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1 **Single-grain TT-OSL bleaching characteristics: Insights from modern** 2 **analogues and OSL dating comparisons**

3
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22 23 **Keywords**

24 Luminescence dating; thermally transferred optically stimulated luminescence (TT-OSL); single-
25 grain; modern analogues; Spain; Australia.

26 27 **Abstract**

28 Previous assessments of thermally transferred optically stimulated luminescence (TT-OSL) signal
29 resetting in natural sedimentary settings have been based on relatively limited numbers of

30 observations, and have been conducted primarily at the multi-grain scale of equivalent dose (D_e)
31 analysis. In this study, we undertake a series of single-grain TT-OSL bleaching assessments on
32 nineteen modern and geological dating samples from different sedimentary environments. Daylight
33 bleaching experiments performed over several weeks confirm that single-grain TT-OSL signals are
34 optically reset at relatively slow, and potentially variable, rates. Single-grain TT-OSL residual doses
35 range between 0 and 24 Gy for thirteen modern samples, with >50% of these samples yielding
36 weighted mean D_e values of 0 Gy at 2σ . Single-grain OSL and TT-OSL dating comparisons
37 performed on well-bleached and heterogeneously bleached late Pleistocene samples from Kangaroo
38 Island, South Australia, yield consistent replicate age estimates. Our results reveal that (i) single-grain
39 TT-OSL residuals can potentially be reduced down to insignificant levels when compared with the
40 natural dose range of interest for most TT-OSL dating applications; (ii) the slow bleaching properties
41 of TT-OSL signals may not necessarily limit their dating applicability to certain depositional
42 environments; and (iii) non-trivial differences may be observed between single-grain and multi-grain
43 TT-OSL bleaching residuals in some modern samples. Collectively, these findings suggest that
44 single-grain TT-OSL dating may offer advantages over multi-grain TT-OSL dating in certain
45 complex depositional environments.

46

47 **1. Introduction**

48 The favourable dose saturation properties of thermally transferred optically stimulated luminescence
49 (TT-OSL) signals offer potential for establishing extended-range luminescence chronologies that
50 exceed the traditional upper age limits of quartz OSL dating (e.g., Wang et al., 2006; Duller and
51 Wintle, 2012; Arnold et al., 2015). However, TT-OSL signals have been shown to be optically reset
52 at a considerably slower rate than conventional OSL signals (e.g., Duval et al 2017), meaning there
53 is greater potential for insufficient signal resetting and associated TT-OSL age overestimation in any
54 dating study. TT-OSL bleaching characteristics have been assessed using several approaches in the
55 recent literature. Daylight bleaching experiments performed on a small number of samples have

56 shown that several weeks or months of natural sunlight exposure are typically required to deplete TT-
57 OSL signals to within 10% of background (e.g., Jacobs et al., 2011; Arnold et al., 2013; Demuro et
58 al., 2015). However, similar sized TT-OSL signal reductions have been observed over much shorter
59 (<1 hour) daylight exposure times for some samples (Athanasas and Zacharias, 2010). TT-OSL
60 depletion rates on the order of multiple days have also been reported from several solar simulator
61 bleaching studies (e.g., Tsukamoto et al., 2008; Hernandez et al., 2012; Brown and Forman, 2012;
62 Duval et al., 2017), albeit using different experimental conditions and simulated daylight intensities.
63 In spite of these generally slow optical bleaching rates, equivalent dose (D_e) assessments performed
64 on modern and very young samples suggest that adequate TT-OSL signal resetting down to
65 sufficiently low levels is possible in some sedimentary environments. Multi-grain residual D_e values
66 of 5-19 Gy have been reported for several modern aeolian sediments from Eurasia and South Africa
67 (see Duller and Wintle, 2012). Arnold et al. (2014) reported a similarly sized multi-grain D_e of $7.3 \pm$
68 0.8 Gy for a modern slopewash and aeolian deposit from north-central Spain, while multi-grain
69 residual D_e values of several tens of Gy have been obtained for coastal and lacustrine shoreline
70 deposits from South Africa and Australia (Jacobs et al., 2011; Fu et al., 2017). In contrast, very large
71 multi-grain TT-OSL residual doses of 250-300 Gy have been reported for modern suspended
72 sediments and overbank deposits from the Yellow River (Hu et al., 2010), potentially cautioning
73 against the suitability of TT-OSL dating in turbid and UV-depleted fluvial settings.

74

75 While these various TT-OSL bleaching assessments have proved insightful, they are based on a
76 relatively modest number of observations ($n = <20$ samples) and further work is needed to better
77 characterise TT-OSL signal resetting across a broader range of natural contexts using complementary
78 types of experimental procedures. Additionally, all existing assessments of TT-OSL bleaching
79 characteristics, with the exception of one study (Fu et al., 2017), have been performed at the multi-
80 grain scale of D_e analysis. It remains unclear, therefore, whether TT-OSL residual doses reported in
81 existing modern analogue studies partly reflect averaging effects arising from simultaneously

82 measuring grains with different bleaching histories, signal compositions or TT-OSL source trap
83 properties. For samples with inherently bright signal intensities, single-grain TT-OSL dating offers
84 the potential to evaluate, or even circumvent, any potential averaging effects. Single-grain TT-OSL
85 has recently been applied at several independently dated archaeological sites from Spain and Australia
86 (e.g., Demuro et al., 2014; Arnold et al., 2015; Hamm et al., 2016). These single-grain studies have
87 also revealed that multi-grain TT-OSL signals may be dominated by grains with unfavourable TT-
88 OSL behaviours (e.g., Arnold and Demuro, 2015) and that apparent multi-grain TT-OSL residual
89 doses of several tens of Gy may result from the inclusion of grain types that are routinely rejected by
90 single-grain quality assurance criteria (Fu et al., 2017). Such complications require further
91 examination, and additional single-grain bleaching assessments are needed to better characterise TT-
92 OSL signal resetting at the most fundamental scale of D_e analysis.

93

94 The aims of the present study are threefold: (i) To examine the TT-OSL bleaching characteristics of
95 quartz samples from a range of depositional environments using three complementary approaches;
96 namely, daylight bleaching experiments, examination of modern sample D_e datasets, and comparisons
97 of replicate TT-OSL and OSL ages for geological dating samples. The first two of these approaches
98 permit examination of TT-OSL resetting properties under controlled bleaching conditions and in
99 analogous natural depositional contexts, while the latter favours assessments of bleaching histories
100 that are directly relatable to individual dating samples; (ii) To assess whether the bleaching properties
101 of TT-OSL signals limit their dating applicability to certain depositional settings, environmental
102 conditions or age ranges; (iii) To compare TT-OSL residual doses and bleaching trends at different
103 scales of D_e analysis.

104

105 **2. Sample details and experimental procedures**

106 This study incorporates nineteen samples collected from a diverse range of depositional environments
107 across Spain and Australia (**Fig. S1**). These two geographic regions have been targeted for their

108 generally bright single-grain quartz TT-OSL signal characteristics (e.g., Arnold et al., 2015; Hamm
109 et al., 2016), while individual sites within these regions have been selected to encompass a variety of
110 natural bleaching conditions. Thirteen samples were collected from actively accumulating, or very
111 recently accumulated, surface sediment deposits that were expected to yield burial doses close to, or
112 consistent with, 0 Gy (assuming adequate signal bleaching during transportation). These samples
113 represent modern analogues for associated archaeological, palaeontological and palaeoenvironmental
114 dating samples being studied as part of recent or ongoing TT-OSL dating projects (e.g., Arnold et al.,
115 2014; Demuro et al., 2014; Fu et al., 2017). Two shallow cave infill samples from the middle
116 Pleistocene palaeoanthropological sites of Galería and Sima del Elefante, Atapuerca, (ATG10-3,
117 ATE10-13) have been chosen for the daylight bleaching experiments, owing to their relatively high
118 and comparable mean burial doses, and uniformly bleached single-grain TT-OSL D_e distributions
119 (e.g., Demuro et al., 2014; Arnold et al., 2015). Single-grain TT-OSL and OSL dating comparisons
120 were performed on four late Pleistocene samples from southern Kangaroo Island that exhibit different
121 types of OSL D_e distributions, and that lie within typically routine OSL dating ranges (mean D_e values
122 = 17-103 Gy). Two of these samples (KHC-KI5, KI14-5) were collected from relatively deep
123 exogenous infill deposits preserved within Kelly Hill Cave (McDowell et al., 2013), and located ~25
124 m from the nearest palaeoentrance (Arnold et al., in prep). A third sample (KI14-12) was collected
125 from a proximal (shallow) exogenous infill deposit preserved immediately beneath a former external
126 opening of the same cave system. The fourth sample (KI14-1) was derived from a well-bedded coastal
127 aeolianite deposit (Bridgewater Formation) found at the Boar Beach trace fossil site (Camens et al.,
128 2017).

129

130 To achieve the main study aims, we have chosen to focus on single-grain TT-OSL and OSL analyses,
131 which enable in depth assessments of bleaching adequacy in the absence of potential grain averaging
132 effects. The details of the TT-OSL and OSL dating procedures employed in this study, including the
133 quality assurance criteria used to eliminate unreliable grains, are provided in Arnold and Demuro

134 (2015), Arnold et al. (2016) and the Supporting Information (**Fig. S2-3; Table S1-3**). D_e values were
135 determined for individual quartz grains using the single-aliquot regenerative-dose (SAR) procedures
136 shown in **Table S1**. **Table S3** summarises the environmental dose rates for the Kangaroo Island
137 dating samples, calculated using a combination of *in situ* field gamma-ray spectrometry (Arnold et
138 al., 2012) and low-level beta counting (Bøtter-Jensen and Mejdahl, 1988).

139

140 **3. TT-OSL daylight bleaching tests**

141 To investigate the effects of controlled daylight exposure on single-grain TT-OSL D_e datasets, we
142 bleached subsets of prepared quartz grains from samples ATG10-3 and ATE10-13 for 42 days on a
143 south-facing exterior window ledge in Burgos, Spain. The original (unbleached) D_e datasets for these
144 two samples exhibit relatively low overdispersion of 23-27%, and the majority of individual D_e
145 estimates are consistent with single dose populations centred on central age model (CAM) D_e values
146 of 540-572 Gy (**Fig. 1a-b**). The unlogged D_e dataset exhibit multiplicative D_e uncertainty properties
147 (**Fig. S4**), and are normally distributed (ATG10-3) or slightly positively skewed (ATE10-13)
148 according to the criterion outlined by Bailey and Arnold (2006) (**Table S4**).

149

150 After 6 weeks of daylight exposure, the weighted mean (CAM) D_e values for both samples were
151 reduced by ~90% (**Fig. 1c-d; Table S4**). These depletion rates are consistent with that obtained for a
152 multi-grain TT-OSL sample by Demuro et al. (2015) under analogous experimental conditions.
153 Though both samples retain weighted mean (unlogged CAM; CAM_{UL}) residual D_e values of 54-65
154 Gy, complete resetting of burial doses is possible for a significant proportion of the measured grains
155 in each sample. Between 38 and 52% of the daylight-bleached grains have D_e values consistent with
156 0 Gy at 2σ after 42 days of daylight exposure (**Table S4**). The D_e distributions are also characterised
157 by higher overdispersion values of 49-57% and significantly enhanced positive skewness, and
158 therefore appear to resemble heterogeneously bleached single-grain D_e datasets (e.g., Olley et al.,
159 2004; Arnold et al., 2009).

160

161 It is difficult to determine whether these heterogeneous D_e distribution characteristics reflect genuine
162 inter-grain differences in TT-OSL signal depletion rates or whether they are a reflection of pre-
163 existing inter-grain differences in natural D_e values prior to bleaching. The former interpretation may
164 be supported by published evidence suggesting that (i) TT-OSL signals are composites of multiple
165 signal components with different detrapping probabilities (e.g., Tsukamoto et al., 2008; Brown and
166 Forman, 2012; Demuro et al., 2015), and that (ii) inter-grain differences in TT-OSL behaviours (e.g.,
167 source traps and signal stabilities) are common in at least some samples (e.g., Arnold and Demuro,
168 2015; Duval et al., 2017; Bartz et al., this volume). Further support comes from **Table S4**, which
169 shows that the higher overdispersion and enhanced skewness of the daylight-bleached datasets cannot
170 be recreated by simply scaling the original D_e datasets by the average depletion rates measured in the
171 bleaching experiments (0.11 ± 0.01 for ATG10-3 and 0.11 ± 0.01 for ATE10-13). It is also possible,
172 however, that some of the enhanced overdispersion in the daylight-bleached D_e datasets may be
173 caused by the increasing influence of intrinsic sources of D_e scatter over low dose ranges (e.g.,
174 different responses of individual grains to the SAR conditions). **Fig. S4** shows that the daylight-
175 bleached D_e datasets exhibit distinctly different D_e uncertainty properties in comparison to the natural
176 D_e datasets (additive rather than multiplicative D_e uncertainty relationships), reflecting the dominance
177 of different types of experimental D_e scatter over low dose ranges.

178

179 **4. Modern analogue D_e datasets**

180 Ten of the thirteen modern samples yielded weighted mean (CAM_{UL}) single-grain OSL D_e values
181 equivalent to 0 Gy at 2σ . Twelve of these samples also have OSL CAM_{UL} D_e values of <0.5 Gy and
182 $>80\%$ of their measured grain populations yielded modern D_e values at 2σ (**Fig. 2-3, S5, Table S5**).
183 These OSL datasets confirm that the collected samples are genuinely modern and have experienced
184 at least several minutes of relatively homogenous daylight exposure prior to their recent deposition.
185 The single-grain TT-OSL results for the modern samples are similarly encouraging, especially given

186 the slower bleaching rates and non-zero Gy mean residual doses observed in the daylight bleaching
187 experiments. Seven of the thirteen modern samples yield TT-OSL $CAM_{UL} D_e$ values equal to 0 Gy
188 at 2σ (**Table S5**). The majority of samples have TT-OSL $CAM_{UL} D_e$ values <5 Gy; only three samples
189 (LE14-MA1, CG12-M2 and FC15-MA1) have higher $CAM_{UL} D_e$ values of 5-25 Gy (**Fig. 2**). The
190 weighted mean residual D_e for all thirteen samples is 3.8 ± 1.4 Gy for the TT-OSL datasets, compared
191 to 0.01 ± 0.01 Gy for the OSL datasets. The SG TT-OSL₂₉₀ protocol, which is designed to maximise
192 TT-OSL contributions from higher temperature source traps (Arnold and Demuro, 2015), yields
193 $CAM_{UL} D_e$ residuals that are statistically indistinguishable from their corresponding OSL and TT-
194 OSL D_e values at 2σ (**Table S5, Fig. 2**). Although only applied to four samples, the TT-OSL₂₉₀ signal
195 therefore appears to be bleachable down to relatively low residual doses in some natural depositional
196 contexts.

