Nurses' lived experience of delivering temporary epicardial cardiac pacing care: an Australian cardiothoracic intensive care finding

Matilda Kyungsook Han

Submitted for the degree of Master of Nursing Science

Adelaide Nursing School

The University of Adelaide

June 2017

Contents

Chapter One – Introduction.	1
Introduction	1
Personal background.	1
Historical evolution of temporary epicardial pacing.	2
An introduction to and consequences of temporary epicardial pacing	4
Summary of chapters	5
Summary	6
Chapter Two - Literature Review.	7
Introduction	7
Literature background.	7
Elements of temporary epicardial pacing care	7
Challenges in delivering temporary epicardial pacing	9
Phenomenological studies in nursing.	10
Nurses' lived experience in acute care settings.	10
Nurses' experience with high technology equipment	11
Dreyfus model of skill acquisition.	12
Benner's novice to expert theory of clinical nursing development	13
Summary	15
Chapter Three – Methodology	16
Introduction	16
Qualitative research.	16
Interpretive phenomenology	17
Hermeneutics	18
Smith's framework for phenomenological study	19
Smith's analysing stages for interpretive phenomenology approach	21
Assessing quality of qualitative research.	23
Summary	24
Chapter Four – Methods	26
Introduction	26
Ethical considerations.	26
Research setting.	27
Sampling	28
Recruitment strategy.	28

Data collection.	29
Data recording, storage and management.	30
Method and procedure used for data analysis	31
Summary	32
Chapter Five – Analysis.	33
Introduction	33
Theme one: Risky business.	34
Sub theme 1.1 Avoidance	35
Sub theme 1.2 Stress.	37
Sub theme 1.3 recognizing risk	42
Theme two: Take time to own	45
Sub theme 2.1 Being (been) there	46
Sub theme 2.2 Experience and knowledge deficit.	49
Sub theme 2.3 Not so risky if following rules.	53
Sub theme 2.4 Looking for support	54
Sub theme 2.5 Enhanced responsibility	57
Theme three: Zeroing in.	60
Sub theme 3.1) Self-directed learning motivation	60
Sub theme 3.2 Don't follow rules	62
Sub theme 3.3 Optimizing clinical status.	63
Sub theme 3.4 Do.	68
Summary	70
Chapter Six – Interpretation.	71
Introduction	71
Benner's skill acquisition theory	71
Risky business	72
Advanced beginner level practitioner	72
Competent level practitioners	74

Proficient and expert practitioners	74
Take time to own	75
Advanced beginners and competent level practitioners	75
Novice level practitioners in team leading role.	77
Zeroing in	78
Proficient and expert level practitioners	78
Drawing conclusions from the interpretation.	79
Summary	80
Final Chapter – Discussion.	81
Introduction	81
Strengths and limitations of the study	81
Implication for clinical practice and education.	83
For clinical practice.	83
For education.	84
Area for future research.	85
Concluding thoughts	86
References	87
Appendices	94
Appendix A – Ethics approval letter	94
Appendix B – Governance approval	96
Appendix C - Information sheet	97
Appendix D – Consent form	99

Table of tables

Table 1 Interview questions	S	30
Table 2 Major and Sub ther	mes	33

Signed statement

This work contains no material which has been accepted for the award of any other

degree or diploma in any university or other tertiary institution and, to the best of my

knowledge and belief, contains no material previously published or written by another

person, except where due reference has been made in the text.

I give consent to this copy of my thesis, when deposited in the Adelaide Nursing School

Library, being available for loan and photocopying.

Signature:

Date: June 2017

Acknowledgements

I would like to give a special thanks to everyone that helped me achieve my goal of obtaining a Master of Nursing Science. I appreciate the support, encouragement, expertise and wisdom that were provided to me throughout this journey. This has been an amazing experience.

Secondly, I would like to thank all the participants who volunteered their time and shared their stories. This research would not have been possible without their contributions.

I would like to extend a heartfelt thanks to Dr Svatka Micik for continuous support of my study. Initially when she encouraged me to do a research study on my clinical portfolio, temporary epicardial pacing 5 years ago, I thought research was for academic people whose first language is English. However, she did not give up supporting and encouraging me which lead me to finish this study. Whenever I struggled over the course of writing the thesis, her deep understanding of what I really meant was always there. Moreover, she always had time for me, something I will never forget.

Also, I would like to express my sincere gratitude to Dr Frank Donnelly, my supervisor, who offered his phenomenological expertise and guided me to write the thesis with his incredible patience.

Lastly, I want to thank to my parents, sister and friends for their support throughout this journey. Their understanding of how important this was to me aided my ability to concentrate on my goal.

Abstract

There are many examples in literature concerning the effectiveness or complications associated with temporary epicardial pacing practice. While surrounding literature identifies elements essential to safe care and challenges faced by clinicians managing temporary epicardial pacing systems, no literature was identified about nurses' experience in managing this practice. This study contributes to understanding of nurses' experiences of managing temporary epicardial pacing.

An interpretive phenomenological framework articulated by Heidegger was used to generate rich and descriptive data of this little known phenomenon. In-depth interviews were conducted with eight registered nurses who work in the specialist cardiothoracic intensive care and had responsibility for delivering temporary epicardial pacing care. The transcripts from the interviews were analysed using Smith's Interpretive Phenomenology Analysis (IPA) method and to gain deeper interpretation, consideration of Benner's five-stage skill acquisition theory was used as a lens to further examine the findings. The participants' shared experiences revealed three major themes; 'Risky business', 'Take time to own' and 'Zeroing in'. These themes were experienced in a variety of ways depending on the skill level of each participant. Furthermore, the interpretation of the study recognized that an internal motivation to use pacing at its optimal best, is characteristic of an expert.

Strengths and limitations and implications for both clinical practice and education are discussed, and suggestions for future research are included.