\prime}(U)}{U J_{l}(U)}+\frac{K_{l}^{\prime}(W)}{W K_{l}(W)}\right]\left[n_{0}^{2} \frac{J_{l}^{\prime}(U)}{U J_{l}(U)}+n_{1}^{2} \frac{K_{l}^{\prime}(W)}{W K_{l}(W)}\right]=l^{2} \frac{\beta^{2}}{k^{2}}\left(\frac{1}{U^{2}}+\frac{1}{W^{2}}\right)^{2} \tag{B.23}
\end{equation*}
$$

Dividing through by $n_{0}$ and defining the so-called V-parameter as:

$$
\begin{equation*}
V^{2}=U^{2}+W^{2}=a k \sqrt{n_{1}^{2}-n_{0}^{2}} \tag{B.24}
\end{equation*}
$$

one arrives at:

$$
\begin{equation*}
\left[\frac{J_{l}^{\prime}(U)}{U J_{l}(U)}+\frac{K_{l}^{\prime}(W)}{W K_{l}(W)}\right]\left[\frac{J_{l}^{\prime}(U)}{U J_{l}(U)}+\left(\frac{n_{1}}{n_{0}}\right)^{2} \frac{K_{l}^{\prime}(W)}{W K_{l}(W)}\right]=\left(\frac{l \beta}{n_{0} k}\right)^{2}\left(\frac{V}{U W}\right)^{4} \tag{B.25}
\end{equation*}
$$

precisely the form of the raised-core step-index fibre characteristic equation of Ref. [146].

[^17]
## B.4.2 Asymptotic Form of $H_{\nu}^{(1)}(z)$

The first order Hankel function is typically defined as a complex linear combination of the Bessel function of the first kind $J_{\nu}(z)$ and the Bessel function of the second kind ${ }^{2}$ $Y_{\nu}(z):$

$$
\begin{equation*}
H_{\nu}^{(1)}(z)=J_{\nu}+i Y_{\nu}(z) \tag{B.26}
\end{equation*}
$$

where $z \in \mathbb{C}$ in general. Incidentally, the second order Hankel function is defined as:

$$
\begin{equation*}
H_{\nu}^{(2)}(z)=J_{\nu}-i Y_{\nu}(z) \tag{B.27}
\end{equation*}
$$

It is useful to determine the asymptotic form of the Hankel functions; here we are interested in $H^{(1)}(z)$ for $z \in \mathbb{R}$ as $z \rightarrow \infty$. Arfken [216] discusses Bessel functions and their asymptotic forms at length.

Following the treatment of Arfken $[216]^{3}$, one considers first the modified Bessel function of the second kind $K_{\nu}(z)$, expressed in terms of $H_{\nu}^{(1)}(z)$ via Eq. B.18. $K_{\nu}(z)$ has an integral representation:

$$
\begin{equation*}
K_{\nu}(z)=\frac{\sqrt{\pi}}{\left(\nu-\frac{1}{2}\right)!}\left(\frac{z}{2}\right)^{\nu} \int_{1}^{\infty} e^{-z x}\left(x^{2}-1\right)^{\nu-\frac{1}{2}} d x, \quad \text { for } \nu>-\frac{1}{2} \tag{B.28}
\end{equation*}
$$

Here only $z \in \mathbb{R}$ is of interest, but this expression holds for $\left\{z \in \mathbb{C} \left\lvert\,-\frac{\pi}{2}<\arg (z)<\frac{\pi}{2}\right.\right\}$. It can be shown that this integral representation of $K_{\nu}(z)$ satisfies the modified Bessel equation Eq. B. 17 (as it should) and has the proper normalisation [216].