197

198 The TT-OSL D_e distribution characteristics and weighted mean residual D_e values vary significantly
199 between sites from the same depositional setting (**Fig 2-3**), highlighting that it may not be appropriate
200 to generalise about TT-OSL bleaching adequacy on the basis of depositional context alone. The
201 single-grain TT-OSL D_e distributions of all samples contain minor populations of high D_e values
202 when compared with their OSL counterparts (**Fig. 3, Fig. S5**). In some cases, the TT-OSL datasets
203 exhibit more pronounced asymmetric tails of high D_e values (**Fig. 3c**) and CAM_{UL} overdispersion
204 values of several Gy. However, all of the single-grain TT-OSL datasets contain significant
205 populations (61-95%) of ‘modern’ grains that yield 0 Gy D_e values at 2σ ; **Table S5, Fig. 7**). For ten
206 of the samples, the proportion of modern grains observed in the TT-OSL datasets are similar to (i.e.,
207 within 10% of) the proportions of modern grains recorded in the corresponding OSL datasets.

208

209 The modern analogue ‘synthetic aliquot’ D_e datasets (equivalent to multi-grain aliquots containing
210 100-grains) reveal several interesting trends (**Fig. 2, Table S6**). The sample-averaged synthetic
211 aliquot OSL residual D_e is 0.67 ± 0.35 Gy for the thirteen samples, which is consistent with the

212 sample-averaged single-grain OSL residual of 0.01 ± 0.01 Gy at 2σ . By contrast, the sample-averaged
213 synthetic aliquot TT-OSL residual D_e (19.9 ± 4.3 Gy) exceeds its single-grain counterpart by a factor
214 of five to six. Additionally, only one of the modern samples (ELC16-MA1) has a synthetic aliquot
215 TT-OSL D_e value equal to 0 Gy at 2σ . The synthetic aliquot TT-OSL D_e values obtained in this study
216 ($0.3\text{--}63$ Gy) overlap with multi-grain TT-OSL residual values reported elsewhere for modern
217 analogues (e.g., Jacobs et al., 2011, Duller and Wintle, 2012; Arnold et al., 2014). For our datasets,
218 comparisons undertaken at different scales of D_e analysis suggests that the systematically larger
219 multi-grain TT-OSL residuals primarily arise from the inclusion of grain types that are rejected by
220 the single-grain quality assurance criteria. There appears to be noticeable inter-sample variability in
221 the types of rejected grains that exert strong multi-grain averaging effects, as might be expected for
222 such a geographically diverse sample dataset. For instance, the presence of rejected grains with very
223 slowly decaying TT-OSL signals appears to chiefly influence the multi-grain D_e results of samples
224 CG12-M2 and LE14-MA1 (see also Tsukamoto et al., 2008; Demuro et al., 2015). For many of the
225 other samples (e.g., FC16-MA1, ATD14-MA1, FM12-1), grains displaying anomalous dose-response
226 properties or unsuitable recycling ratios appear to exert non-neutral effects on the final multi-grain
227 D_e values.

228

229 **5. Single-grain TT-OSL and OSL dating comparisons**

230 The four Late Pleistocene dating samples from Kangaroo Island display different types of single-
231 grain OSL D_e distributions (**Fig. 4, Table S3**), and therefore provide useful datasets for evaluating
232 TT-OSL bleaching suitability across a range of dating contexts. Sample KI14-12, collected close to
233 a cave palaeoentrance, yielded homogenous OSL and TT-OSL D_e datasets (**Fig. 4a**) with low
234 overdispersion values of 17-19%, and indistinguishable CAM OSL and TT-OSL ages of 54.2–55.0
235 ka (**Table S3**). The consistency of these results supports the applicability of TT-OSL at this locality,
236 and suggest that the Kelly Hill Cave infill deposits were exposed to prolonged daylight prior to
237 entering the karst system.

238

239 Samples KHC-KI5 and KI14-5, collected from a deeper chamber within the same cave system,
240 exhibit more heterogeneous OSL D_e distributions, higher overdispersion values of 30-37%, and their
241 D_e datasets are better represented by the minimum age model (MAM) according to the maximum log
242 likelihood criterion of Arnold et al. (2009) (**Fig. 4b-c, Table S3**). These complex D_e characteristics
243 are interpreted as reflecting the entrainment of grains from pre-existing cave sediments during the
244 transportation of predominantly well-bleached, externally derived sediments through the closed cave
245 system (Arnold et al., in prep). The TT-OSL D_e datasets of these heterogeneously bleached samples
246 exhibit pronounced residual D_e populations and higher overdispersion values than their OSL
247 counterparts. In spite of their seemingly complicated depositional history, consistent TT-OSL and
248 OSL ages of 16.1-18.2 ka and 67.3-67.7 ka were obtained for samples KHC-KI5 and KI14-5,
249 respectively, using the MAM.

250

251 The OSL D_e dataset of sample KI14-1, collected from the Boar Beach fossil dune sequence, is
252 characterised by low-to-moderate overdispersion and is well represented by the CAM according to
253 its maximum log likelihood score (**Fig. 4d, Table S3**). The corresponding TT-OSL D_e dataset of
254 KI14-1 exhibits moderate overdispersion of 42% and a more noticeable tail of high D_e values, which
255 could suggest that daylight exposure was not long enough to completely reset the TT-OSL signal of
256 all grains prior to deposition. Though the MAM-4 is statistically favoured over the CAM for this
257 dataset, the TT-OSL ages obtained using both age models (115.2 ± 7.9 ka and 138.2 ± 9.3 ka,
258 respectively) are consistent with the corresponding OSL age of 137.4 ± 8.5 ka at 2σ (CAM data not
259 shown in **Table S3**).

260

261 **6. Discussion and conclusions**

262 The results of this study provide several useful insights into TT-OSL dating bleaching characteristics
263 at different scales of D_e analysis. Daylight bleaching tests confirm that ~6 weeks of exposure may be

264 needed to reduce sample-averaged single-grain TT-OSL residuals to within 10% of background;
265 though complete signal resetting is possible for up to 50% of individually measured grains over the
266 same time period. The CAM_{UL} residual doses (-0.1–23.9 Gy) obtained across a range of modern
267 environments are noteworthy given these relatively slow daylight bleaching rates. The favourable
268 modern analogue bleaching results imply prolonged surface residence times at the sites considered
269 here. Alternatively, the sediment samples may have experienced progressive attenuation of residual
270 signals prior to final deposition via multiple cycles of erosion, transportation and re-deposition (see
271 Stokes, 1992).

272

273 Importantly, the modern analogue residual doses observed in this study are relatively low in
274 comparison to the natural dose range of interest for typical TT-OSL dating applications. Residual D_e
275 values on the order of 10^{-1} – 10^1 Gy are unlikely to compromise single-grain TT-OSL applicability
276 beyond existing uncertainties in most middle or early Pleistocene dating studies. These unbleached
277 TT-OSL residuals may give rise to more significant systematic age offsets when dating Holocene or
278 late Pleistocene samples, particularly at the multi-grain scale of analysis. However, the low single-
279 grain residuals obtained for many of the modern samples, and the consistent OSL and TT-OSL ages
280 observed for the Kangaroo Island samples, suggest potential for reliable TT-OSL dating over shorter
281 timescales at some sites.

282

283 Our various bleaching assessments suggest that single-grain TT-OSL dating suitability is not
284 necessarily limited to certain depositional environments, as is sometimes assumed. Significant
285 variation exists in the magnitudes of modern residual doses recorded both within and between
286 different sedimentary settings (**Fig. 2**). The consistency of comparative OSL and TT-OSL ages from
287 Kangaroo Island also supports the applicability of single-grain TT-OSL dating in some relatively
288 complex sedimentary contexts, as long as appropriate statistical age models are considered. Though
289 these findings are promising, our empirical datasets are relatively limited, and there remains a need

290 to undertake site-specific bleaching assessments in any TT-OSL dating study; especially those
291 conducted in high-latitude settings and depositional environments not covered by our modern
292 analogue dataset. A potentially useful approach for assessing bleaching adequacy might involve
293 comparisons of ages or D_e values obtained with multiple luminescence signals that bleach at different
294 rates. Such assessments have been widely used in post-IR IRSL studies (e.g., Murray et al., 2012),
295 with parity in ages or D_e values being used to support adequate resetting of the slower bleaching
296 signal, all things being equal. The results of our comparative TT-OSL and OSL dating study support
297 those of Demuro et al. (2015; this volume), and suggest that such differential bleaching assessments
298 could provide useful insights into single-grain TT-OSL suitability in routine dating applications.

299

300 Our modern analogue D_e datasets, together with those reported by Gliganic et al. (2017), provide
301 useful constraints on the amount of overdispersion observed in well-bleached modern or very young
302 samples from a diverse range of settings. Well-bleached modern samples, with CAM_{UL} D_e values of
303 0 Gy at 2σ , yield unlogged overdispersion values of 0.12 ± 0.05 Gy for single-grain OSL datasets and
304 1.4 ± 0.5 Gy for single-grain TT-OSL datasets (**Fig. S6a-b, Table S6**). In the absence of site-specific
305 constraints on underlying overdispersion, these average values might provide useful first order
306 approximations for the σ_b parameter of the unlogged minimum age model (MAM_{UL}) and finite
307 mixture model (FMM_{UL}); which should be specified in Gy when analysing heterogeneously bleached
308 or mixed single-grain datasets containing 0 Gy or negative D_e values. When applying the
309 conventional (logged) MAM and FMM, it may also be worthwhile considering the typical single-
310 grain TT-OSL overdispersion values reported so far for well-bleached and unmixed geological (non-
311 modern) samples. These published D_e datasets yield a mean overdispersion value of $21 \pm 2\%$ (**Table**
312 **S7, Fig. S6c**), which is consistent with that reported for ‘ideal’ single-grain OSL samples ($20 \pm 1\%$;
313 Arnold and Roberts, 2009).

314

315 Finally, our results show that significant differences may be observed between single-grain and multi-
316 grain TT-OSL bleaching residuals for some modern samples. Assessment of multi-grain TT-OSL
317 bleaching characteristics may be complicated by averaging effects of unsuitable grain types that are
318 routinely rejected in single-grain analysis, paralleling observations reported in some OSL dating
319 studies (e.g., Demuro et al., 2013; Arnold et al., 2013). These results also reinforce the findings of
320 Arnold and Demuro (2015), which showed that the summed (multi-grain) TT-OSL characteristics of
321 samples may not necessarily be representative of TT-OSL-producing grains that are individually
322 considered suitable for dating.

323

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331 the Nullarbor cave sites.

332

333 **Figure captions**

334

335 **Figure 1** Natural and daylight-bleached single-grain TT-OSL D_e distributions for samples ATG10-3
336 and ATE10-13 from Atapuerca, Spain. Daylight bleaching experiments were conducted on
337 monolayers of prepared quartz grains during July-August in Burgos, Spain (N 42° 21' 00" W 03° 42'
338 24", 860 m.a.s.l.). The daylight-bleached grains were agitated every few days to ensure homogenous
339 exposure of all grain surfaces during the 42 day bleaching period. The dark grey bands are centred
340 on the weighted mean D_e values, which have been calculated using the CAM for the natural D_e
341 datasets and the CAM_{UL} for the daylight-bleached D_e datasets. The light grey bands in plots (c) and
342 (d) are centred on the target residual dose of 0 Gy. Radial plots (c) and (d) have been plotted using a
343 modified log transformation of $z = \log(D_e + a)$ (Galbraith and Roberts, 2012), to more easily
344 accommodate both the large and small (negative and near zero Gy) D_e values observed in these
345 datasets. The standard errors of these modified log transformed datasets are given relative to $D_e + a$,
346 where $a = 20$ Gy for the daylight-bleached datasets of ATG10-3 and $a = 30$ Gy for the daylight-
347 bleached dataset of ATE10-13.

348

349 **Figure 2** (a) Single-grain TT-OSL, TT-OSL₂₉₀ and OSL CAM_{UL} D_e values obtained for the modern
350 analogue samples. (b) Synthetic aliquot TT-OSL, TT-OSL₂₉₀ and OSL CAM_{UL} D_e values obtained
351 for the modern analogue samples. Synthetic aliquot D_e values were obtained by summing the signals
352 of all accepted and rejected grains types on each single-grain disc (equivalent to multi-grain aliquots
353 containing 100-grains each). The dashed horizontal lines mark the expected D_e value (0 Gy) for these
354 samples.

355
356 **Figure 3** Representative modified log transformed radial plots showing single-grain TT-OSL and
357 OSL D_e distributions for the modern analogue samples. See Figure 1 caption for details of the plotting
358 procedure. An *a* offset value of 30 Gy was used to create plots (a) and (c). An *a* offset value of 40 Gy
359 was used to create plot (b). The radial plots are centred on the expected D_e value of 0 Gy for each
360 sample, while the light grey and dark grey bands are centred on the TT-OSL and OSL CAM_{UL} D_e
361 values of each sample, respectively.

362
363 **Figure 4** Paired single-grain TT-OSL and OSL D_e distributions for the Kangaroo Island dating
364 samples, shown as radial plots. Each radial plot is centred on the TT-OSL CAM D_e value. The light
365 grey and dark grey bands are centred on the TT-OSL and OSL D_e values used to calculate the final
366 ages of each sample (see Table S3 for details).

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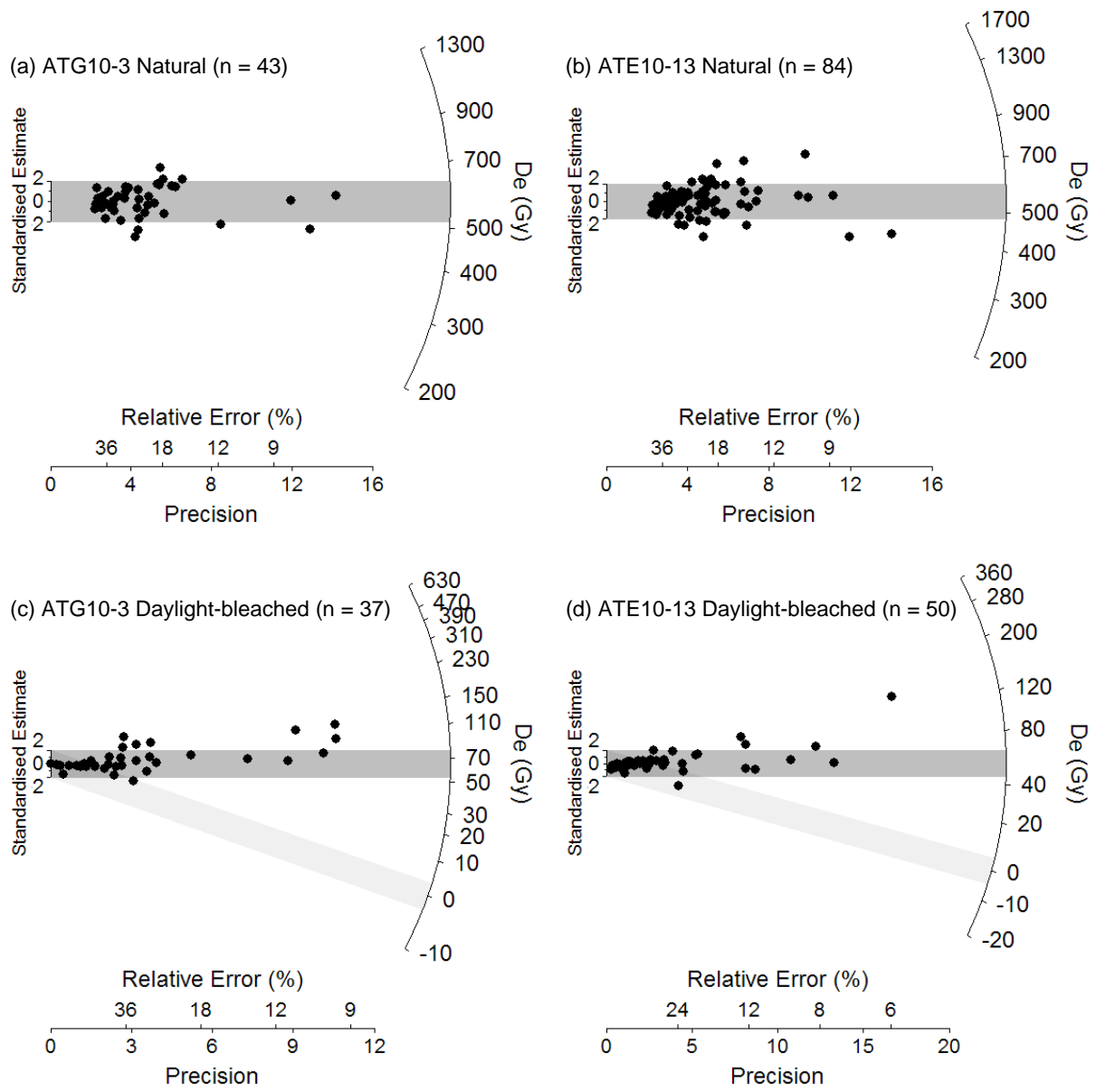


Figure 1

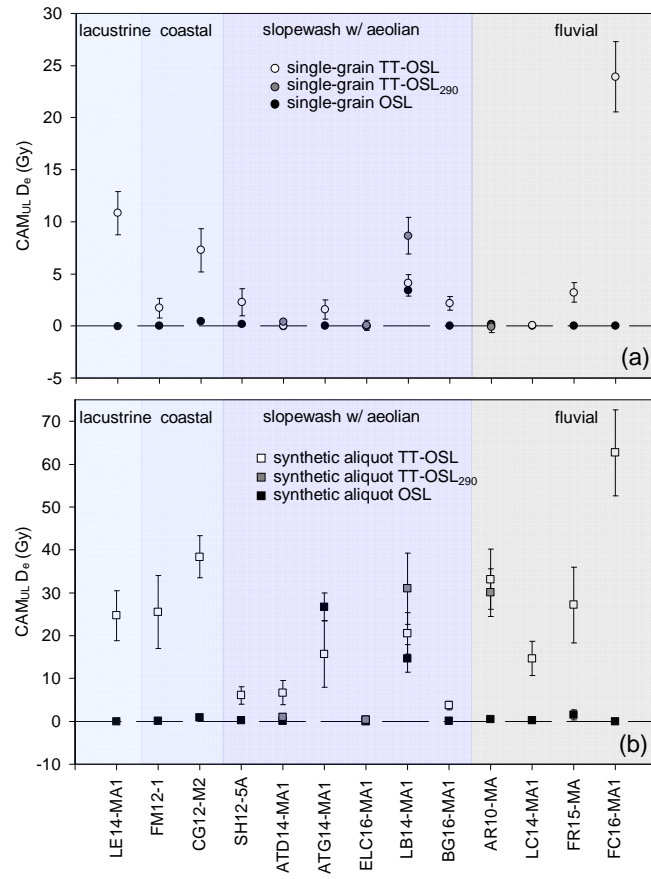


Figure 2

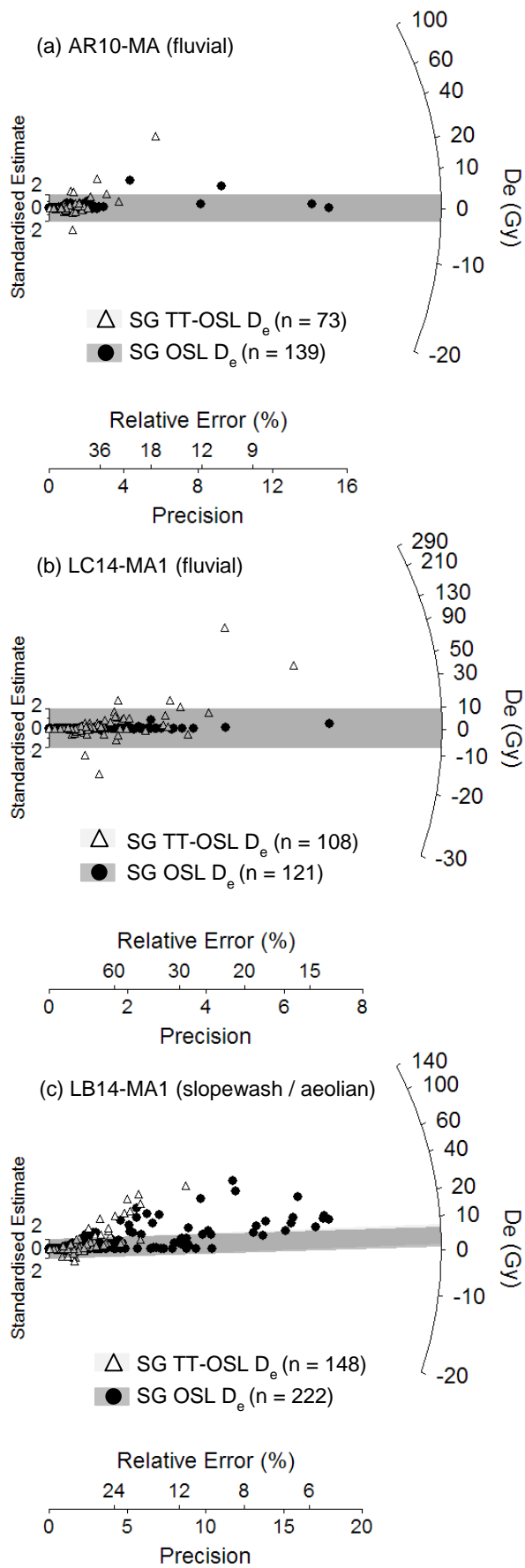


Figure 3

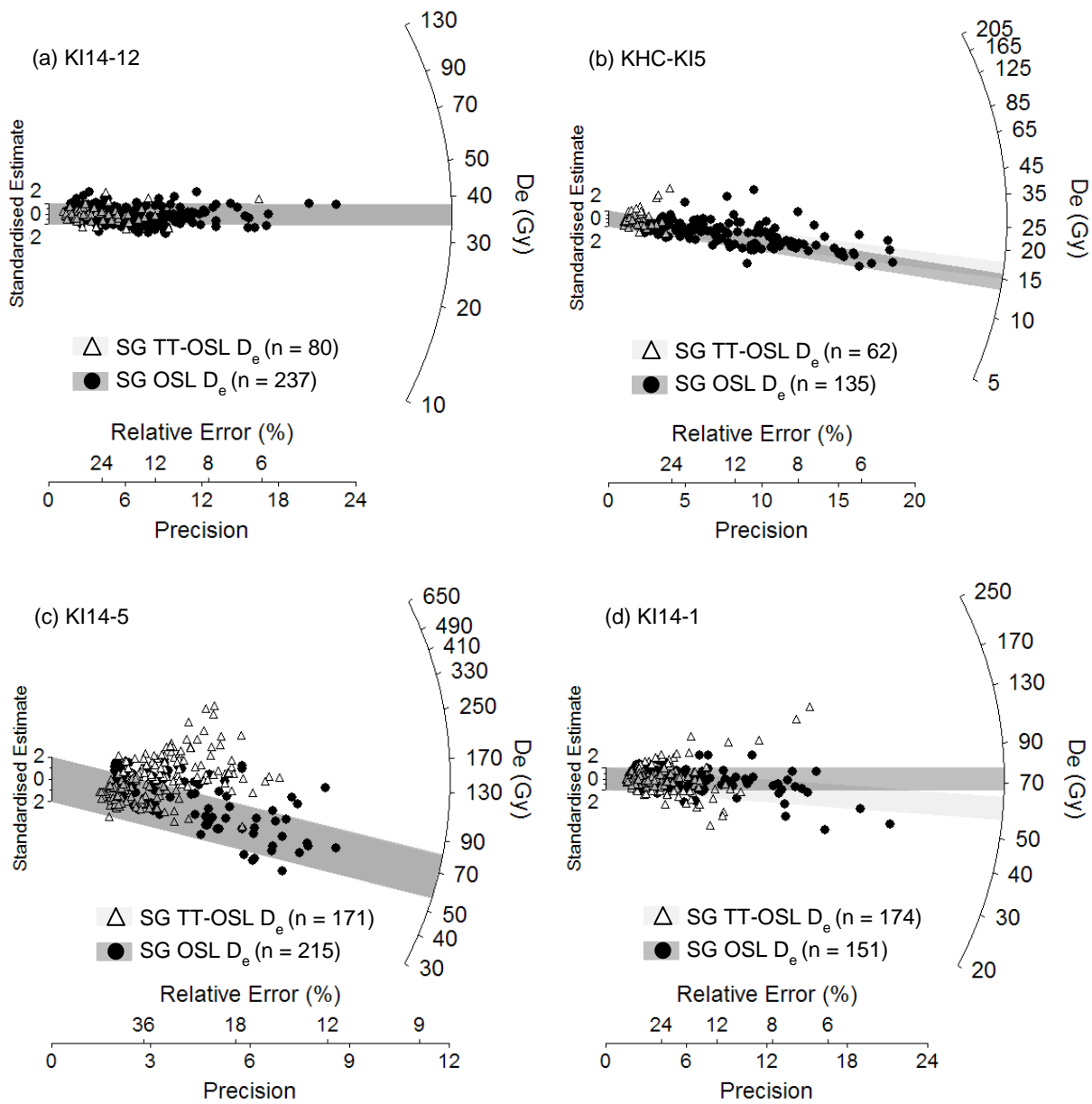


Figure 4

Supplementary Information Arnold et al – Single-grain TT-OSL bleaching characteristics: Insights from modern analogues and OSL dating comparisons.

Single-grain TT-OSL and OSL dating protocols

The optical dating samples from Kangaroo Island (KI14-1, KI14-5, KI14-12, KHC-KI5) and Atapuerca (ATE10-13, ATG10-3) were collected by hammering PVC tubes into cleaned exposure faces, or by carefully extracting loose, unexposed sediment at night using filtered head torches. The Kangaroo Island samples were chosen for the single-grain OSL and TT-OSL dating comparison study because they displayed different types of single-grain OSL D_e distributions and because their natural D_e datasets lay within routine OSL dating ranges (mean D_e values = 17-103 Gy). Though single-grain TT-OSL dating is likely to offer few advantages over conventional single-grain OSL dating for such Late Pleistocene deposits, the Kangaroo Island samples are considered to be well-suited for this study as they permit comparative OSL assessments of TT-OSL bleaching adequacy in the absence of any potential OSL dose saturation effects.

The thirteen modern analogue samples were collected from the uppermost few cm of each surface deposit using a cleaned hand trowel or narrow PVC tube. These modern analogue samples represent contemporary or very recent (i.e., less than a few years old) transportation loads of depositional systems that are being dated as part of associated archaeological, palaeontological and palaeoenvironmental TT-OSL studies (e.g., Arnold et al., 2014, 2015, in prep; Demuro et al., 2014; Fu et al., 2017; Camens et al., 2017). In the case of the modern fluvial samples (AR10-MA, LC14-MA1, FR15-MA, FC16-MA1), the timing of the most recent depositional event is known to be $\ll 10$ years from oral and historical records, geomorphic mapping and satellite imagery. Aerial photography was also used to confirm that the surface lacustrine sediment sample from the southern margin of Lake Eyre North (LE14-MA1) was deposited during the well-documented 2010 flooding event, which occurred four years prior to sample collection. The five modern analogue samples collected adjacent to cave fossil site entrances (ATD14-MA1, ATG14-MA1, ELC16-MA1, LB14-MA1) and open-air fossil sites (BG16-MA1) comprise a mixture of slopewash and aeolian deposits. To ensure, as much as possible, that the sediments collected from these sites had been deposited within the last few years, we consulted with excavation teams that repeatedly visited the sites. We also specifically targeted actively accumulating surficial deposits that remained unvegetated and that had retained their original, undisturbed surface bedding features. The two littoral sediment samples (FM12-1, CG12-M2) were collected from modern beach foreshore deposits found within the current inter-tidal zone, and are thus considered to be contemporary in age. Collectively, the calculated burial doses of all thirteen modern or very recently deposited samples should, therefore, be consistent with, or very close to, an expected value of 0 Gy; assuming they have experienced adequate signal resetting prior to the most recent deposition cycle.