For large z, Eq. B. 28 can be written as:

$$
\begin{equation*}
K_{\nu}(z)=\sqrt{\frac{2}{\pi z}} \frac{e^{-z}}{\left(\nu-\frac{1}{2}\right)!} \int_{1}^{\infty} e^{-t} t^{\nu-\frac{1}{2}}\left(1+\frac{t}{2 z}\right)^{\nu-\frac{1}{2}} d t \tag{B.29}
\end{equation*}
$$

Using the binomial theorem [216]:

$$
\begin{equation*}
(x+1)^{\nu}=\sum_{j=0}^{\infty}\binom{\nu}{j} x^{j} . \tag{B.30}
\end{equation*}
$$

to expand the integrand factor of $\left(1+\frac{t}{2 z}\right)^{\nu-\frac{1}{2}}$, Eq. B. 28 can be expressed as:

$$
\begin{equation*}
K_{\nu}(z)=\sqrt{\frac{2}{\pi z}} \frac{e^{-z}}{\left(\nu-\frac{1}{2}\right)!} \sum_{r=0}^{\infty} \frac{\left(\nu-\frac{1}{2}\right)!}{\left(\nu-r-\frac{1}{2}\right)!}(2 z)^{-r} \int_{1}^{\infty} e^{-t} t^{\nu-\frac{1}{2}}\left(1+\frac{t}{2 z}\right)^{\nu+r-\frac{1}{2}} d t \tag{B.31}
\end{equation*}
$$

[^18]By integrating each term in the sum, Eq. B. 31 produces the sought asymptotic expansion of $K_{\nu}(z)$ :

$$
\begin{equation*}
K_{\nu}(z)=\sqrt{\frac{2}{\pi z}} e^{-z}\left[1+\frac{4 \nu^{2}-1^{2}}{1!8 z}+\frac{\left(4 \nu^{2}-1^{2}\right)\left(4 \nu^{2}-3^{2}\right)}{2!(8 z)^{2}}+\ldots\right] \tag{B.32}
\end{equation*}
$$

where the square and factorial symbols have not been evaluated for the terms $1^{2}$ and 1 ! to indicate the recursive pattern for subsequent terms of the expansion.

Using this asymptotic expansion of $K_{\nu}(z)$ with the definition B.18, one finds the asymptotic expansion for $H_{\nu}^{(1)}(z)$ :

$$
\begin{equation*}
H_{\nu}^{(1)}(z)=\sqrt{\frac{2}{\pi z}} e^{-i \frac{\pi}{2}\left(\nu+\frac{1}{2}\right)} e^{i z}\left[1+i \frac{4 \nu^{2}-1^{2}}{1!8 z}-\frac{\left(4 \nu^{2}-1^{2}\right)\left(4 \nu^{2}-3^{2}\right)}{2!(8 z)^{2}}+\ldots\right] . \tag{B.33}
\end{equation*}
$$

Both Eqs. B. 32 and B. 33 are actually also valid for $\{z \in \mathbb{C} \mid-\pi<\arg (z)<\pi\}$, but again, only $z \in \mathbb{R}$ is of interest here.

Thus, due to the asymptotic nature of the series, for sufficiently large $z$, one can approximate the series by the truncation:

$$
\begin{equation*}
H_{\nu}^{(1)}(z) \approx \sqrt{\frac{2}{\pi z}} e^{-i \frac{\pi}{2}\left(\nu+\frac{1}{2}\right)} e^{i z} \quad \text { for } z \gg \frac{1}{2}\left|\nu^{2}-\frac{1}{4}\right| \tag{B.34}
\end{equation*}
$$

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[^0]:    ${ }^{1}$ This can be readily verified by substituting the solutions back into Eqs. A. 6 and A. 7

[^1]:    ${ }^{2}$ See comment of [212] p. 376.

[^2]:    ${ }^{3}$ It is implicitly implied that the real part of these complex oscillatory fields is to be ultimately taken, producing real valued field amplitudes [14, 212].

[^3]:    ${ }^{4}$ See Kiwano and Kitoh Eqs. 2.146 \& 2.147

[^4]:    ${ }^{5}$ The actual form of the Helmholtz equation is $\left(\nabla^{2}+k^{2} n^{2}\right) A_{z}=0$; The $\frac{\partial^{2}}{\partial z^{2}}$ term pulls down two $i \beta$ terms from the longitudinal variation of the fields, $\exp (i \beta z)$, producing the $-k^{2} \tilde{n}^{2}$ term given above, i.e., $\nabla^{2} \rightarrow \nabla_{\perp}^{2}-\beta^{2}$ for guided modes.

[^5]:    ${ }^{6}$ Although a portion of the light's field will penetrate into the cladding as an evanescent field, it is bound to the interface and cannot propagate away from the layer. This is discussed in more detail in § A.2.1.2

[^6]:    7'Local' since, as discussed earlier, true plane waves are infinite in extent and can't exist in the present of inhomogeneities.