TT-OSL and OSL measurements were made on the 90-125, 180-250 or 212-250 μm quartz fractions using Risø TL-DA-20 readers equipped with blue LED units (470 ± 20 nm, maximum power of 34 to 84 mW cm^{-2}), an array of infrared LEDs (peak emission 875 nm, maximum power of 130 to 151 mW cm^{-2}), and a 10 mW Nd:YVO_4 single-grain laser attachment emitting at 532 nm (maximum power of ~ 50 W cm^{-2}) (Thomsen et al., 2008). Ultraviolet OSL and TT-OSL signals were detected using EMI 9235QA photomultiplier tubes, fitted with 7.5 mm-thick Hoya U-340 filters. Samples were irradiated with mounted $^{90}\text{Sr}/^{90}\text{Y}$ beta sources that had been calibrated to administer known doses to multi-grain aliquots and single-grain discs. For single-grain measurements, spatial variations in beta dose rates across the disc plane were taken into account by undertaking hole-specific calibrations using gamma-irradiated quartz (Hansen et al., 2015).

Single-grain D_e estimates were measured using the single-aliquot regenerative dose (SAR) protocols shown in **Table S1a-c**. The single-grain TT-OSL SAR protocol (**Table S1a**) is based on the simplified multi-grain aliquot approach proposed by Stevens et al. (2009), and makes use of a TT-

OSL test dose (step 11) to correct for sensitivity change. It also includes four preheats of 260 °C for 10 s in each SAR cycle, and two high temperature OSL treatments (steps 6 and 12) to prevent TT-OSL signal carry over from previous regenerative dose (L_x) and test dose (T_x) measurement steps. The modified single-grain TT-OSL SAR protocol (TT-OSL₂₉₀) shown in **Table S1b** uses a preheat of 290°C for 10 s, which is designed to favour TT-OSL production from higher temperature source traps. For consistency, all four preheat treatments (PH₁ to PH₄) were kept the same to mirror the original TT-OSL SAR D_e measurement protocol. This protocol was tested by Arnold and Demuro (2015) as a means of isolating (or maximising) TT-OSL contributions from higher temperature source traps for grains that display thermally unstable TT-OSL signals. It has been applied to a sub-set of the modern analogue samples to assess whether the TT-OSL₂₉₀ signal from higher temperature source traps is readily bleachable in natural depositional contexts. The single-grain OSL SAR protocols adopted in this study make use of different preheat combinations for each sampling site, as detailed in **Table S1c**. The optimum preheat combination for each sample has been determined from site-specific dose-recovery tests (e.g., Arnold et al., 2012a, 2013, in prep, Fu et al., 2017; Camens et al., 2017), and corresponds to the conditions that yielded measured-to-given dose ratios consistent with unity at 2σ .

Single-grain D_e measurements were made using standard single-grain aluminium discs drilled with an array of 300 μm x 300 μm holes. Single-grain OSL measurements were made on either 180-250 or 212-250 μm quartz fractions, with the exception of samples SH12-5A and CG12-M2. These two samples contained insufficient fine sand yields, and so it was necessary to measure their 90-125 μm quartz fractions. It is expected that ~18 grains were placed in each grain-hole position of the standard-sized single-grain discs when measuring these 90-125 μm fractions (Arnold et al., 2012a). Single-grain TT-OSL measurements were made on equivalent grain-size fractions for each sample, with the exception of ATD14-MA1 and ATG14-MA1. Arnold et al. (2014) and Demuro et al. (2014) have shown that the Atapuerca infill deposits contain relatively small proportions of TT-OSL-producing quartz grains. We have therefore chosen to measure the 90-125 μm fractions of these two samples to enhance the number of usable grains per disc while minimising any 'pseudo' single-grain averaging effects, following the findings of Demuro et al. (2013).

Sensitivity-corrected dose-response curves were constructed using the first 0.17 s of each TT-OSL or OSL stimulation after subtracting a mean background count obtained from the last 0.25 s of the TT-OSL or OSL signal. The single-grain TT-OSL dose-response curves are generally characterised by continued signal growth at high doses (10^2 - 10^3 Gy) and are typically well-represented by a single saturating exponential function (e.g., **Fig. S2**). The suitability of the single-grain TT-OSL SAR protocols have been assessed at the various study sites using dose-recovery tests. In all cases the measured-to-given dose ratios are consistent with unity at 2σ , supporting the general applicability of the TT-OSL SAR protocols. Further details of these TT-OSL dose-recovery test results can be found in related publications (e.g., Arnold et al., 2013, 2014, 2015, in prep; Demuro et al., 2014; Arnold and Demuro, 2015, Fu et al., 2017), and will be expanded upon in forthcoming site-specific studies. Representative examples of TT-OSL and OSL dose-recovery test results obtained for the dating comparison samples are shown in **Fig. S3**. A 40 Gy OSL dose-recovery test applied to 200 artificially bleached quartz grains of sample KHC-KI5 (bleached using 2 x 1000 s blue diode stimulation at 30 °C with a 10,000 s intervening pause) yielded an accurate measured-to-given dose ratio of 0.97 ± 0.03 with an overdispersion of $12 \pm 4\%$ (**Fig. S3a**). The TT-OSL dose-recovery test for KI14-12 (**Fig. S3b**) was performed on a batch of 200 unbleached grains owing to the longer exposure times needed to bleach natural TT-OSL signals down to low residual levels for all grains (see main text Section 3). A known (35 Gy) laboratory dose of similar magnitude to the expected D_e was added on top of the natural signal for these grains. The recovered dose was then calculated by subtracting the weighted mean natural D_e of sample KI14-12 (35.8 ± 1.4 Gy) from the weighted mean D_e of these unbleached and dosed grains (71.4 ± 4.1 Gy). This approach yielded a net (i.e., natural-subtracted) recovered-to-

given ratio of 1.02 ± 0.06 and an overdispersion value of $21 \pm 6\%$ for the unbleached and dosed batch of grains.

Single-grain TT-OSL and OSL D_e estimates were only included in the final age calculations if they satisfied a series of standard quality assurance criteria (**Table S2**). Individual D_e estimates were rejected from further consideration if they exhibited one or more of the following properties: (i) weak TT-OSL or OSL signals (i.e., the net intensity of the natural test-dose signal, T_n , was less than three times the standard deviation of the late-light background signal); (ii) poor recycling ratios (i.e., the ratios of sensitivity-corrected luminescence response (L_x/T_x) for two identical regenerative doses were not consistent with unity at 2σ). In the case of the late Pleistocene dating samples from Kangaroo Island, the recycling ratio test was performed using both a low-dose and high-dose regenerative dose cycle (e.g., Arnold et al., 2016); (iii) high levels of signal recuperation (i.e., the sensitivity-corrected luminescence response of the 0 Gy regenerative-dose point amounted to $>5\%$ of the sensitivity-corrected natural signal response (L_n/T_n) at 2σ for geological dating samples or >0.1 Gy at 2σ for the modern analogue samples); (iv) anomalous dose-response curves (i.e., those displaying a zero or negative response with increasing dose) or dose-response curves displaying very scattered L_x/T_x values (i.e., those that could not be successfully fitted with the Monte Carlo procedure and, hence, did not yield finite D_e values and uncertainty ranges); (v) saturated or non-intersecting natural signals (i.e., L_n/T_n values equal to, or greater than, the I_{max} saturation limit of the dose-response curve at 2σ); (vi) extrapolated natural signals (i.e. L_n/T_n values lying more than 2σ beyond the L_x/T_x value of the largest regenerative-dose administered in the SAR procedure); (vii) contamination by feldspar grains or inclusions (i.e., the ratio of the L_x/T_x values obtained from two identical regenerative doses measured with and without prior IR stimulation (OSL IR depletion ratio; Duller, 2003) was less than unity at 2σ). For TT-OSL D_e estimation, criterion (vii) (feldspar contamination) was checked by measuring the OSL IR depletion ratio separately and in the standard manner for single-grain OSL measurements, i.e., by measuring two conventional single-grain OSL SAR cycles (as opposed to two single-grain TT-OSL SAR cycles) with and without IR stimulation.

The OSL, TT-OSL and TT-OSL₂₉₀ grain classification statistics obtained for each sample after applying these quality assurance criteria are summarised in **Table S2**. In the case of samples LE14-MA1 and CG12-M2, a further 21 and 17 grains, respectively (1-2% of the total measured D_e values), were eliminated from the accepted single-grain TT-OSL D_e datasets because they exhibited very slow signal decay rates (i.e., their T_x signals did not reach background after 2 s of laser stimulation). Grains displaying such slow-dominated signals may not fulfil basic SAR suitability requirements (Wintle and Murray, 2006), and have been shown to be associated with thermally unstable signals, experimentally sensitised components or unreliable TT-OSL D_e estimates in several samples (e.g., Tsukamoto et al., 2008; Brown and Forman, 2012; Arnold and Demuro, 2015; Demuro et al., 2015; Bartz et al., submitted).

Individual D_e estimates are presented with their 1σ error ranges, which are derived from three sources of uncertainty: (i) a random uncertainty term arising from photon counting statistics for each TT-OSL measurement, calculated using Eq. 3 of Galbraith (2002); (ii) an empirically determined instrument reproducibility uncertainty of either 1.6%, 1.8%, 1.9% or 2.5% for each single-grain measurement (calculated for the specific Risø reader used for each sample using the approach outlined in Jacobs et al., 2006); and (iii) a dose-response curve fitting uncertainty determined using 1000 iterations of the Monte Carlo method described by Duller (2007) and implemented in Analyst.

Tables S3 summarise the environmental dose rate data for the Kangaroo Island dating samples. External gamma and beta dose rates have been calculated using a combination of *in situ* field gamma-ray spectrometry (Arnold et al., 2012b) and low-level beta counting of dried and homogenised, bulk sediments collected directly from the sampling positions (Bøtter-Jensen and Mejdahl, 1988). Cosmic-ray dose rate contributions were calculated using the equations of Prescott and Hutton (1994) after

taking into consideration site altitude, geomagnetic latitude, and density, thickness and geometry of sediment and bedrock overburden. The beta, gamma and cosmic-ray dose rates have been corrected for long-term sediment moisture contents (Aitken, 1985), which are taken to be equivalent to the present-day measured water contents (Camens et al., 2017). A relative uncertainty of 25% (Kelly Hill Caves) and 20% (Boar Beach) has been assigned to the long-term moisture estimates to accommodate any minor variations in hydrologic conditions during burial. Dosimetry measurements were not made for the thirteen modern analogue samples because their age is already known to be less than a few years old, and the primary interest of this study was to determine the comparative magnitudes of TT-OSL and OSL residual D_e estimates in different types of depositional settings. We were also keen to avoid any time-dependent complications that might arise from calculating dose rates in progressively changing, near-surface dosimetric environments (Madsen and Murray, 2009).

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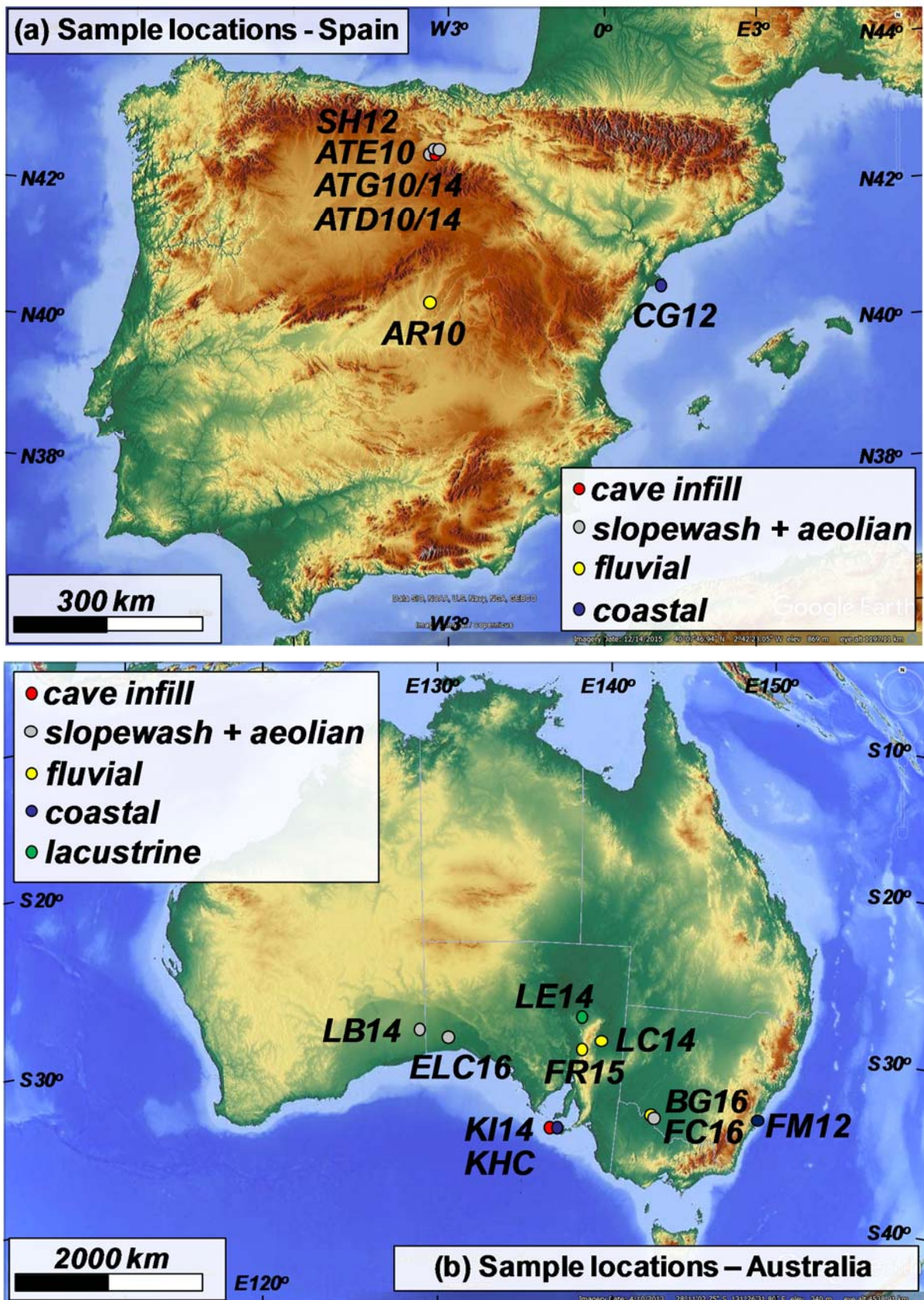


Figure S1 Topographic map of (a) the Iberian Peninsula and (b) Australia showing the location and type of sites considered in this study (source: Google Earth image with Maps-For-Free relief Overlay; <http://ge-map-overlays.appspot.com/world-maps/maps-for-free-relief>).

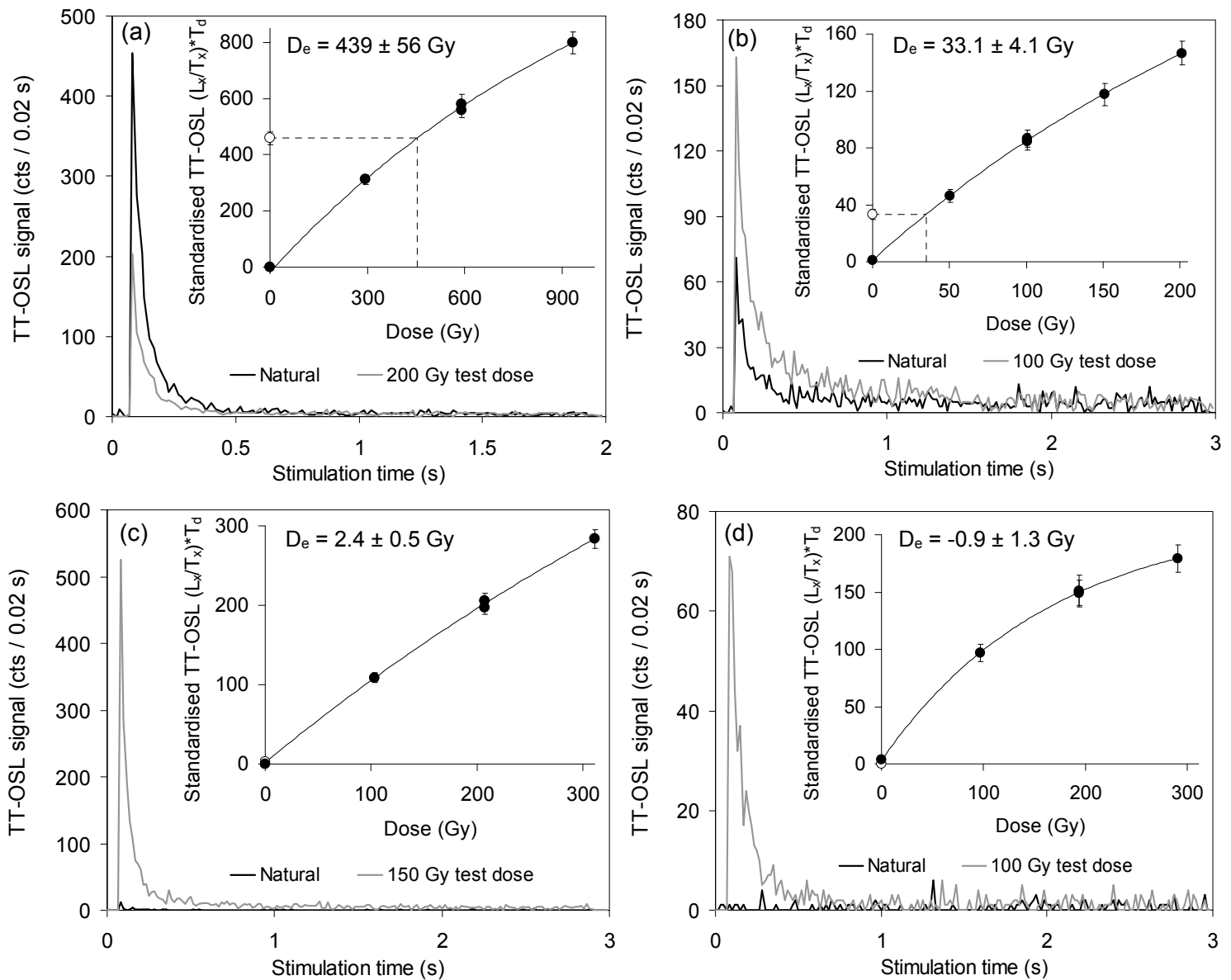


Figure S2 Representative single-grain TT-OSL decay and dose-response curves. In the insets, the open circle denotes the sensitivity-corrected natural OSL signal, and filled circles denote the sensitivity-corrected regenerated OSL signals. (a) Grain from sample ATG10-3 with a typical TT-OSL signal brightness ($T_n \sim 500$ counts / 0.17 s). (b) Grain from sample KI14-12 with a typical TT-OSL signal brightness ($T_n \sim 500$ counts / 0.17 s). (c) Grain from sample BG16-MA1 with a relatively bright TT-OSL signal ($T_n \sim 1500$ counts / 0.17 s). (d) Grain from sample ATG14-MA1 with a relatively dim TT-OSL signal ($T_n \sim 250$ counts / 0.17 s).

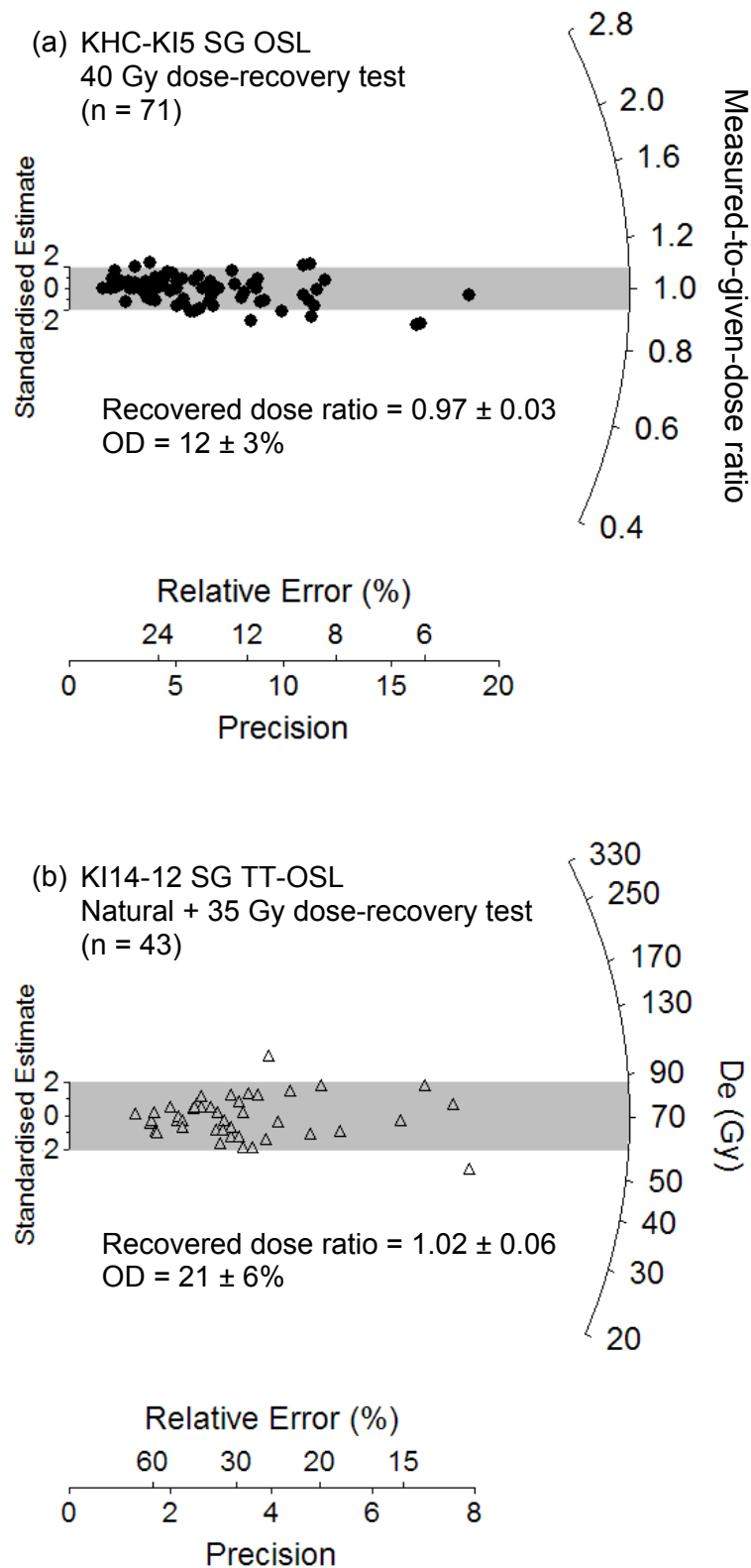


Figure S3 Radial plots showing single-grain OSL and TT-OSL dose-recovery test results for the Kangaroo Island dating samples. (a) Recovered-to-given dose ratios obtained for an OSL dose recovery test performed on individual quartz grains of sample KHC-KI5. The grey shaded region on the radial plot is centred on the administered dose for each grain (recovered-to-given dose ratio of 1). (b) TT-OSL dose recovery test (natural + dosed) D_e values obtained for individual quartz grains of sample KI14-12. The grey shaded region on the radial plot is centred on the weighted mean D_e value.

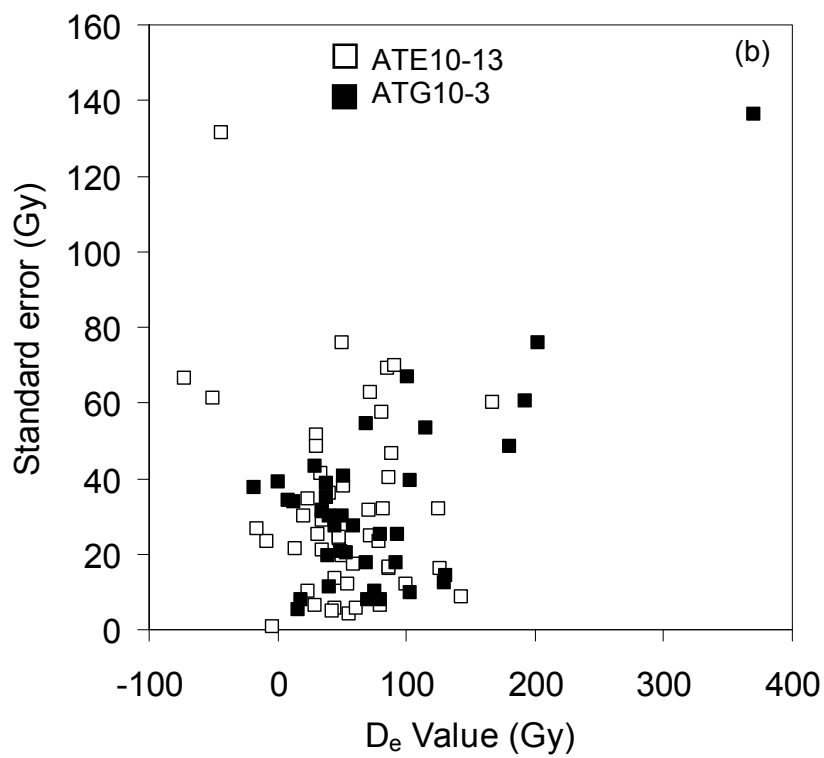
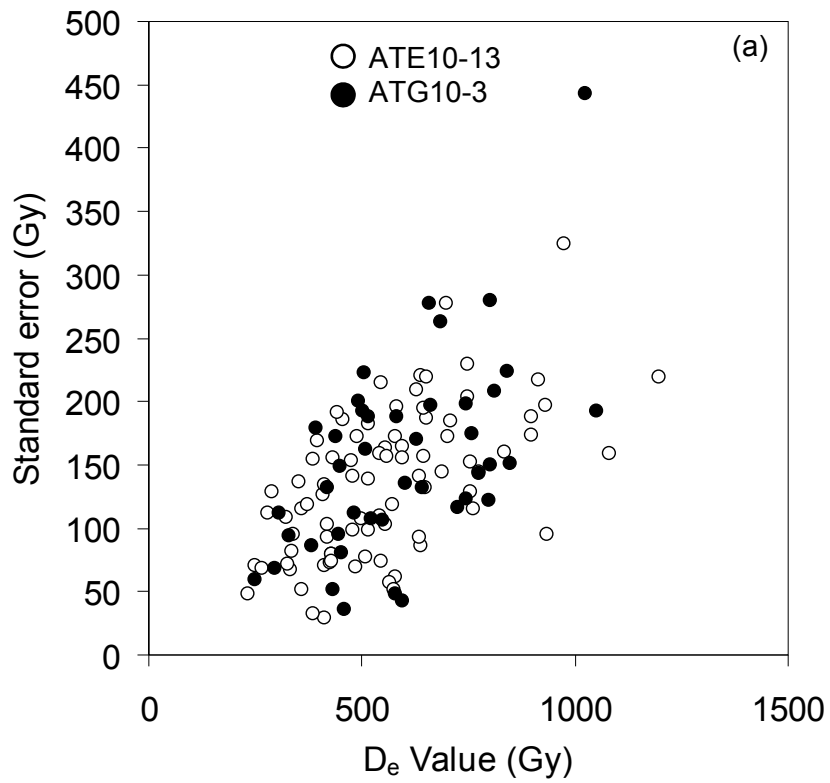


Figure S4 Plots of D_e versus standard error for the (a) natural and (b) daylight-bleached single-grain TT-OSL datasets of samples ATG10-3 and ATE10-13.