[^7]:    ${ }^{8}$ The TE and TM polarisations are often called $s$ and $p$ polarisations in electromagnetic theory, standing for the German senkrecht (perpendicular) and parallel (parallel) [178], respectively, referring to the orientation of solely the electric field with respect to the plane of incidence.

[^8]:    ${ }^{9}$ Such boundary conditions are derivable directly from Maxwell's equations [14, 212].

[^9]:    ${ }^{10}$ It is now often recognised that the relation was first discovered by Ibn Sahl in the late $10^{\text {th }}$ century.

[^10]:    ${ }^{11}$ Although Eqs. A. 70 and A. 72 must be used for normal incidence $\theta_{\mathrm{a}}=\theta_{\mathrm{b}}=0$.

[^11]:    ${ }^{12}$ A relation between $T_{a b}$ and $T_{b a}$ can also be derived [153]: $T_{b a} /\left[n_{b} \cos \left(\theta_{b}\right)\right]=T_{a b} /\left[n_{a} \cos \left(\theta_{a}\right)\right]$.
    ${ }^{13}$ Square Eqs. A. 63 and A.85, add them, rearrange for $\cos ^{2}\left(\theta_{\mathrm{a}}\right)$, replace $\sin ^{2}\left(\theta_{\mathrm{b}}\right)$ with $1-\cos ^{2}\left(\theta_{\mathrm{b}}\right)$, substitute for $\cos ^{2}\left(\theta_{\mathrm{b}}\right)$ using A.85, rearrange for $\cos \theta_{\mathrm{a}}$, then $\theta_{\mathrm{a}}$. Simple trigonometry gives $\tan ^{-1}(y / x)=$ $\cos ^{-1}\left(\sqrt{x^{2} /\left(x^{2}+y^{2}\right)}\right)$.

[^12]:    ${ }^{14}$ Which may seem strange as the two equations were solved simultaneously, until one recognises that $\theta_{\mathrm{a}}=\theta_{\mathrm{b}}=0$ produces $\sin =0$, removing the influence of Eq. A. 87 on the condition. Eq. A. 87 with $\theta_{\mathrm{a}}=\theta_{\mathrm{b}}=0$ requires $n_{\mathrm{a}}=n_{\mathrm{b}}$ which is the trivial case of a plane wave in a homogeneous medium. This certainly produces no reflected wave, but the trivial scenario isn't of interest for these analyses of reflection and transmission.
    ${ }^{15}$ Since $\sqrt{-1}= \pm i$, the negative branch, $-i$, is taken here since $+i$ produces a gain term, resulting in an unphysical infinite field amplitude as $x \rightarrow \infty$; unphysical at least for a single reflection/transmission event as considered here-'leaky modes', discussed later, necessarily exhibit radially increasing field amplitudes, although these are due to a longitudinal accumulation of the field leaked along the prior length of a waveguide $[178,214]$ and [215] p. 21 .

[^13]:    ${ }^{16}$ The prime can be dropped from the $N+1$ region's fields since the primed and unprimed distinction becomes redundant in such an infinite homogeneous region.

[^14]:    ${ }^{17}$ This expression for $\mathcal{T}_{0 s}$ requires that the bounding media be dielectrics and the incident waves have real $k_{0 x}$. The latter is satisfied when $n_{0}$ is the lowest or equal-lowest refractive index in the system, discussed in Section A.2.1.2, which is the case throughout this work.

[^15]:    ${ }^{18}$ Including the possibility of non-unity $\mu_{r}$ and complex $n_{i}$ (i.e., metals), although this isn't of as much interest as the dielectric case $\left(\mu_{r}=1, n_{i} \in \mathbb{R}\right)$ for this work.

[^16]:    ${ }^{19}$ Since the first and second order Hankel functions naturally form a complete set; they are complex superpositions of $J_{l}$ and $Y_{l}$, as per Section B.4.2.

[^17]:    ${ }^{1}$ Taking the positive branch to maintain the functional form of the characteristic equation.

[^18]:    ${ }^{2}$ Often called Neumann functions and represented instead by $N_{\nu}(z)$
    ${ }^{3}$ Ref. [216], p. 398 and pp. 402-406