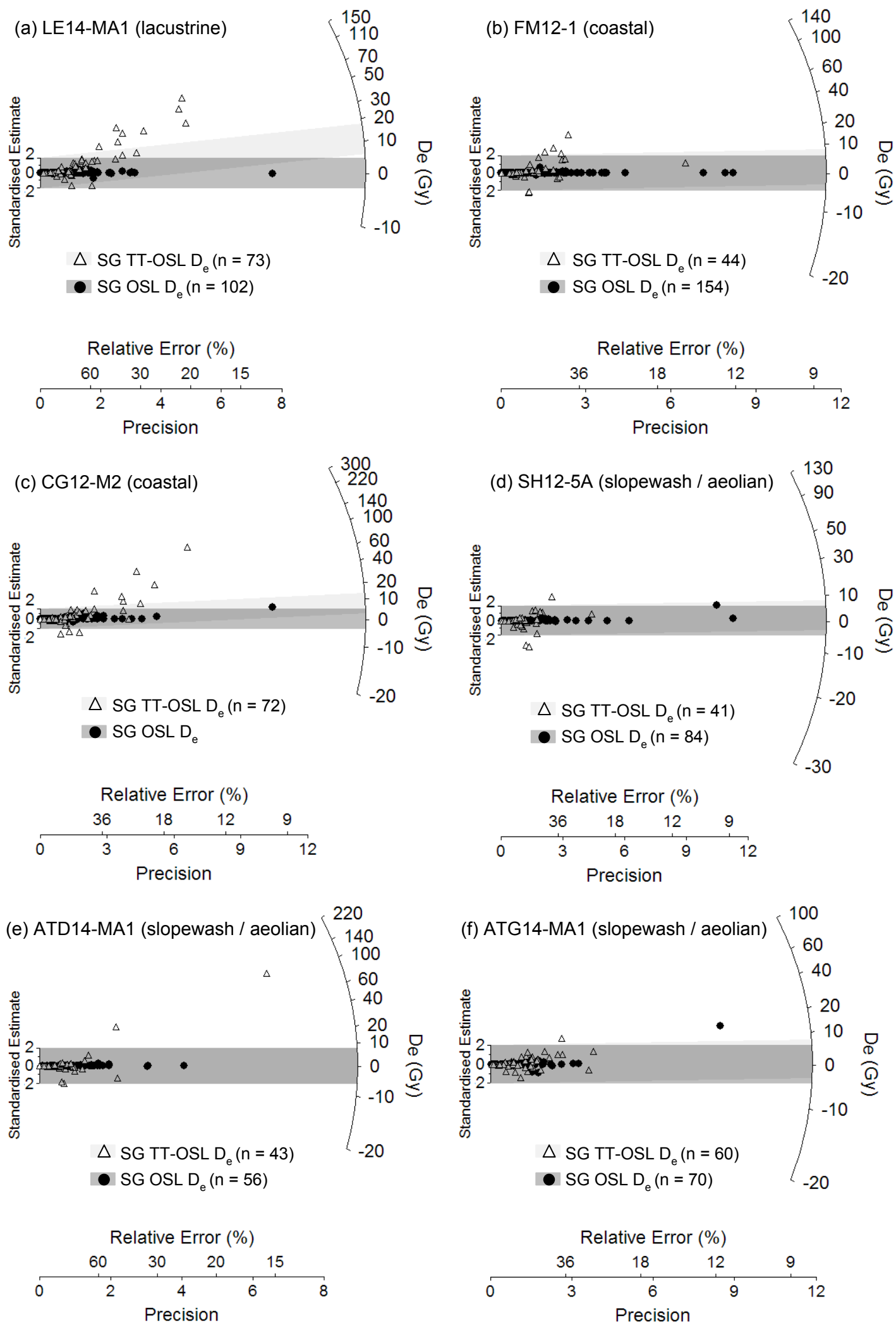


Figure S5

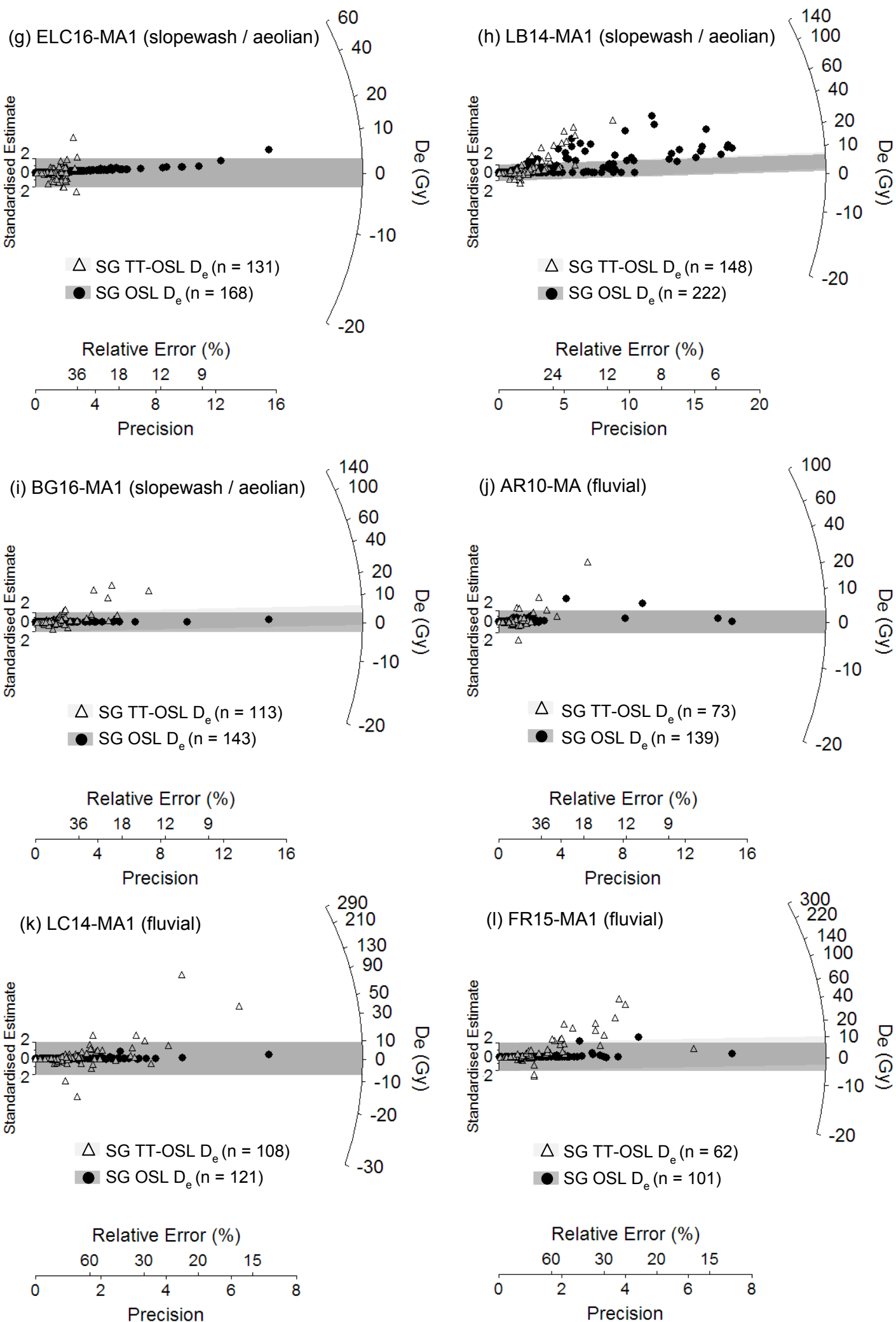


Figure S5

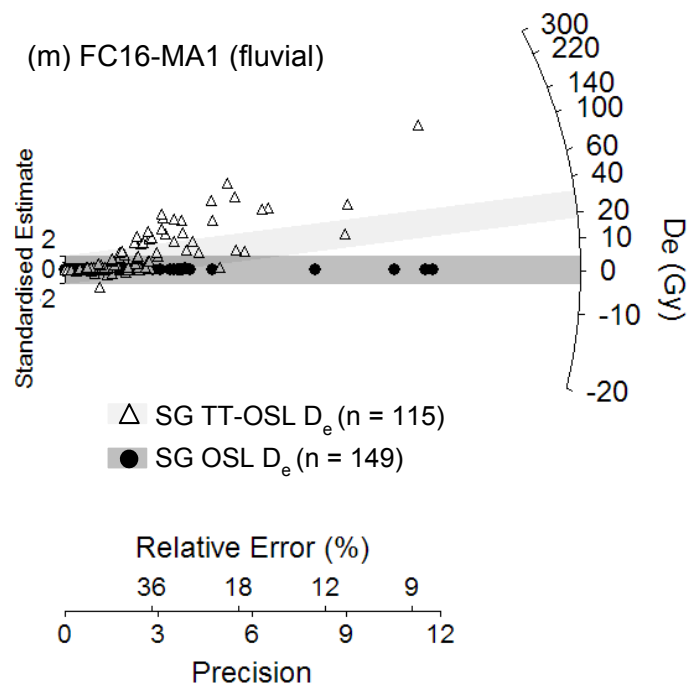


Figure S5 Modified log transformed radial plots showing single-grain TT-OSL and OSL D_e distributions for the modern analogue samples. See Figure 1 caption for details of the plotting procedure. An a offset value of 20 Gy was used to create plot (a), and an a offset value of 40 Gy was used to create plots (d) and (k). All other plots were created with an a offset value of 30 Gy. The radial plots are centred on the expected D_e value of 0 Gy for each sample, while the light grey and dark grey bands are centred on the TT-OSL and OSL CAM_{UL} D_e values of each sample, respectively.

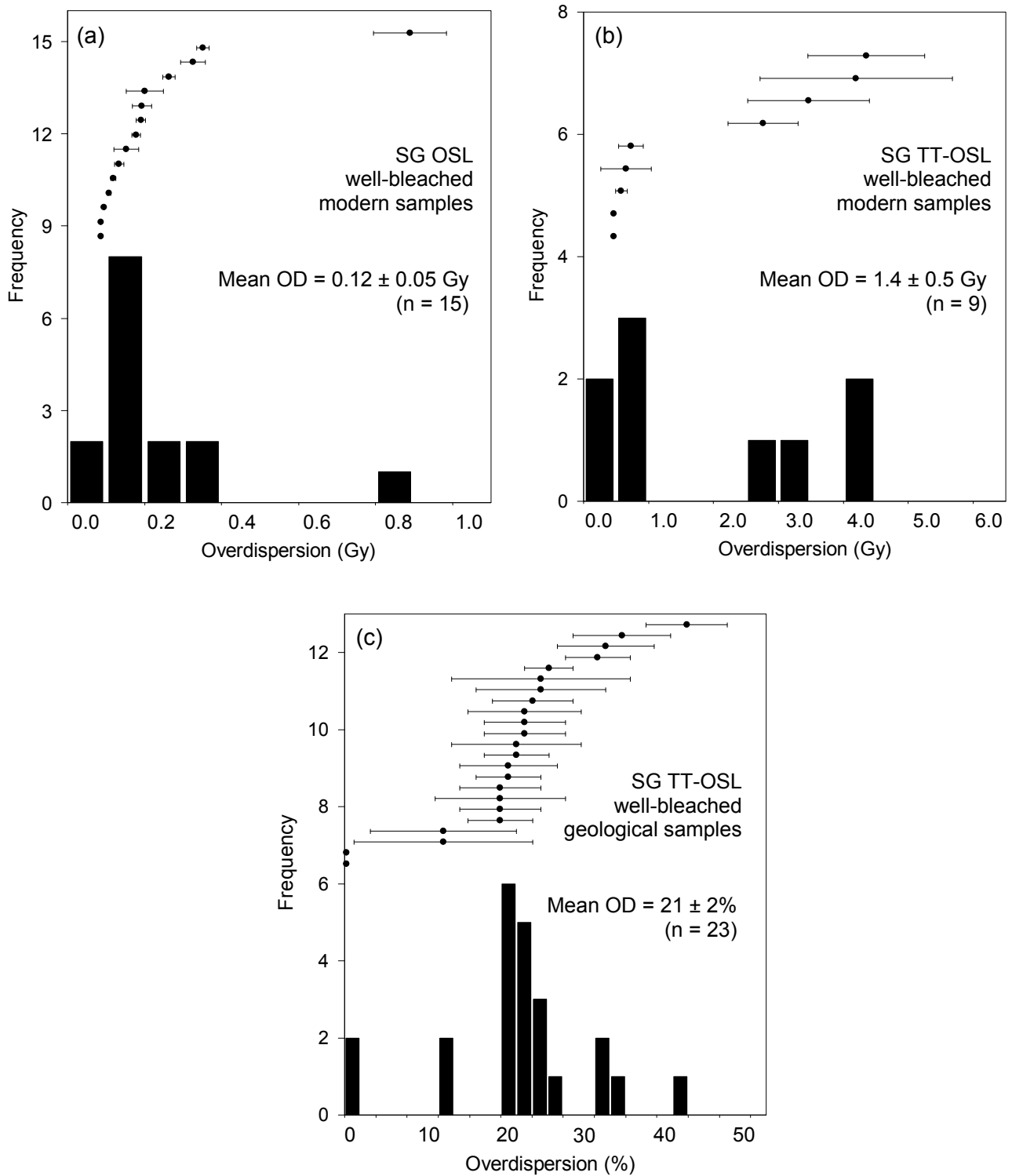


Figure S6 Frequency histograms showing the overdispersion values obtained for (i) well-bleached single-grain OSL modern samples (this study, Gliganic et al., 2017); (ii) well-bleached single-grain TT-OSL modern samples (this study); (iii) published well-bleached single-grain TT-OSL samples from (non-modern) geological and archaeological contexts. The overdispersion values shown in plots (a) and (b) have been calculated using the unlogged central age model (CAM_{UL}) and are given in Gy. The overdispersion values shown in plot (c) have been calculated using the logged central age model (CAM) and are given in %. The data used to create these plots are presented in **Table S6-S7**.

Table 2a: Single-grain TT-OSL SAR D_e protocol			Table 2a: Single-grain TT-OSL ₂₉₀ SAR D_e protocol			Table 2c: Single-grain OSL SAR D_e protocol		
Step	Treatment	Signal	Step	Treatment	Signal	Step	Treatment	Signal
1	Dose (natural or laboratory)		1	Dose (natural or laboratory)		1	Dose (natural or laboratory)	
2	Preheat 1 (PH ₁ = 260°C for 10 s)		2	Preheat 1 (PH ₁ = 290°C for 10 s)		2	IRSL stimulation (50°C for 60 s) ^a	
3	Single-grain OSL stimulation (125°C for 2-3 s)		3	Single-grain OSL stimulation (125°C for 2-3 s)		3	Preheat 1 (variable °C for 10 s) ^b	
4	Preheat 2 (PH ₂ = 260°C for 10 s)		4	Preheat 2 (PH ₂ = 290°C for 10 s)		4	Single-grain OSL (125°C for 2 s)	L _x
5	Single-grain TT-OSL stimulation (125°C for 2-3 s)	L _n or L _x	5	Single-grain TT-OSL stimulation (125°C for 2-3 s)	L _n or L _x	5	Test dose (5-10 Gy)	
6	OSL stimulation (280°C for 400 s)		6	OSL stimulation (280°C for 400 s)		6	Preheat 2 (variable °C for 10 s) ^b	
7	Test dose (100-200 Gy)		7	Test dose (100-200 Gy)		7	Single-grain OSL (125°C for 2 s)	T _x
8	Preheat 3 (PH ₃ = 260°C for 10 s)		8	Preheat 3 (PH ₃ = 290°C for 10 s)		8	Repeat measurement cycle for different sized regenerative doses	
9	Single-grain OSL stimulation (125°C for 2-3 s)		9	Single-grain OSL stimulation (125°C for 2-3 s)				
10	Preheat 4 (PH ₄ = 260°C for 10 s)		10	Preheat 4 (PH ₄ = 290°C for 10 s)				
11	Single-grain TT-OSL stimulation (125°C for 2-3 s)	T _n or T _x	11	Single-grain TT-OSL stimulation (125°C for 2-3 s)	T _n or T _x			
12	OSL stimulation (290 °C for 400 s)		12	OSL stimulation (290 °C for 400 s)				
13	Repeat measurement cycle for different sized regenerative doses		13	Repeat measurement cycle for different sized regenerative doses				

^a Step 2 is only included in the single-grain SAR procedure when measuring the OSL IR depletion ratio (Duller, 2003).

^b The following PH₁ and PH₂ combinations were used for OSL D_e measurements in this study: FM12-1, LB14-MA1, ELC16-MA1, LE14-MA1, CG12-M2 – PH₁ = 260 °C, 10 s, PH₂ = 160 °C, 10 s; FR15-MA, LC14-MA1 – PH₁ = 240 °C, 10 s, PH₂ = 160 °C, 10 s; BG16-MA1, FC16-MA1 – PH₁ = 240 °C, 10 s, PH₂ = 180 °C, 10 s; AR10-MA – PH₁ = 240 °C, 10 s, PH₂ = 200 °C, 10 s; KI14-12, KI14-1, KHC-KI5, KI14-5 – PH₁ = 260 °C, 10 s, PH₂ = 200 °C, 10 s; ATG14-MA1, ATD14-MA1, SH12-5A – PH₁ = 200 °C, 10 s, PH₂ = 200 °C, 10 s;

Table S1 SAR protocols used for single-grain TT-OSL, TT-OSL₂₉₀ and OSL D_e determination. For each protocol, the SAR measurement cycle was repeated for the natural dose, three to four different sized regenerative doses, a 0 Gy regenerative dose (to measure OSL signal recuperation) and a replicate of the lowest regenerative dose cycle (to assess the suitability of the test dose sensitivity correction). For some samples (see **Table S2**), the highest regenerative dose cycle of the single-grain OSL SAR protocol was also repeated to test the suitability of the test dose sensitivity correction over the high dose range of the dose-response curve. For the TT-OSL and TT-OSL₂₉₀ SAR protocols, the OSL IR depletion ratio of Duller (2003) was measured separately and used to check for the presence of feldspar contaminants. The TT-OSL₂₉₀ SAR D_e protocol used a PH₁₋₄ of 290°C for 10 s, which was chosen as corresponding with peak TT-OSL production in the study of Arnold and Demuro (2015). L_x = regenerative dose signal response; L_n = natural dose signal response; T_x = test dose signal response for a laboratory dose cycle T_n = test dose signal response for the natural dose cycle.

Sample name	ATG10-3	ATG10-3	ATE10-13	ATE10-13	KI14-12	KI14-12	KHC-KI5	KHC-KI5	KI14-5
SAR measurement type	TT-OSL Natural	TT-OSL Daylight- bleached	TT-OSL Natural	TT-OSL Daylight- bleached	TT-OSL	OSL	TT-OSL	OSL	TT-OSL
Total measured grains	800	400	1400	1000	400	900	500	400	1000
Reason for rejecting grains from D_e analysis									
<i>Standard SAR rejection criteria:</i>	%	%	%	%	%	%	%	%	%
$T_n < 3\sigma$ background	65	69	70	68	30	19	58	27	48
Low-dose recycling ratio $\neq 1$ at $\pm 2\sigma$	5	4	4	5	13	18	7	9	7
High-dose recycling ratio $\neq 1$ at $\pm 2\sigma$	-	-	-	-	-	8	-	6	-
OSL-IR depletion ratios < 1 at $\pm 2\sigma$	0	0	0	0	0	3	3	4	0
0 Gy $L_x/T_x > 5\%$ L_n/T_n	< 1	2	< 1	1	< 1	< 1	< 1	1	1
Non-intersecting grains ($L_n/T_n >$ dose response curve saturation)	< 1	0	0	0	< 1	< 1	< 1	2	0
Saturated grains ($L_n/T_n \geq$ dose response curve I_{max} at $\pm 2\sigma$)	< 1	0	0	0	0	0	0	2	0
Extrapolated grains ($L_n/T_n >$ highest L_x/T_x at $\pm 2\sigma$)	0	0	0	0	0	4	0	5	0
Anomalous dose response / unable to perform Monte Carlo fit	23	16	20	21	36	20	19	10	27
Sum of rejected grains (%)	95	91	94	95	80	74	88	66	83
Sum of accepted grains (%)	5	9	6	5	20	26	12	34	17

Table S2

Sample name	KI14-5	KI14-1	KI14-1	LE14-MA1	LE14-MA1	FM12-1	FM12-1	CG12-M2	CG12-M2
SAR measurement type	OSL	TT-OSL	OSL	TT-OSL	OSL	TT-OSL	OSL	TT-OSL	OSL
Total measured grains	1500	1000	1000	1200	800	500	500	2000	2000
Reason for rejecting grains from D_e analysis									
<i>Standard SAR rejection criteria:</i>	%	%	%	%	%	%	%	%	%
T _n < 3σ background	27	46	39	79	60	74	40	81	77
Low-dose recycling ratio ≠ 1 at ±2σ	24	9	10	3	9	8	9	4	6
High-dose recycling ratio ≠ 1 at ±2σ	9	-	5	-	-	-	-	-	2
OSL-IR depletion ratios < 1 at ±2σ	3	3	2	0	4	0	8	0	2
0 Gy L _x /T _x > 5% L _n /T _n	2	0	1	2	4	<1	3	0	<1
Non-intersecting grains (L _n /T _n > dose response curve saturation)	3	<1	3	0	0	0	0	0	0
Saturated grains (L _n /T _n ≥ dose response curve I _{max} at ±2σ)	<1	0	<1	0	0	0	0	0	0
Extrapolated grains (L _n /T _n > highest L _x /T _x at ±2σ)	6	0	3	0	0	0	0	0	0
Anomalous dose response / unable to perform Monte Carlo fit	11	25	22	10	10	9	9	11	6
Sum of rejected grains (%)	86	83	85	94	87	91	69	96	94
Sum of accepted grains (%)	14	17	15	6	13	9	31	4	6

Table S2 cont.

Sample name	SH12-5A	SH12-5A	ATD14-MA1	ATD14-MA1	ATD14-MA1	ATG14-MA1	ATG14-MA1	ELC16-MA1	ELC16-MA1
SAR measurement type	TT-OSL	OSL	TT-OSL	TT-OSL ₂₉₀	OSL	TT-OSL	OSL	TT-OSL	TT-OSL ₂₉₀
Total measured grains	300	500	500	600	400	600	500	300	200
Reason for rejecting grains from D_e analysis									
<i>Standard SAR rejection criteria:</i>	%	%	%	%	%	%	%	%	%
T _n < 3σ background	65	59	69	68	68	55	59	5	12
Low-dose recycling ratio ≠ 1 at ±2σ	5	8	16	11	6	10	9	29	18
High-dose recycling ratio ≠ 1 at ±2σ	-	-	-	-	-	-	-	-	-
OSL-IR depletion ratios < 1 at ±2σ	0	5	0	0	4	0	3	0	0
0 Gy L _x /T _x > 5% L _n /T _n	0	2	2	<1	1	1	3	2	7
Non-intersecting grains (L _n /T _n > dose response curve saturation)	0	0	0	0	0	0	1	0	0
Saturated grains (L _n /T _n ≥ dose response curve I _{max} at ±2σ)	0	0	0	0	0	0	0	0	0
Extrapolated grains (L _n /T _n > highest L _x /T _x at ±2σ)	0	0	0	0	0	0	0	0	0
Anomalous dose response / unable to perform Monte Carlo fit	16	9	4	13	7	24	11	20	22
Sum of rejected grains (%)	86	83	91	92	86	90	86	56	59
Sum of accepted grains (%)	14	17	9	8	14	10	14	44	41

Table S2 cont.

Sample name	ELC16-MA1	LB14-MA1	LB14-MA1	LB14-MA1	BG16-MA1	BG16-MA1	AR10-MA	AR10-MA	AR10-MA
SAR measurement type	OSL	TT-OSL	OSL	TT-OSL ₂₉₀	TT-OSL	OSL	TT-OSL	TT-OSL ₂₉₀	OSL
Total measured grains	400	500	500	400	1000	500	2000	1000	1600
Reason for rejecting grains from D_e analysis									
<i>Standard SAR rejection criteria:</i>	%	%	%	%	%	%	%	%	%
T _n < 3σ background	20	35	11	39	66	35	82	82	71
Low-dose recycling ratio ≠ 1 at ±2σ	9	15	26	13	6	7	5	4	6
High-dose recycling ratio ≠ 1 at ±2σ	-	-	-	-	-	4	-	-	5
OSL-IR depletion ratios < 1 at ±2σ	6	0	6	0	0	3	0	0	5
0 Gy L _x /T _x > 5% L _n /T _n	4	2	3	3	<1	2	<1	0	<1
Non-intersecting grains (L _n /T _n > dose response curve saturation)	0	0	<1	0	0	0	<1	0	0
Saturated grains (L _n /T _n ≥ dose response curve I _{max} at ±2σ)	0	0	0	0	0	0	0	0	0
Extrapolated grains (L _n /T _n > highest L _x /T _x at ±2σ)	0	0	0	0	0	0	0	0	0
Anomalous dose response / unable to perform Monte Carlo fit	19	18	10	25	17	20	9	11	4
Sum of rejected grains (%)	58	70	56	80	89	71	96	97	91
Sum of accepted grains (%)	42	30	44	20	11	29	4	3	9

Table S2 cont.

Sample name	FR15-MA1	FR15-MA1	LC14-MA1	LC14-MA1	FC16-MA1	FC16-MA1
SAR measurement type	OSL	TT-OSL	TT-OSL	OSL	TT-OSL	OSL
Total measured grains	500	900	1100	1000	1000	600
Reason for rejecting grains from D_e analysis						
<i>Standard SAR rejection criteria:</i>	%	%	%	%	%	%
T _n < 3σ background	53	76	66	61	66	51
Low-dose recycling ratio ≠ 1 at ±2σ	11	6	6	9	5	5
High-dose recycling ratio ≠ 1 at ±2σ	-	-	-	-	-	2
OSL-IR depletion ratios < 1 at ±2σ	5	0	0	7	0	3
0 Gy L _x /T _x > 5% L _n /T _n	3	<1	<1	2	<1	3
Non-intersecting grains (L _n /T _n > dose response curve saturation)	0	0	0	0	<1	0
Saturated grains (L _n /T _n ≥ dose response curve I _{max} at ±2σ)	0	0	0	0	0	0
Extrapolated grains (L _n /T _n > highest L _x /T _x at ±2σ)	0	0	0	0	0	0
Anomalous dose response / unable to perform Monte Carlo fit	8	10	18	9	17	11
Sum of rejected grains (%)	80	93	90	88	89	75
Sum of accepted grains (%)	20	7	10	12	12	25

Table S2 Single-grain TT-OSL, TT-OSL₂₉₀ and OSL classification statistics. The proportion of grains that were rejected from the final D_e estimation after applying the various SAR quality assurance criteria are shown in rows 6-14. For samples LE14-MA1 and CG12-M2, the anomalous dose response category includes 21 and 17 grains, respectively, that were eliminated from the accepted single-grain TT-OSL D_e datasets because they exhibited very slow signal decay rates (i.e., their T_x signals did not reach background after 2 s of laser stimulation).

Sample	Deposit	Depth (m)	Grain size (µm)	Water content (%) ^a	Environmental dose rate (Gy/ka)				Equivalent dose (D _e) data				Final age (ka) ^e	
					Beta dose rate	Gamma dose rate	Cosmic dose rate	Total dose rate ^b	D _e type	Accepted/measured	Overdispersion (%)	Age model ^{c,d}		D _e (Gy)
<i>Kelly Hill Cave sand cone exposure:</i>														
KI14-12	shallow cave infill	1.25	212-250	1±1	0.29±0.02	0.29±0.01	0.05±0.01	0.65±0.03	SG OSL	237/9000	17±2	CAM	35.3±0.6	54.2±3.0
									SG TT-OSL	80/400	19±4	CAM	35.8±1.4	55.0±3.6
<i>Kelly Hill Cave K1-P1 excavation:</i>														
KHC-KI5	deep cave infill	0.85	212-250	3±1	0.43±0.01	0.43±0.01	0.02±0.01	0.91±0.03	SG OSL	135/400	30±2	MAM-3	14.7±0.8	16.1±1.1
									SG TT-OSL	62/500	73±11	MAM-3	16.5±3.1	18.2±3.4
KI14-5	deep cave infill	1.75	212-250	6±2	0.45±0.03	0.46±0.01	0.02±0.01	0.96±0.04	SG OSL	215/1500	37±3	MAM-4	67.7±3.0	70.7±4.7
									SG TT-OSL	171/1000	51±4	MAM-4	67.3±7.1	70.2±8.1
<i>Boar Beach trace fossil site:</i>														
KI14-1	coastal dune	10.5	212-250	5±1	0.24±0.01	0.18±0.01	0.06±0.01	0.52±0.03	SG OSL	151/1000	25±2	CAM	71.6±2.0	137.4±8.5
									SG TT-OSL	174/1000	42±3	MAM-4	60.0±2.5	115.2±7.9

^a Field water content, expressed as % of dry mass of mineral fraction, with an assigned relative uncertainty of ±25%.

^b Total dose rate includes an assumed internal dose rate of 0.03 ± 0.01 Gy / ka.

^c The MAM D_e estimates have been calculated after adding, in quadrature, a relative error of 15% to each individual D_e measurement error based on the underlying dose overdispersion observed in the single-grain dose-recovery tests and in the 'ideal' well-bleached and unmixed sample (sample KI14-12).

^d Age model selection – The CAM was used to calculate the final SG OSL and TT-OSL D_e of KI14-12 as this sample had low overdispersion values consistent with those observed in the dose recovery datasets at 2σ; **Fig. S3**). The overdispersion value of the KI14-1 SG OSL dataset is similarly consistent with that of the well-bleached sample KI14-12 at 2σ. All other D_e datasets are interpreted as being heterogeneously bleached on the basis of their higher overdispersion values (inconsistent with KI14-12 at 2σ), complex geomorphic contexts (deep cave infill deposits) and the relatively slow bleaching rate of the TT-OSL signal (**Fig. 1**). The choice of whether to use the MAM-3 or MAM-4 has been made on statistical grounds using the maximum log likelihood score criterion outlined by Arnold et al. (2009).

^e Total uncertainty includes a systematic component of ±2% associated with laboratory beta-source calibration.

Table S3 Single-grain TT-OSL and OSL D_e summary statistics, dose rates and final ages for the Kangaroo Island samples.

Sample	Site / deposit	Grain size (μm)	D_e type	Accepted/ measured	W-skew ^a	Critical skew ^b	Overdispersion (%)	Modern Grains (%) ^c	Age model	D_e (Gy)	D_e depletion ratio ^d
ATG10-3	Galería GIIIb	90-125	Natural	43/800	0.38	± 0.75	23 \pm 5	0	CAM	572 \pm 29	-
			Daylight bleached (42 days)	37/400	2.22	± 0.81	49 \pm 9	38	CAM _{UL}	65 \pm 7	0.11 \pm 0.01
			Natural (scaled by D_e depletion ratio)	43/800	0.33	± 0.75	20 \pm 6	0	CAM	65 \pm 3	-
ATE10-13	Elefante TE19	90-125	Natural	84/1400	0.85	± 0.53	27 \pm 4	0	CAM	540 \pm 21	-
			Daylight bleached (42 days)	50/500	3.21	± 0.69	57 \pm 9	52	CAM _{UL}	54 \pm 6	0.10 \pm 0.01
			Natural (scaled by D_e depletion ratio)	84/1400	0.82	± 0.53	24 \pm 4	0	CAM	54 \pm 2	-

^a Weighted skewness scores have been calculated on the original rather than log-transformed D_e values (using Eq. 14 of Bailey and Arnold, 2006) owing to presence of negative D_e values in the daylight-bleached datasets.

^b Critical skewness scores have been calculated using Eq. 16 of Bailey and Arnold (2006). D_e distributions are considered to be significantly skewed if the weighted skewness value is greater than the corresponding critical skewness value. Critical skewness values are taken to be equivalent to twice the standard error of skewness score for single-grain D_e datasets (Bailey and Arnold, 2006; Arnold et al., 2007).

^c Modern grains are defined as having a D_e value consistent with 0 Gy at 2σ .

^d D_e depletion ratio = W-mean D_e of daylight bleached dataset / w-mean D_e of Natural dataset.

Table S4 Single-grain TT-OSL summary statistics for the natural and daylight-bleached D_e datasets of samples ATG10-3 and ATE10-13 from Atapuerca, Spain.

(a)			SG TT-OSL results		SG TT-OSL ₂₉₀ results		SG OSL results	
Sample	Site	Setting	% modern grains ^a	CAM _{UL} D _e (Gy)	% modern grains ^a	CAM _{UL} D _e (Gy)	% modern grains ^a	CAM _{UL} D _e (Gy)
LE14-MA1	Lake Eyre Williams Point, Australia	lacustrine	79.5	10.8 ± 2.1			96.1	-0.02±0.02
FM12-1	Fairy Meadow Beach, Australia	littoral	88.6	1.7±0.9			87.0	0.02±0.01
CG12-M2	Sitges Beach, Spain	littoral	81.9	7.3±2.1			90.6	0.46±0.16
SH12-5A	Cueva Mayor exterior, Atapuerca, Spain	slopewash / aeolian	92.7	2.3±1.3			81.0	0.18±0.07
ATD14-MA1	Gran Dolina exterior, Atapuerca, Spain	slopewash / aeolian	95.3	0.02±0.11	84.4	0.40±0.14	100.0	-0.03±0.04
ATG14-MA1	Galería exterior, Atapuerca, Spain	slopewash / aeolian	91.7	1.6±0.9			94.3	0.04±0.03
ELC16-MA1	Emu Leap Cave, Nullarbor Plains, Australia	slopewash / aeolian	94.7	-0.06±0.12	94.0	0.07±0.49	88.1	-0.04±0.02
LB14-MA1	Leana's Breath Cave, Nullarbor Plains, Australia	slopewash / aeolian	79.7	4.1±0.8	74.1	8.7±1.8	70.7	3.4±0.6
BG16-MA1	Bone Gulch, Murray River, Australia	Slopewash / aeolian	91.2	2.2±0.6			94.4	-0.01±0.02
AR10-MA	Arganda, Spain	fluvial	93.2	0.02±0.18	93.8	-0.11±0.50	92.1	0.20±0.10
LC14-MA1	Lake Callabonna, Australia	fluvial	91.7	0.05±0.10			88.4	-0.01±0.03
FR15-MA	Hookina Creek, Australia	fluvial	77.4	3.2±0.9			83.2	0.02±0.01
FC16-MA1	Fishermans Cliff, Murray River, Australia	fluvial	60.9	23.9±3.4			85.9	0.02±0.01

^a Modern grains/aliquots are defined as having a D_e value consistent with 0 Gy at 2σ. A small number of samples have higher proportions of modern grains in their TT-OSL D_e datasets than in their corresponding OSL D_e datasets (SH12-5A, ELC16-MA1, LB14-MA1). These minor differences primarily reflect the larger 2σ uncertainty ranges of the individual TT-OSL D_e values in comparison to their OSL counterparts (see **Fig. S5**).

Table S5 (caption on next page)

(b)

Sample	Site	Setting	Synthetic aliquot TT-OSL CAM _{UL} D _e (Gy)	Synthetic aliquot TT-OSL ₂₉₀ CAM _{UL} D _e (Gy)	Synthetic aliquot OSL CAM _{UL} D _e (Gy)
LE14-MA1	Lake Eyre Williams Point, Australia	lacustrine	24.7±5.8		-0.01±0.05
FM12-1	Fairy Meadow Beach, Australia	littoral	25.5±8.5		0.03±0.02
CG12-M2	Sitges Beach, Spain	littoral	38.4±4.9		0.81±0.20
SH12-5A	Cueva Mayor exterior, Atapuerca, Spain	slopewash / aeolian	6.1±2.0		0.25±0.15
ATD14-MA1	Gran Dolina exterior, Atapuerca, Spain	slopewash / aeolian	6.6±2.8	0.94±0.81	0.04±0.04
ATG14-MA1	Galería exterior, Atapuerca, Spain	slopewash / aeolian	15.7±7.7		26.7±3.2
ELC16-MA1	Emu Leap Cave, Nullarbor Plains, Australia	slopewash / aeolian	0.28±0.30	0.30±0.69	-0.03±0.04
LB14-MA1	Leana's Breath Cave, Nullarbor Plains, Australia	slopewash / aeolian	20.5±4.9	31.0±8.3	14.6±3.2
BG16-MA1	Bone Gulch, Murray River, Australia	Slopewash / aeolian	3.7±1.0		0.04±0.06
AR10-MA	Arganda, Spain	fluvial	33.1±7.0	30.0±5.6	0.51±0.40
LC14-MA1	Lake Callabonna, Australia	fluvial	14.7±4.0		0.25±0.27
FR15-MA	Hookina Creek, Australia	fluvial	27.1±8.9		1.5±1.2
FC16-MA1	Fishermans Cliff, Murray River, Australia	fluvial	62.6±10.0		-0.01±0.04

Table S5 (a) Single-grain and (b) synthetic aliquot (100-grain aliquot) TT-OSL, TT-OSL₂₉₀ and OSL D_e summary statistics for the modern analogue samples. CAM_{UL} D_e values that are consistent with 0 Gy at 2σ are shown in bold.

Reference	Site	Sample	Type of deposit	SG OSL		SG TT-OSL and TT-OSL ₂₉₀		
				CAM _{UL} D _e (Gy)	Overdis- persion (Gy)	CAM _{UL} D _e (Gy)	Overdis- persion (Gy)	
This study	Lake Eyre Williams Point, Australia	LE14-MA1	lacustrine	-0.02±0.02	0.10±0.02			
	Fairy Meadow Beach, Australia	FM12-1	littoral	0.02±0.01	0.08±0.01	1.7±0.9	2.8±0.9	
	Cueva Mayor exterior, Atapuerca, Spain	SH12-5A	slopewash / aeolian			2.3±1.3	3.5±1.4	
	Gran Dolina exterior, Atapuerca, Spain	ATD14-MA1	slopewash / aeolian	-0.03±0.04	0.10±0.04	0.02±0.11	0±0	
	Galería exterior, Atapuerca, Spain	ATG14-MA1	slopewash / aeolian	0.04±0.03	0.06±0.03	1.6±0.9	3.7±0.8	
	Emu Leap Cave, Nullarbor Plains, Australia	ELC16-MA1	slopewash / aeolian	-0.04±0.02	0.24±0.02	-0.06±0.12	0.25±0.18	
		ELC16-MA1	slopewash / aeolian			0.07±0.49	2.2±0.5*	
	Bone Gulch, Murray River, Australia	BG16-MA1	Slopewash / aeolian	-0.01±0.02	0.16±0.01			
	Arganda, Spain	AR10-MA	fluvial	0.20±0.10	0.71±0.09	0.02±0.18	0.18±0.37	
		AR10-MA	fluvial			-0.11±0.50	0±0*	
	Lake Callabonna, Australia	LC14-MA1	fluvial	-0.01±0.03	0.21±0.03	0.05±0.10	0.11±0.08	
	Hookina Creek, Australia	FR15-MA	fluvial	0.02±0.01	0.04±0.01			
	Fishermans Cliff, Murray River, Australia	FC16-MA1	fluvial	0.02±0.01	0.09±0.01			
	Gliganic et al., 2017	Cooper Creek, Australia	CC2	fluvial	0.03±0.03	0.03±0.01		
		Cooper Creek, Australia	CC3	fluvial	-0.03±0.05	0±0		
Wollombi Brook, Australia		WB2	fluvial	-0.04±0.03	0±0			
Wollombi Brook, Australia		WB5	fluvial	0.01±0.03	0.01±0.01			
Wollombi Brook, Australia		WB7	fluvial	-0.03±0.02	0.02±0.01			
Mean					0.12		1.41	
Median					0.08		0.25	
Standard error					0.05		0.53	

Table S6 Published single-grain OSL and TT-OSL overdispersion values for well-bleached modern samples with weighted mean D_e values of 0 Gy at 2σ. These overdispersion values have all been calculated using the unlogged central age model (CAM_{UL}) of Arnold et al. (2009) and are expressed in Gy. TT-OSL overdispersion values derived using the TT-OSL₂₉₀ protocol are denoted with an asterisk.

Reference	Site	Sample	Type of deposit	SG TT-OSL and TT-OSL ₂₉₀	
				CAM D _e (Gy)	Overdispersion (%)
Arnold et al., 2014	Sima de los Huesos, Atapuerca, Spain	SH12-1A	Allochthonous cave infill	701±31	19±5
		SH12-2A	Allochthonous cave infill	728±27	21±4
		SH12-3A	Allochthonous cave infill	713±42	42±5
		SH12-4A	Allochthonous cave infill	767±41	22±5
Demuro et al., 2014	Galería, Atapuerca, Spain	ATG10-1	Allochthonous cave infill	511±25	22±5
		ATG10-3	Allochthonous cave infill	572±29	23±5
		AT10-2	Allochthonous cave infill	591±37	32±6
		ATG10-7	Allochthonous cave infill	601±27	31±4
		ATG10-8	Allochthonous cave infill	546±21	20±4
		ATG10-9	Allochthonous cave infill	925±71	12±11
		ATG10-10	Allochthonous cave infill	813±90	24±11
		ATZ10-4	Allochthonous cave infill	937±66	19±8
		ATG10-4	Allochthonous cave infill	957±62	12±9
Arnold and Demuro, 2015	Gran Dolina, Atapuerca, Spain	F13	Allochthonous cave infill	778±38	0±0*
Arnold et al., 2015	Sima del Elefante, Atapuerca, Spain	ATE10-11	Allochthonous cave infill	519±17	25±3
Ollé et al., 2016	La Cansaladeta, Tarragona, Spain	BO13-10	Fluvial	618±36	22±7
		BO13-8	Fluvial	580±30	20±6
		BO13-9	Fluvial	588±26	19±5
Hamm et al., 2016	Warratyi Rock Shelter, Flinders Ranges, Australia	ERS-7	Slopewash / aeolian	168±12	24±8
Fu et al., 2017	Lake Eyre Williams Point, Australia	LE14-1	lacustrine	194±12	34±6
This study	Kelly Hill Cave, Kangaroo Island, Australia	KI14-12	Allochthonous cave infill	35.8±1.4	19±4
Demuro et al., submitted	Galería de las Estatuas, Atapuerca, Spain	GE16-7	Allochthonous cave infill	161±10	21±8
Bartz et al., submitted	Lower Moulouya River, Morocco	C-L3824	Fluvial	871±72	0±0
				Mean	21.0
				Median	21.0
				Standard error	2.1

Table S7 Published single-grain TT-OSL overdispersion values for geological (non-modern) samples that are reported to have been fully bleached at the time of deposition and have not been affected by post-depositional mixing. These overdispersion values have all been calculated using the central age model (CAM) of Galbraith et al. (1999). TT-OSL overdispersion values derived using the TT-OSL₂₉₀ protocol are denoted with an asterisk.